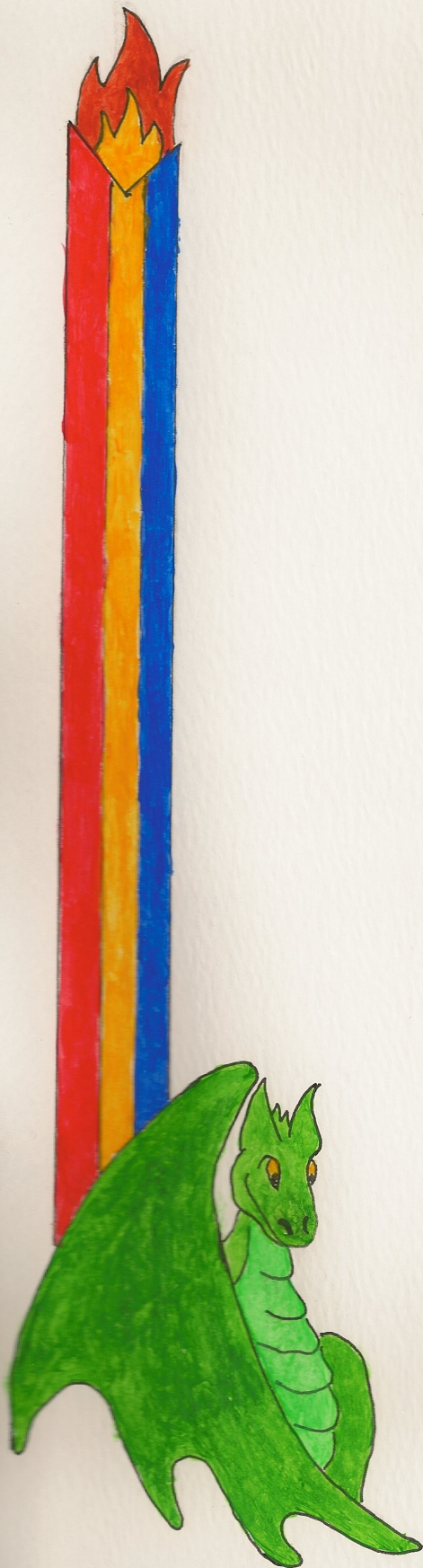


# Dragons ????????

FEBRUARY 2014

ANNO SOCIETATIS  
XLVIII XXXXVI



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# FEBRUARY 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 <a href="#">Rapier Practice 6:30</a>	4	5	6	7 Kingdon A&S	8 Kingdon A&S
9 <a href="#">Populace 5:30 pm</a> Kingdon A&S	10 <a href="#">Rapier Practice 6:30</a>	11	12	13	14 <a href="#">Moooneschadowe Porvincial games</a> and more	15 <a href="#">Moooneschadowe Porvincial games</a> and more
16 <a href="#">Mooneschadowe Porvincial games</a> and more	17 <a href="#">Rapier Practice 6:30</a>	18	19	20	21 <a href="#">Bonwicke's Artisan—Bonwicke</a>	22 <a href="#">Bonwicke's Artisan—Bonwicke</a>
23 <a href="#">Bonwicke's Artisan—Bonwicke</a>	24 <a href="#">Rapier Practice 6:30</a>	25	26	27	28 <a href="#">Estrella Wars Feb 28 through Mar 2</a>	

If there are any errors or omissions on the calendar please send corrections asap to [chronicler@dragonsfire-tor.ansteorra.org](mailto:chronicler@dragonsfire-tor.ansteorra.org)

