



Elfsea Tidings

The Official Newsletter for the Barony of Elfsea



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This is the January (1st Quarter) 2022 issue of the Elfsea Tidings, a publication of the Barony of Elfsea of the Society for Creative Anachronism, Inc.

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From the Seneschal of Ansteorra:

Greetings Ansteorra,

This Dream we all share is an amazing part of all of our lives. Many people dedicate time and energy to the SCA. The SCA is truly a wonderful hobby. Hobbies, however, are optional things we do for fun. Safety should not be unreasonably risked for our hobbies. With that in mind, we cannot, in good conscience, ask people to put their health at risk for this hobby.

Due to the increased spread of the coronavirus, Ansteorra will suspend all in-person activities until January 16, 2022. We hope by that time the post-holiday spike will have eased. We will reassess at that time. This includes local practices, meetings, guilds, and demos.

Unfortunately, this means that Crown Tournament is postponed until further notice. We thank Raven's Fort for their efforts with this event and hope to return to the Sable Winged lands in the near future.

Floki, King

Elizabeth, Queen

Brian, Outgoing Seneschal

Myfanwy, Incoming Seneschal

From the Chronicler:

The above announcement was released the day I was compiling this newsletter. If I had distributed this only a few hours before, it would have been a previous announcement about the resumption of masking during outdoor activities. I urge everyone reading this to sign up for the Kingdom of Ansteorra Announcements Email List at <http://lists.ansteorra.org/listinfo.cgi/ansteorra-announce2-ansteorra.org> to ensure you receive the latest information about event and practice status in regards to the pandemic. - ed.

Pray Attend the Words of Their Azure



xcellencies of Elfsea



Unto the populace of Elfsea and our surrounding friends and family,

Greetings and Happy New Year! We hope this missive finds you all happy and healthy in this new year. We know...last year brought many new challenges to the society and how we play this game, but it also brought some truly wonderful memories. For example, we traveled to the new Principality of Vindheim and witnessed the making (and coronetting) of the first Prince and Princess. It was a wonderful tournament and despite the cold, was a true pleasure to witness. We look forward to many more events within those borders and cannot wait to see their progress.

However, even with the desire to attend events and see our friends, it is Our responsibility to keep our populace safe and healthy.

To that end, please let us quickly mention a recent announcement that is directly related to the health and well-being of our populace. As recently stated by Crown, "Due to the increased spread of the coronavirus, Ansteorra will suspend all in-person activities until January 16, 2022. We hope by that time the post-holiday spike will have eased. We will reassess at that time. This includes local practices, meetings, guilds, and demos." Please let us be clear, we completely understand the need for this directive and support the Crown's decision wholeheartedly. We want our friends to remain healthy and understand that when it is once again safe to gather, and we are granted permission to do so, we will do so in grand fashion. Until then, we plan on using the down time to prep for future events (Elfsea Defender) and activities within the Society. We will be holding virtual meetings, doing personal crafts at home such as sewing and armoring, and plotting future fun at upcoming events...did We mention Elfsea Defender?

That's right, the Barony currently has Elfsea Defender scheduled for the first weekend in April. It is our wish to allow our very tired champions (all of them) to rest and allow a new cadre of champions to step forward. We will be posting the Artisan Champion and Bardic Champion formats VERY soon in order for you to have time to prepare. Of course, our Rapier, Heavy Chivalric, and Archery Champion tournaments will be scheduled as well. We are looking forward to a packed schedule and cannot wait to see what the day holds. Please look for information on the mailing lists and Facebook. Information will be posted by the Event Stewards and various Officers who are handling different aspects of the event.

Speaking of Officers, this reminds us, we happen to have a new Seneschal to welcome in. His Excellency Franklin Whitenhale, who is chomping at the bit to keep us all active, has now taken the helm. We have every confidence that he will do a wonderful job in his new role within the barony.

