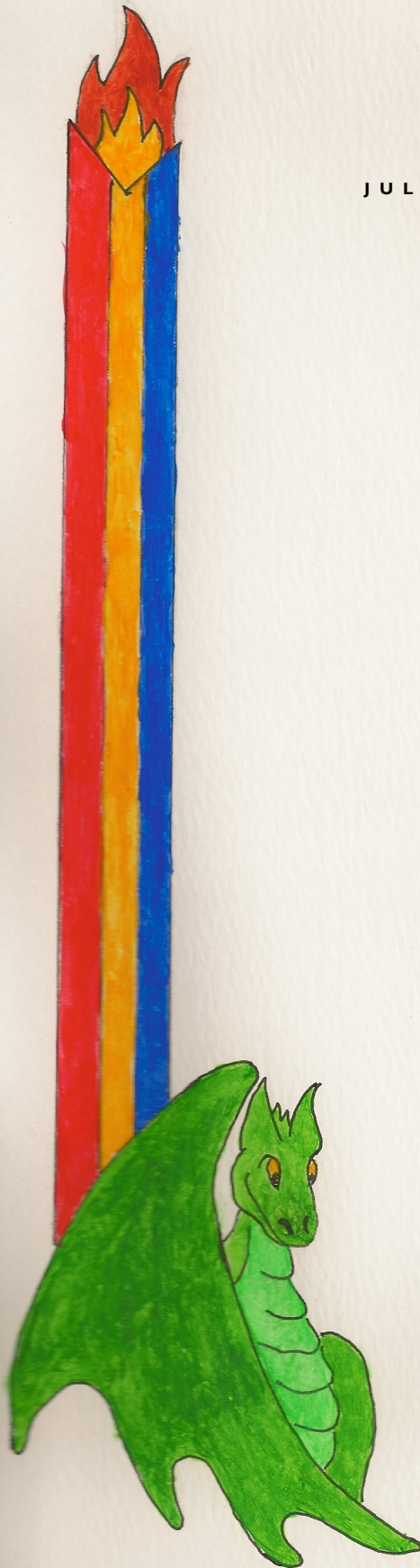


# Tales of the Tor

JULY 2014

ANNO SOCIETATIS  
XLVIII XXXXVI



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# JULY 2014



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 <u>Elfsea Chivalric and Rapier Practice 7:30</u>	3	4	5
6	7 <u>Rapier Practice 6:30</u>	8	9 <u>Elfsea Chivalric and Rapier Practice 7:30</u>	10	11	12
13 <u>Populace 5:30 pm</u>	14 <u>Rapier Practice 6:30</u>	15	16 <u>Elfsea Chivalric and Rapier Practice 7:30</u>	17	18	19
20	21 <u>Rapier Practice 6:30</u>	22	23 <u>Elfsea Chivalric and Rapier Practice 7:30</u>	24	25	26
27	28 <u>Rapier Practice 6:30</u>	29	30			

[Ansteorra Event Planning Calendar](#)



## *Words from the Baron & Baroness*



Greetings Elfsea and Dragonsfire Tor,

Many exciting projects, plans, events and travels going on in Elfsea and Dragonsfire Tor! June was filled with fun. We had banner painting in the Tor, that was great fun, thank you for hosting!!

Populace in the Park is planned for the 5th **Sunday**, it is shaping up to be a fantastic event. Please come out and have fun with us all! Bring your armor, weapons, arts and have fun!

Baronial College is not too far away. Volunteer and help make this event a great one! It takes many hands to create an event. We are looking for awards, please submit award reqs to the Crown via the award req form on the Ansteorra web site. After you submit them, please send us an email with the names and awards so we can send our support to the Crown as well.

In July, Round Table will be here, in Elfsea Lands. Please take the day, go to classes, go to the meetings, and to the General Populace meeting about the State of the Kingdom. It is a great experience, and a must for officers of all levels. It is free, non garb, working event. By working, we mean attending meetings and learning about the various offices, and gate classes, etc.

Crown is here!! We will be attending. Crown is a spectacular event, it is where the Heirs are decided. Come and join us as we celebrate the day! **July 12, 2014** in Canton.

Congratulations to Master Caelin, our new Archery Marshall. We look forward to coming to practices!

Coronet designs were lovely! We had three submitted they are being sent to the Artisan for final drafts. Those drafts will be brought before the populace for a vote. We will let everyone know which Populace meeting that will be held, please attend and choose the next coronets!