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# MARCH 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
If there are any errors or omissions on the calendar please send corrections asap to <a href="mailto:chronicler@dragonsfire-tor.ansteorra.org">chronicler@dragonsfire-tor.ansteorra.org</a>						1 <a href="#">Estrella Wars Feb 28 through Mar 2</a>
2 Populace 5:30  <a href="#">Estrella Wars Feb 28 through Mar 2</a>	3 <a href="#">Rapier Practice 6:30</a>	4	5	6	7 <a href="#">Gulf Wars</a>	8 <a href="#">Gulf Wars</a>
9 <a href="#">Gulf Wars</a>	10 <a href="#">Rapier Practice 6:30</a>	11 <a href="#">Gulf Wars</a>	12 <a href="#">Gulf Wars</a>	13 <a href="#">Gulf Wars</a>	14	15
16	17 <a href="#">Rapier Practice 6:30</a>	18	19	20	21	22
23	24 <a href="#">Rapier Practice 6:30</a>	25	26	27	28 <a href="#">Commander's Crucible Hellsgate</a>	29 <a href="#">Commander's Crucible Hellsgate</a>
30 <a href="#">Commander's Crucible Hellsgate</a>	31 <a href="#">Rapier Practice 6:30</a>					

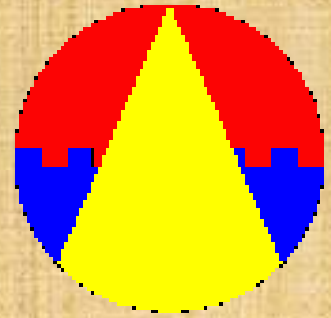
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Photos taken by Richard Threlkeld, Diana Warner, and Alicia Kays

Aaliz's Kitchen by Aaliz du Lac - Tales of the Tor by Aaliz du Lac and Diana the Just





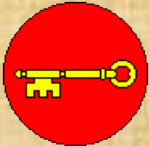
## Canton Officers



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Ulf Nachdem Tor (De Clark)



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Diana the Just ( Diana Warner)



Minister of Arts and Science:

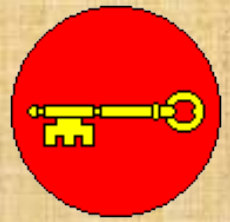
[arts\\_sciences@dragonsfire-tor.ansteorra.org](mailto:arts_sciences@dragonsfire-tor.ansteorra.org)

Eibhlean Inghean Sheafraid (Kristen Kiser)

**Offices Open for bids:**

Knight Marshal, Herald, Web Minister, Archery Marshal

Message from the Seneschal



Unto the populace of DFT!

Wow we survived another remarkable year! The canton has been busy out at events, volunteering, making cool stuff, fighting and just being awesome! Remember the only way the Crown puts in awards is with our recommendation I know some out there deserve awards!!! The polling for the new B&B has drawn to an end as we await Their Majesties decision. I'd like to thank everyone for attending polling, the meet and greet, and for the service and support that Baron Alejandro has given us. The next couple of months everything begins to ramp back up! We have the demo at the college Feb 15. Then Gulf Wars, Defender, Coronation, and of course Guardian of the Tor as soon as we get back! Remember we moved the March meeting to the 1st weekend. I'd like to know at Feb's populace meeting who's going to war. I'm going to try to do something for those who will be there. Also don't forget to register with the landocrat for tent space. Elfsea has invited us to camp with them again this year. If I read the mails correctly each person is allowed 15' x 15' worth of space this year. I was asked if the Barony could use the cantons pavilion for a community Social spot if we don't use it to camp in. I want to thank everyone for their hard work and look forward to what this year may bring.