As he steps into place, Her Grace Sonja steps out of the office. We would like to take a minute to acknowledge just how much we appreciate the job Her Grace has done for Elfsea. She has been a shining example of what an Elfsea officer should be. She has been supportive, firm, and steadfast in her dedication to the Barony. She worked tirelessly and without complaint and we are forever in her debt. She exuded Elfsea Pride every chance she was given and encouraged us to step up our game just a bit.

Your Grace, thank you. Thank you for the service to Elfsea and more personally, to us. We count you as a friend and we cannot wait to see what you decide to do next. We have no doubt that you will conquer any challenge set before you and excel at anything you attempt.

And now, we ask that everyone looks to the future. Share the Dream with each other, with friends, and with strangers. Stay connected and know that we are here to serve you.

Please stay safe, stay healthy, and stay in touch.

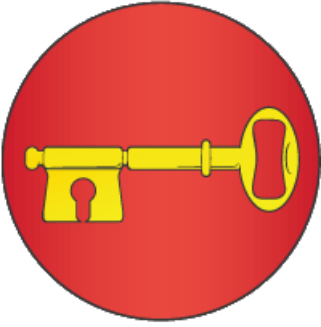
In Service,

Baron Kazimierz and Baroness Katheryn

Baron and Baroness of Elfsea

Lord and Lady of Dragonsfire Tor





SENEschAL

HE Franklin Whitenhale of Cheshire

seneschal@elfsea.ansteorra.org

Greetings from Elfsea's Seneschal to the good gentles of Elfsea and Dragonsfire Tor.

Happy New Year!!! The new year brings new opportunities for Elfsea to shine bright within the Kingdom. We are starting off the new year in our customary fashion, planning to host events so everyone can have some fun. To start off, in January, Elfsea is hosting Sable Legionnaire. One of the few events where we, as a Kingdom, can flex our rapier melee muscles in addition to focused rapier classes. Then, just a couple of months later, Elfsea is holding Elfsea Defender in the beginning of April. Elfsea Defender is the chance to show you skill and talent in a multitude of championship tournaments/competitions. Or a reason to get together, hang out and enjoy each other's company.

On a more personal note, my time as Elfsea's Seneschal is coming to a close. His Excellency Franklin will be stepping into the office at Roundtable. Baron Franklin is one of those individuals who has true dedication, devotion, and love for Elfsea. Elfsea is in good hands with HE Franklin and Elfsea will continue to thrive under his guidance, and the guidance of Their Elfsea Excellencies, Baron Kazimierz Zlowieszczy and Baroness Katheryn Margarete de Ryes, who have dedicated so many years to making Elfsea a "Home" for so many of us.

It has been a true honor and pleasure being part of a group of officers and populace that keep the Barony in their hearts and endlessly support Elfsea and the people that make the Barony so special. For me, Elfsea is home.

In service to Ansteorra, Elfsea and Dragonsfire Tor,

Duchess Sonja Ryzaja

Outgoing Seneschal, Barony of Elfsea

Happy New Year and Greetings to the Great Barony of Elfsea, and to all who live within her borders.

I am Franklin Whitenhale of Cheshire and in a few short weeks I will have the honor of serving as your new Seneschal. First, I would like to tell you about myself. Then, I would like to talk a little about 2022. Also, I would like to start looking for someone to replace me in two years.

I was born in 1148 in my family home in Cheshire. My great, great, grandfather fought with William at the Battle of Hastings and I followed King Richard to the Holy Lands. Today is January 1, 1222, the Eighth Day of Christmas. I am now a retired Trader serving my Barony and Kingdom. Yes I am a Norman. I joined the SCA because of my love of history, role playing, the principals it teaches us, and the people. I have served as a Hospitaler for the Canton of Dragonsfire Tor and as the Central Region Hospitaler. I was a seneschal for DFT twice. I am currently Elfsea's A&S Champion because of my pickles. I have been the Autocrat of a number of events for both DFT and Elfsea. But my passion is cooking, I love to cook. I have also cooked or helped cook a number of SCA feasts and I would like to do more.