There are many offices open: Knight Marshall, Exchequer, Minister of Arts and Sciences, Chamberlain, Herald.

Please consider serving the Barony by applying for an office. If you have any questions, let us know. Holding office is a great way to meet people, learn more about the SCA and to help.

Hydrate, Hydrate, Hydrate. We hope to see you at practices, events and Populace meetings.

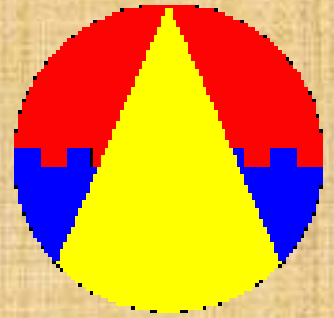


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[baroness@elfsea.ansteorra.org](mailto:baroness@elfsea.ansteorra.org)



## Canton Officers



Lord and Lady of Dragonsfire Tor:

[baron@elfsea.ansteorra.org](mailto:baron@elfsea.ansteorra.org)

Baron Gerhart Wolfgang der Rote

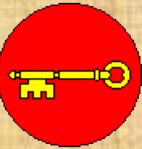
[baroness@elfsea.ansteorra.org](mailto:baroness@elfsea.ansteorra.org)

Baroness Elspeth de Stervlen

Seneschal:

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Guyon Dupre (Keith Jefferson)



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Aaliz du Lac ( Alicia Kays )



Hospitaler:

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Lauretta d'Avenporte ( Ann Davenport)



Rapier Marshal:

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Ulf Nachdem Tor (De Clark)



Chronicler:

[chronicler@dragonsfire-tor.ansteorra.org](mailto:chronicler@dragonsfire-tor.ansteorra.org)

Diana the Just ( Diana Warner)



Minister of Arts and Science:

[arts\\_sciences@dragonsfire-tor.ansteorra.org](mailto:arts_sciences@dragonsfire-tor.ansteorra.org)

Eibhlean Inghean Sheafraid (Kristen Kiser)

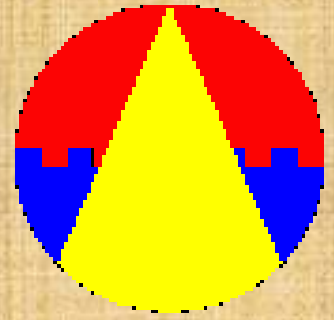


**Offices Open for bids:**

Knight Marshal, Herald, Archery Marshal

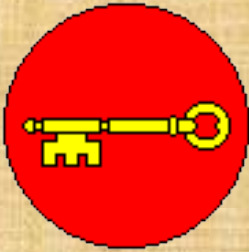


## *Canton Officers*



Web Minister : [webminister@dragonsfire-tor.ansteorra.org](mailto:webminister@dragonsfire-tor.ansteorra.org)

Ronnie Cook



June 13, 2014

## Message from the Seneschal

Greeting DFT

On Sunday June 8th I closed the bids for Webminister and Treasurer, and I opened bids for Seneschal early in hopes of having it filled by the following round table, Jan 2015. Please put in bids for this rewarding office plus you can be a deputy and get on the job training :)

Countess Elizabeth and Their Excellencies will be at our July meeting for official business. I really need everyone to attend this important meeting.

Saturday June 21 Banner painting at Ron's and the forge will be opened at Scottys house! There will be a potluck that Janie offered to coordinate!

I want to thank everyone including my officers for doing a great job! YOU ALL ROCK! I heard Guardian was a blast! Sorry I dont remember much of it. I forgot to mention this sunday..... Dont we usually have a post revel revel? Think about it!

A little word fame if noone knew... Ulf and Aurthur made the trek with me to Eldern Hills Baronial. They kicked butt! Ulf made the finals and did really well! Unfortunately Aurthurs only losses were to Ulf and I putting him out of the tourney. Then Ulf Aurthur and Janine fought in the Emerald keep tourney and did really well! Lady Victoria won the A&S grab box making I believe thrones.

I want to thank everyone for the hard work they did to make Guardian a success! Now Yule is coming up in December!! So lets rock this one out!

I would like you opinions about populous in the park. Do you all like it hate it? Email me privately so I know your feelings.