In service Ld Guyon Dupre

Seneschal DFT





## *Words from the Baron*




Unto the populace of Elfsea and Dragonsfire Tor, salutations from Sir Alejandro

War is drawing nigh – more reports come from Gleann Abhan’s eastern borders of Trimarians amassing arms and preparing to march. As the bite of the chill north wind gives way to warmer days, we too prepare to meet Trimaris and deny them. I look forward to seeing Elfsea take the field and stand with the other Baronies and Shires of Ansteorra! We will show all the known world that Ansteorra is a force to be reckoned! Take some time and look to your calendar. If possible, arrange your time and finances to attend. Gulf Wars is my favorite multi-kingdom event – not only because Ansteorra is a principal member, but because of the fun and camaraderie to be found there. If you choose to camp with Elfsea, please pre-register so that we can all share a comfortable campsite together. Denote that the group you are camping with is “Barony of Elfsea”. Then, send an email to Countess Amelot, since Her Excellency is coordinating land for Elfsea this year, with the type, size, and general shape of your pavilion, estimated time of arrival, and number of people camping in your group. Soon, Their Majesties Aaron and Nicolett will interview the candidates and announce the Ninth Baron and Baroness of Elfsea. I look forward to working with my successors to ensure a smooth transition. Plans for Elfsea Defender and the celebration of the 25th anniversary of Elfsea’s elevation to Barony are coming together. Defender promises to be a fun event! The success of Defender needs your help though – consider volunteering a part of your time at the event to ensure that our guests and friends have fun too.

Sir Alejandro





Dragonsfire Tor is doing a demo on Saturday, February 15 at Tarleton State University

This is the Second year that the coordinators of the Texan-con has asked us to be a part of this big event! We have a Hospitalers booth inside and a demo area outside..

We need people to man the areas of chivalric, rapier, archery, and arts and sciences...

Since this event is barely 2 weeks away, I need a list of who is going to definitely get to be there, so that I can appoint head coordinators for each of those areas.

The demo opens at 11 AM, so we will begin setting up at 10 AM.

The event closes at 11 PM that day, we will not be staying till close! :))

Please call Laurretta 254-434-8300 and/or email me at stonefemme@hotmail.com

Thank You,  
Laurretta d'Avenporte



# Aaliz's Kitchen – a modern cook's journey into Medieval Cookery

## The Roman Cena

If you were a wealthy Roman, your main meal of the day would have been the Cena. It would begin around 4 or 5 in the afternoon and could last well into the evening (1). Romans invited guests to cena as a chance to show off their wealth and impress their guests in hopes of political, social, or financial gain. Nine participants would be the ideal number to attend a cena, nine being the number of muses (2). The muses were the goddesses of the arts and sciences.

The Cena (dinner) would take place in the triclinia (dining room). Guests would recline on couches placed around a table. The illustration below shows how the room would be set up.

The Lectus imus was the low couch and was where the host and his family would recline. Then the guests of the highest status would be on the lectus medius or middle couch.

Finally, the high couch, the lectus summus would be for guests of lower status. The mensa,

table, was in the center of this

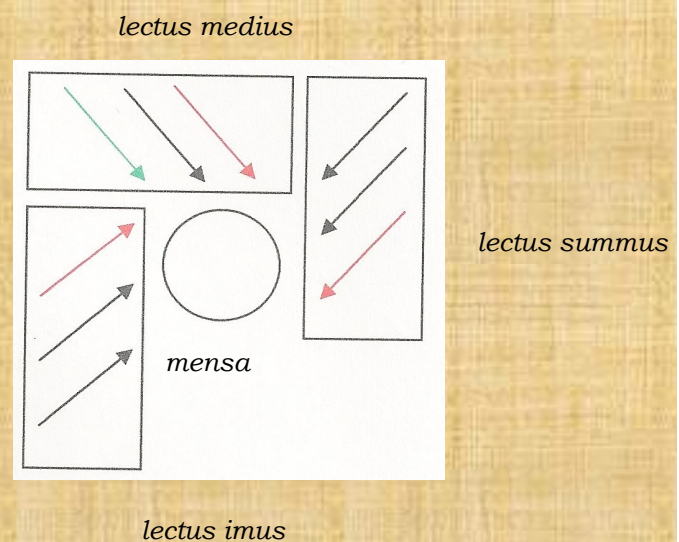
arrangement.(3) The red arrows represent what are believed to be the best seats.

The host would have been seated where the red arrow is on the lectus imus with the guest of honor being represented by the green arrow.(1)

The cena usually consisted of three courses:

**Gustatio** - was the first course and was similar to modern appetizers. Some foods that would have been served for the gustatio were salads, vegetables, mushrooms, olives, cheese, and seafood (4).