2022 will be rich with opportunities as we come out of this pandemic and return to a somewhat pre-pandemic normalcy. Working with our B&B, officers, and Hospitaler, I am looking forward to the return to our meetings being held in person. Maybe start with a Populous in the Park. We will need to start looking for a new meeting location, any suggestions? I look forward this April to attending Elfsea's first Defender in two years. This year we will have opportunities to see growth in our membership.

As an officer of the Barony, I feel that it is very important to have deputies to help carry out the duties of the offices. I already have two great deputies that will be assisting me throughout my term of office. So, what I really need is a deputy who would like to learn and be ready to be our next Seneschal. If this is something you might be interested in doing, please contact me.

This is who I am, just a simple Norman wanting to serve our Barony and our Kingdom. I have yet to start my duties and I am already looking for a replacement. I look forward to working with all of you to make Elfsea an even better place to play.

I wish all a Happy and Peaceful New Year,

H.E. Franklin Whitenhale of Cheshire

Soon to be Seneschal of Elfsea





EXCHEQUER

Honorable Lady Eleanor of Forth Castle
treasurer@elfsea.ansteorra.org

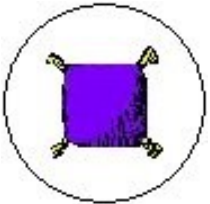
Greetings Elfsea!

I hope your holiday season was as enjoyable as you hoped it would be!

The end of year reporting has been submitted along with the barony's budget for 2022 that the populace approved in November. Also in November, the officers and populace approved two new members of the barony Finance Committee, Signy Sigarrsdottir and Kristodr Bjarnarson. I am looking forward to working with them in the new year!

Eleanor of Forth Castle

Exchequer, Barony of Elfsea



CHAMBERLAIN

HE Caelin on Andrede
chamberlain@elfsea.ansteorra.org



CHRONICLER

Lady Aline Hopton
chronicler@elfsea.ansteorra.org

To Their Excellences and People of Elfsea, I, Aline, send greetings.

I would like to thank Gilli Refsson for coming on as my Deputy Chronicler. You'll see his wonderful article submission later in this newsletter. Thank you as always to everyone who contributes. In the Spring Quarter Newsletter I will be opening my office for application. The details will be worked out in the meantime as to when applications will be due, but ideally the changeover will occur in time for the Summer Quarter.

Please remember, a newsletter **MUST** be put out every quarter, whether we are shut down or not, or we lose our status as a barony.

[Application For Office](#)

[Ansteorra Chronicler's Handbook](#)

In Service,

Aline



MINISTER OF ARTS + SCIENCES

Lady Floria Blackdragon
moas@elfsea.ansteorra.org

Greetings to all in the Barony! I hope this missive finds you all healthy, happy and content.

This new year we are still faced with some plague restrictions, but A&S activities are in the works! The first Sunday of January from 2-4 pm we will have an online open A&S project day – Resolutions and Remedies! It will be a Zoom meeting, details on how to attend will be posted on the Barony's Facebook page.

Our next open A&S day will be Saturday, February 4, 1-5 pm. This will also be held on Zoom. Details on how to attend will be posted closer to the date on Facebook.

If you do not have access to Facebook and wish to attend either of these, please email me at moas@elfsea.ansteorra.org and I will be happy to send you the link.

As the weather levels out, some activities and classes will be planned for outdoor sites. There will also be more Zooming of classes and such. The great thing about online activities is it allows friends far away to join in! If you have ideas for future gatherings, classes you would like to see, or that you would like to teach, please don't hesitate to contact me.

Thank you all for sending me your A&S activities each month throughout this past year. I enjoy being able to brag on our talented populace, and I look forward to seeing your beautiful works in the year to come.