Guyon  
Seneschal DFT

[Seneschal@dragonsfire-tor.ansteorra.org](mailto:Seneschal@dragonsfire-tor.ansteorra.org)



**Chronicler**  
**Lady Diana the Just**  
[chronicler@elfsea.ansteorra.org](mailto:chronicler@elfsea.ansteorra.org)  
**Deputy Chronicler**  
[Accepting Applications](#)

*Greetings*

*I announced at the last populace meeting that reports and submissions may now be submitted any time during the month. The deadline is still the 25th of each month. I hope this will make it easier for you to contribute to Tales of the Tor.*

*Volunteer are needed for Ellsea's Baronial College. Information is listed on another page in the newsletter.*

*Thank you to those of you who took the time to submit a report or submission. Your time is appreciated.*

*Yours in Service*

*Lady Diana the Just*

[chronicler@dragonsfire-tor.ansteorra.org](mailto:chronicler@dragonsfire-tor.ansteorra.org)

# *Aaliz's Kitchen* — a modern cook's journey into Medieval Cookery

## Tarte of Strawberries

### Original Recipe

from *A Proper new booke of Cokery*,

Take and strayne them with the  
yolkes of foure eggs & a litle  
white brede grated / then ceason it  
up with suger & swete butter and  
so bake it. (Lant, p21)

### Redaction

by Aaliz du Lac

Take and strain them with the  
yolks of four eggs & a little  
white brede grated, then season  
it up with sugar & sweet butter  
and so bake it.

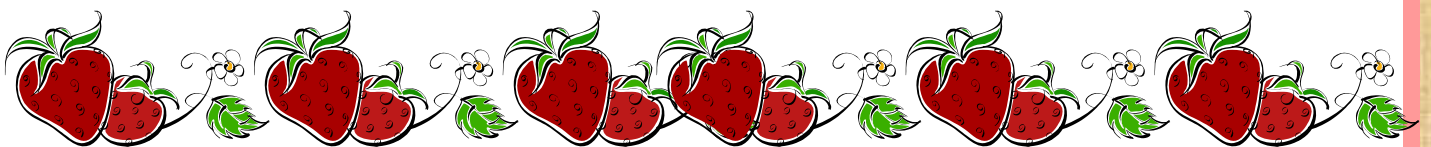
### Recipe – by Aaliz du Lac

#### Ingredients

- 4 cups Strawberries – fresh or whole frozen
- 4 Egg yolks
- ½ cup White bread crumbs
- ¾ cup Sugar – 1cup of sugar if you want it sweeter
- 4 Tbs. Butter - melted
- Unbaked pie crust in small tart pans / or 9 inch pie shells

Purée the strawberries, egg yolks, & bread crumbs in a blender until thick. Then add the ¾ cup sugar and continue blending the mixture. In the microwave melt 4 Tbs. butter & blend into mixture till smooth. Pour into unbaked tart shells or 2 pie shells.

Bake at 425° for 10min. then lower to 350° and bake for 30 min or till filling is set.



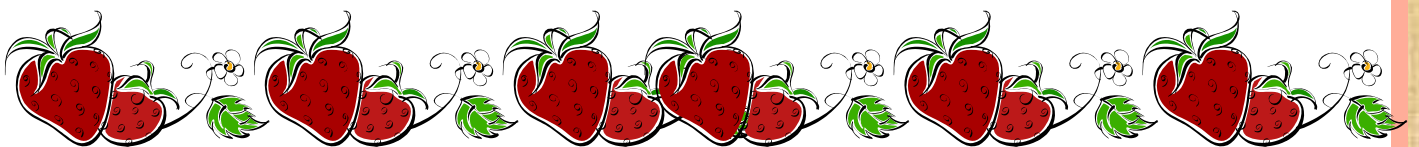


This is the recipe I entered at Dragonsfire Tor's Yule Revel XXI's A&S Competition when I was selected as their A&S Champion. I based my recipe's baking instruction and some ingredient measurements from my grandmother's custard pie recipes. Other measurements came from trial and error. The idea to use a blender instead of straining the ingredients came from *A Boke of Gode Cookery* website (Matterer, 2003).

## Resources

Matterer, James L. "A Boke of Gode Cookery - A Renaissance Cookery Book." *Good Cookery*. 2004. <http://www.godecookery.com/trscript/trsct029.html>

*A Proper new booke of goode Cookery*. Paules Churchyard, London. Lant, Richard & Richarde Bankes (printers).1545.p21.



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- [Model Release Form](#)
- [Photography Release Form](#)

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