**Prima mensa** – is the main course and would be meat and vegetable dishes. Some meats that would have been prepared would have been fish and shellfish like trout, lobster, squid, octopus, sea urchins, mussels, tuna, and mullet. Poultry dishes would include birds such as ostrich, chicken, goose, partridge, duck, crane, pigeon, and flamingo. Other meats would have included things such as wild boar,





It is believed that sometimes the guests would bring their own napkins as well as some guests would go home with one of their host's napkins. Their napkins could also be used by the guests to take food home (1).

Entertainment was also a major component of the meal. The entertainment ranged from poetry reading and dancing to acrobats or gladiators fighting (5).

Romans liked to use a lot of sauces in their cooking (6) and used spices heavily (7). Some sources stated that they were not sure if the heavy use of spices was to cover up the taste of food that was no longer fresh or to show off their wealth by using a lot of spices. They were also very fond of using honey as well as pepper. Pepper was also put into sweet dishes.

Next month we will begin looking at some recipes to serve for the Gustatio course of a Roman cena. It is believed that sometimes the guests would bring their own napkins as well as some guests would go home with one of their host's napkins. Their napkins could also be used by the guests to take food home (1).

## Resources

1 Edward Robinson. Roman Cuisine. Chapter four from J.-P. Descoedres. *Pompeii Revisited: The Life and Death of a Roman Town*. Sydney: Meditarch. 1994. found 1/4/2014.

<http://www.u.arizona.edu/~afutrell/404b/web%20rdgs/tour%20pomp/cuisinepomp.htm>

2. Veronika E. Grimm, "On Food and the Body," in *A Companion to the Roman Empire*, p. 354.

3. Brown Shelby. Reclining and Dining (and Drinking) in Ancient Rome. The Getty Iris. August 10, 2012. found 1/3/2014. <http://blogs.getty.edu/iris/reclining-and-dining-and-drinking-in-ancient-rome/>

4. Apicius. De Re Coquinaria (On Cooking). 4<sup>th</sup> or 5<sup>th</sup> century AD. translation at <http://www.celt.net.org.uk/recipes/apicius-coquinaria.php?limitStart=100&t=>

5. Raff, Katharine. "The Roman Banquet". In Heilbrunn Timeline of Art History. New York: The Metropolitan Museum of Art, 2000-. [http://www.metmuseum.org/toah/hd/banq/hd\\_banq.htm](http://www.metmuseum.org/toah/hd/banq/hd_banq.htm) (October 2011)

6. Roman Food, All About Roman Food. 2014. found 12/2013. <http://www.romanfood.org/>

# Tales of the Tor

## Gold and Precious Gems Found in the Baron's Yard!!!

As most of you know, back in December, Baron Alejandro granted Lady Diana the Just the mining rights in the Barony and its territories. Well, Lady Diana the Just has confirmed that she found a deposit of gold while mining in Baron Alejandro's front yard last week. Lady Diana stated that she was excited about this find in that she not only found a very promising vein of gold but, was able to extract some precious gems from the same site. As you can see from the pictures she has already brought a hefty bag of gold and gems out of the mine. We think Baron Alejandro can rest assured that there will be more signs of Lady Diana's progress in the months to come. It is suspected that Countess Amelot and Lady Aaliz assisted Lady Diana in her mining efforts, but they could not be reached for comment.





Elfsea Mine #1

Right of Quarry and Mining  
within the territorial borders  
of Elfsea for the entirety of  
2014  
extended to Diana the Just  
by  
Baron Alejandro

This so done and written this  
16<sup>th</sup> day of December  
Anno Societatus XLIII







**Chronicler**

**Lady Diana the Just**

[chronicler@elfsea.ansteorra.org](mailto:chronicler@elfsea.ansteorra.org)

**Deputy Chronicler**

Accepting Applications

## *Chronicler's Report*

*Greetings*

*Your comments and suggestions about the content of the newsletter would be appreciated as I am still experimenting with the format. I look forward to talking to you about the name and other details at Sundays Populace.*

*Yours in Service*

*Diana the Just*