In Service,

Lady Floria Blackdragon





ARCHERY MARSHAL

HE Kermegan of Taransay
archery@elfsea.ansteorra.org

The Archery Marshal is in charge of Target Archery in the Barony of Elfsea. Weather permitting, she runs practice on the second and fourth Sundays in Fort Worth behind Sokol Gymnastics on Boat Club Rd. Whether the practice is from 2-6 or 12-4 depends on the time of year. **As of publication our kingdom is temporarily closed for practices.** Please subscribe to our mailing list for up-to-date information about upcoming practices.



RAPIER MARSHAL

Lord Alric Godwynson
rapier@elfsea.ansteorra.org

The Rapier Marshal is in charge of Rapier Combat in the Barony of Elfsea. Practices are now open; they are held every Wednesday night at 7pm at Bob Eden Park, at 901 W Mid Cities Blvd, Euless, TX 76039, weather permitting. **As of publication our kingdom is temporarily closed for practices.** Please join our mailing list and Facebook group for up-to-date notices about individual practices, and if you are new to Rapier Combat, please email Lord Alric with any questions you may have.

Please be aware that as of this newsletter there is no loaner gear available for use per Ansteorra and Elfsea COVID regulations.



KNIGHT MARSHAL

Lord Kristodr Bjarnarson
marshal@elfsea.ansteorra.org

The Knight Marshal is in charge of Chivalric Combat in the Barony of Elfsea. Practices are now open; they are held every Wednesday night at 7pm at Bob Eden Park, at 901 W Mid Cities Blvd, Euless, TX 76039, weather permitting. **As of publication our kingdom is temporarily closed for practices.** Please join our mailing list and Facebook group for up-to-date notices about individual practices, and if you are new to Chivalric Combat, please email Lord Kristodr with any questions you may have.

Please be aware that as of this newsletter there is no loaner gear available for use per Ansteorra and Elfsea COVID regulations.



HOSPITALER

Lady Jódís Finnrsdottir
hospitaler@elfsea.ansteorra.org

If you have need of information about the SCA, our Barony, or loaner garb for an event, please feel free to email the Hospitaler.



NAUTILUS PURSUIUANT

Lady Thora Olafsdottir
herald@elfsea.ansteorr.org

The Herald assists populace members in registering names, devices and badges with the Society College of Heralds. This process is open to all. Please email the Herald for more information. *-ed*



MINISTER OF CHILDREN

Sir Arthur of the Fen
moc@elfsea.ansteorra.org

Greetings all,

Due to Covid all SCA youth activities are on hold. Please note the Crown (TRM Floki and Elizabeth) had an official announcement read in court that suspended the current requirement for Children's activities at Kingdom events at this time.

In Service,

Sir Arthur of the Fen



SCRIBAL GUILD

HL Silvana Corwin
Principal Scribe

Greetings Elfsea Scribes! Elfsea Defender is around the corner!! That means award and champion scrolls! Please let me know if you're interested in creating any or if you have any questions. Here is what we are in need of:

Defender Champion Scrolls:

Bardic

Rapier

Archery

Award Scrolls:

Portcullis

Eastern Tower

Western Tower



COOK'S GUILD

HL Eleanor of Forth Castle
Principal Cook

Let's talk about Cardamon!

Eleanor of Forth Castle

Principal Cook, Elfsea Cooks Guild

For this issue of Tidings, I have chosen a spice that was in use during the Middle Ages but was not as popular as other spices in use during that time, such as pepper and cinnamon. My sources suggest cardamom originated in India (which would explain its presence in various curries) and the east coast of Africa. After flowering, the plant produces small green seed capsules which contain aromatic seeds which have a taste that has been described as "an airy gentle ginger with a pinch of pine".

Cardamon was another of those spices known in antiquity; the Greeks and Romans mixed it with wax to make solid perfumes. Cardamom pods could be chewed after a meal to neutralize the taste of garlic, and also to sooth sore throats. It is one of the ingredients in a recipe

attributed to the cook Apicius, for “Oxygarum, an Aid to Digestion”.

While it appears in recipes with English sources during the Middle Ages, it appears not to have found popularity with French or Italian cooks during this time, although documentation from a Florentine merchant in the mid-1300s lists it as a spice being imported into Italy. Besides its use in recipes, especially those involving fruit, cardamom is one of many spices that were used (in powdered form) to make a spiced wine known as “Claret”.

Cardamom is also one of the spices used in Garam Masala, a spice mixture that originated in northern India. I have started using Garam Masala instead of the usual pumpkin pie spices when I bake those every year. This combination of cumin, cinnamon, black pepper, cloves, mace and cardamom gives a delightful “kick” to the dessert!

1 Rodale's Illustrated Encyclopedia of Herbs, pg 65

2 History of Food by Maguelonne Toussaint-Samat, pg. 501

3 Apicius. Cookery and Dining in Imperial Rome, translated by J. D. Vehling, pg. 57

4 The Art of Cookery in the Middle Ages by Terence Scully, pg. 20

5 Ibid, pg. 151



HERBALLYSPEAKING

By Catrin verch Rhys

Specific Herbs/Uses Continued:

Balm (Melissa)

Lemon balm and bee balm were prescribed for nervousness and anxiety in the form of Melissa water or Eau de Melisse. Recommended for treatment of insomnia, arthritis, headache, toothache, sores, digestive problems and cramps, balm was considered to be something of a cure-all. Greek physicians recommended applying balm leaves to wounds and added the herb to wine to treat a variety of illnesses. Pliny prescribed it to stop bleeding.

Basil

The ancient physicians disagreed on the merits of basil. Dioscorides and then Galen (170 AD) warned that taking basil internally would cause insanity and the spontaneous generation of internal worms. Pliny (77 AD) used it to treat stomach ailments. Hildegard of Bingen used basil in a concoction that included powder from a vulture's beak to treat tumors.

Blackberry

Blackberry was also known as "goutberry" as its most popular use was as a treatment for gout. Leaves and bark were chewed for bleeding gums, leaves were applied to the skin to

soothe burns and scalds. Blackberry syrup was recommended for treatment of dysentery.

Buckthorn

Buckthorn became popular around the 13th century and was primarily used to purge the body of "foul humors". Buckthorn bark seeped in water produced a powerful laxative. It was also recommended for jaundice, hemorrhoids, gout and arthritis. Burdock

In the 14th century burdock leaves were used to treat leprosy. Hildegard of Bingen used it to treat cancerous tumors. Burdock root was also prescribed for fever, ringworm and skin infections.



Reflections of Vindheim

Gilli Refsson



For me, Vindheim will always be an event of firsts. My first trip to the Northern lands of Ansteorra, my first experience with fighting the cold with loaned garb, the creation of the first Principality out of Ansteorra, and the first Prince and Princess to wear the crowns for Vindheim. For those who feel inclined to listen, I would like to share some of the memories I made at the event.

Winter seemed to follow us as we made our way north of the Red River. By the time we woke for our first day in the lands of Wiesenfeur, the temperature had fallen into the thirties, a significant change from the eighties I had left in my home of Elfsea. The populace of Ansteorra that had also chosen to share lodging with us, had high spirits as they came down for a morning meal before heading off. Some were preparing to deliver blows for their chance at becoming the first to wear the crown, others were putting on their best garb to help deliver their champions to their majesties for approval, others, like myself, were simply attending for support and for the opportunity to say, "I was there."



The site chosen for the event could not have been more fitting for the event. Red dirt filled an outdoor arena which provided shelter from the wind, seats for the populace, and enough space for a sea of Ansteorra pavilions to surround the list fields. My

fellow Elfsea travelers and I wasted no time in setting up our pavilion, as well as aiding our cousins when the need arose. As the last stakes were driven into the cold ground, rows of people began to form around us. It was at this time that I made my way to their majesties to serve on their entourage, giving me a unique perspective on the procession that took fold.

King Floki Geirreksson and Queen Elizabeth Caton were both high in spirit for the event. They were joined by their cousins, Her Majesty Mistress Nerissa Della Badessa from the Outlands, and King James III from Gleann Abhann. The four of them were treated with the booming voices of heralds proclaiming the deeds and honors of their fighters. Banners whipped in the frigid wind proudly displaying the arms of various combatants, houses, and baronies. The pride of not only the fighters, but of the friends and family that escorted them to the thrones, never ceased to amaze me. As they fell to a knee in front of their majesties and swore to honor the opportunity given to them, it was hard to pick a favorite in this competition.

As I finished my entourage to the crown, the populace began to surround the ropes of the list field. You could feel the dirt in the air as the fighters began to don their armor. Every fighter I saw was smiling from ear to ear. It was easy to lose sight of the significance of this tournament due to the comradery that was on display. But friendship aside, a new leader would be chosen. Pairings were drawn and the fighting began. The sound of sword striking shield was carried throughout the arena and into the surrounding area. Cheers from the populace rang out in celebration of well struck blows, daring maneuvers, and the display of chivalry being shown. Twenty-nine honorable men and women filled the lists that day in a tournament worthy of what was at stake. They ranged from the young, to the old. To the belted knights of our kingdom to the very squires that they mentored. There were veterans of tournaments, as well as a brave soul who had taken the field in his first event. The 29 were eventually brought down to two, Count Romanus Scipio Vesperianus and Centurion Micauley Morison.

I heard whispers through the crowd as both fighters entered the field. The Vindheim populace was excited for the opportunity for either of these men to reign. Centurion Micauley wasted no time turning on the aggression as he stormed Count Romanus. After the initial flurry of blows were thrown, Micauley reset and prepared for a second assault. The two men locked into combat once

more, Micauley using his strength to maneuver Romanius around the field. It looked as if his size and strength would win this first bout. As the two tussled back in forth, both exchanging strikes, Count Romanius was able to land a decisive shot across the helmet of his opponent. Romanius was one step closer to his prize. The crowd applauded both combatants as Centurion Micauley took a moment to reconsider his strategy. The second bout had begun and both men headed towards their opponent with little hesitation. Micauley had a different plan of attack this time and did not come out with the same aggression as before. Romanius though had other plans. He pushed into his opponent



with ferocity, knowing he was just one shot away from reigning over the new Principality. As he was being pushed back, Micauley lost his footing and fell, leaving an opportunity for Romanius to end it. However, he did not. With honor for his opponent, as well as for what this fight meant to our Kingdom, he took a step back and allowed Micauley to regain his footing and his composure. The momentum was in Count Romanius's favor as the two continued. Centurion Micauley pressed forward once more, aggressively seeking to take it away from him. The two exchanged heavy blows once more before separating. Both circled each other before entering what would turn out to be the final meeting of the two. With precision and speed behind each of his strikes, it did not take long for Count Romanius to bring down the final blow and establish himself as the victor and first Prince of the Principality of Vindheim.

“YES!” the cry rang out from Prince Romanius after his victory. His shouts of triumph were returned by the populace. He quickly ran to his lady's side and both took a knee to embrace the award that was earned. The tournament had its champion, the champions had their crowns, and the crowns now had worthy heads to lay upon to begin their rule. Throughout the rest of the day, celebrations were held. I heard no

ill word spoken of their Highnesses, and each noble fighter that had partaken in the tournament held their heads high with a smile. The pavilions began to go down as everyone waited for evening court. Their Highnesses wasted no time in delivering thanks, awards, and inspiration to their people. That night at court I got to witness the knighting of Sir Wulfgard Martel. It was an emotional experience that I will not soon forget.



There was little more that I could ask for in regards to this historic day. The event was well ran, the fights brought awe to those who witnessed them, and the conversation with the populace provided a warmth to my bones that the wind tried to rob me of. I am glad that I was able to attend a moment in the history of our Kingdom and hope that you have found entertainment, inspiration, and drive in my thoughts.

VIVAT Prince Romanus Scipio Vesperianus!
VIVAT Princess Deanna della Penna!
VIVAT Vindheim!
VIVAT Ansteorra!

Photos courtesy of Melodie de Ryes

Online Resources for SCA At Home

Please Note: This is a mix of official and unofficial communication channels.

- **Barony of Elfsea website and mailing list:** <https://ansteorra.org/elfsea/barony-of-elfsea/> is our **NEW website address**. **But it is also very important that you sign up for our mailing list, as any updates for virtual populace meetings will be announced there.** <http://lists.ansteorra.org/listinfo.cgi/elfsea-ansteorra.org> We also have a [Facebook Discussion Group](#).
- **Kingdom of Ansteorra Resources and Lists:**
 - [Kingdom Website](#)
 - [Kingdom Mailing List Form](#)
 - [@sca Ansteorra on Twitter](#)
 - [Ansteorra on Facebook](#)
 - [Ansteorra Facebook Group](#)
 - [scakingdomofansteorra on Instagram](#)
 - [Kingdom of Ansteorra YouTube Channel](#)
 - [Ansteorra College of Heralds YouTube Channel](#)
- **Facebook Groups of possible interest** (though there are many more)
 - [SCA Virtual Classroom and Artisan Display](#)
 - [Artisans of Ansteorra](#)
 - [Scriptoris of Ansteorra](#)
 - [Ansteorra Musician's Collective](#)
 - [Ansteorran Heraldic Consultation Group](#)
 - [Central Regional Herbalism and Apothecary Guild of Ansteorra](#)
- **Discord**
 - The Known World Discord server has chat rooms for all general fields of interest and for each kingdom. Please email the Chronicler for a current invite link.

Regular Monthly Meetings

Every Wednesday Night at 7pm (Weather Permitting)	Fighter Practice (Rapier and Heavy) Bob Eden Park 901 W Mid Cities Blvd, Euless, TX 76039 Please See Special Announcements and Sign Up for Updates
First Tuesday (9 months out of the Year)	Elfsea Academie (Newcomers class) Location TBD when these classes resume.
First Friday and Third Saturday	Scribal Guild 6157 Skylark Ln, Watauga, TX Please see Scribal Guild Report for Details
First and Third Sunday, 2-6 pm OR 12-4 pm (Depending on time of sunset)	Archery Practice 6500 Boat Club Road, FT. Worth, TX 76179 Please See Special Announcements and Sign Up for Updates
Online Events in the Elfsea Cook's Guild Facebook Group	Cook's Guild 2220 Patterson Pl, Arlington, TX 76012 Date of In-Person Resumption: TBA
Third Monday	Officer's Meeting This meeting is currently combined with the online Populace meeting.
Fourth Monday, 7pm	Populace Meeting This meeting is currently ONLINE via Zoom. Please follow our mailing list or Facebook group for the link the day of the meeting.
Twice a Month (contact group for exact dates)	<u>St. Romanos Chorale and Oakwood Consort</u> Cedar Hill & Richardson, TX
Varies	Arts and Sciences Project Days Location Varies

Credits

Illustration	Page	Source/credit
TM Elizabeth and Floki crown the Premier Prince and Princess of Vindheim	Cover	Photo by Melanie Gallon. Release on file.
Prince Valiant Font	Var.	“100% Free” Font “Prince Valiant” https://www.dafont.com/prince-valiant.font
“Table of Contents”	1	Original artwork by Lady Aline Hopton Release on File
Elfsea ensign	1	courtesy Herr Andreas von Meißen
“Excellencies of Elfsea”	3	Original artwork by Lady Aline Hopton Release on File
Photo of Baron of Elfsea	4	Photo by Michelle Polley. Release on file.
Photo of Baroness of Elfsea	4	Photo by Melanie Gallon. Release on file.
Officer Badges	5-11	http://heralds.westkingdom.org/OfficerBadges.htm
“Reflections of Elfsea”	14	Article by Gilli Refsson Photos by Melanie Gallon Border art free art from https://flyclipart.com/ Fonts by www.font-generator.com
King's Champion on Copper	13	Original Art and Photo by Aline Hopton