

The Barony of Namron presents

# THE PLUME

MENSIS APRILIS ANNO SOCIETATIS LIII

April 2020



## Table of Contents

CONTRIBUTOR CREDITS ..... 3  
 FROM THEIR EXCELLENCIES ..... 4  
 FROM THE OFFICERS ..... 5, 9, 14, 18, 22, 27, 29  
 BARONIAL OFFICERS ..... 6  
 INTRODUCTION TO FINGERLOOP BRAIDING ..... 10  
 MAZE ..... 16  
 WORD SEARCH ..... 17  
 PAINT THE PAVILION ..... 21  
 BARONIAL CHAMPIONS ..... 23  
 BINGO ..... 24

THIS IS THE PLUME, A PUBLICATION OF THE BARONY OF NAMRON OF THE SOCIETY FOR CREATIVE ANACHRONISM, INCORPORATED (SCA, INC). THE PLUME IS AVAILABLE FROM GEORGANNA BELL, CHRONICLER@NAMRON.ANSTEORRA.ORG. IT IS NOT A CORPORATE PUBLICATION OF THE SOCIETY FOR CREATIVE ANACHRONISM, INCORPORATED, AND DOES NOT DELINEATE SCA POLICIES.

COPYRIGHT © 2020 SOCIETY FOR CREATIVE ANACHRONISM, INC. FOR INFORMATION ON REPRINTING ARTICLES AND ARTWORK FROM THIS PUBLICATION, PLEASE CONTACT THE EDITOR, WHO WILL ASSIST YOU IN CONTACTING THE ORIGINAL CREATOR OF THE PIECE. PLEASE RESPECT THE LEGAL RIGHTS OF OUR CONTRIBUTORS.

ARTWORK BY INDIVIDUALS WITH PERMISSIONS TO PUBLISH ON FILE WITH THE NAMRON CHRONICLER. CLIPART AND STOCK PHOTOS PROVIDED VIA: CLIPART.EMAIL, CLIPART-LIBRARY.COM, CLKER.COM, EDUPICS.COM, FREEBYTE.COM, FREESTOCKPHOTOS.COM, .GODECOOKERY.COM/CLIPART, HELLASMULTIMEDIA.COM, PDCLIPART.COM, PUBLICDOMAINFILES.COM, & PXHERE.COM. ALL ARE ROYALTY FREE/PUBLIC DOMAIN SOURCES WITH COPYRIGHT RELEASES ON SITE. PHOTO CREDITS: PAGE 5 - BETHANY VANN, ZACHARIAH WOODS; PAGE 6 - GEORGANNA BELL, KAYLEIGH METZ, KIMMY DURHAM, OLIVIA TRAVIS; PAGE 7 - CHRISTIE RUSSELL, BETHANY VANN, JANA DOUGLAS, KARA HOYLE, YANCY HOYLE



**CONTRIBUTORS OF CONTENTS**

LADY OPHELIA WARDE  
LORD RAGNAR KELSON OF DURHAM  
LADY SABINE FULHABERIN  
FRÚ KOLFINNA EGILSDÓTIR  
HONORABLE LADY MASINA DA FERRARA  
LADY DÝRFINNA MIKAELSDOTTÍR  
HONORABLE LADY VILLANA PALAZOLO

**IF you would like to see your work  
FEATURED in next month's issue of *The  
Plume*, please submit your articles or  
other items to the Chronicler by  
April 26th!**

**CHRONICLER:** BANTIARNA CAILLEACH DHÉ INGHEAN UÍ CHAERBHAILL

[CHRONICLER@NAMRON.ANSTEORRA.ORG](mailto:CHRONICLER@NAMRON.ANSTEORRA.ORG)



*Unto the Stellar Barony of Namron do We send our warm greetings!*

What a crazy month it has been. So many things have changed or cancelled, and life is very different than it was a month ago for many of us. Yet, while our Barony can't rally in person, we have most definitely rallied in spirit. The amount of effort people have exerted to keep in touch, brighten others day, or help neighbors in need is awe inspiring to us. This esprit de corp is one of the many great things about our Barony. We are so proud of this group and honored to be a part of it. In the words of Jarl Owen "Y'all are AWESOME!"

Please check the email list and Facebook for the most up to date information. Let us know if there is anything we can do to help you in this time, and we look forward to seeing you during our Virtual Populace meeting on April 2nd or the next time we all get to be together in person!

*Micolay and Uliana*

BARON AND BARONESS OF NAMRON  
LORD AND LADY OF SKORRAGARDR





## FROM THE CHRONICLER

*Greetings unto the Populace:~*

I hope everyone is doing well!

I has the sick (NOT the plague) so I apologize in advance for this issue not being up to my crazy long standards. A HUGE shoutout to Aileen Bean Ui Maille for helping me get *The Plume* put together this month.

As always, any submissions you would like to make for the January issue of *The Plume* are due by April 26, 2020.

*Your submissions are what  
makes this publication  
successful.*

For submissions, please contact me at [chronicler@namron.ansteorra.org](mailto:chronicler@namron.ansteorra.org).

Also, please let me know if there is anything you would LIKE to see featured in *The Plume*.

Joyfully in Service,  
*Bantiarna Cailleach Dhé  
inghean Uí Chaerbhail*

NAMRON CHRONICLER





# BARONIAL OFFICERS



## **Baron of Namron**

H.E. Micolay Haiduk

Brendan Haiduk

(785)819-4125

[baron@namron.ansteorra.org](mailto:baron@namron.ansteorra.org)

## **Baronova of Namron**

H.E. Uliana Haiduk

Julia Haiduk

(713)653-3869

[baroness@namron.ansteorra.org](mailto:baroness@namron.ansteorra.org)



**Archery Marshal**

Lord Raulff Smeithberde  
[missile@namron.ansteorra.org](mailto:missile@namron.ansteorra.org)



**Hospitaler**

Lady Ophelia Warde [Cheryl Ibrahim]  
(619)253-5403 [hospitaler@namron.ansteorra.org](mailto:hospitaler@namron.ansteorra.org)



**Chronicler**

Bantiarna Cailleach Dhe inghean Ui Chaerbhail  
[chronicler@namron.ansteorra.org](mailto:chronicler@namron.ansteorra.org)



**Knights Marshal**

Lord Ragnar Kelson of Durham  
[marshal@mron.ansteorra.org](mailto:marshal@mron.ansteorra.org)



**Herald**

Honorable Lady Villana Palazolo  
[herald@namron.ansteorra.org](mailto:herald@namron.ansteorra.org)



**Minister of Arts & Sciences**

Lady Ellyn O'Ronowe deGraye  
[moas@namron.ansteorra.org](mailto:moas@namron.ansteorra.org)



**Minister of Children**  
Lady Dyrfinna Mikaelisdóttir  
[moc@namron.ansteorra.org](mailto:moc@namron.ansteorra.org)



**Thrown Weapons Marshal**  
Bantiarna Órlaith inghean Uí hUallacháin  
[thrown-weapons@namron.ansteorra.org](mailto:thrown-weapons@namron.ansteorra.org)



**Rapier Marshal**  
Lady Sabine Fulhaeberin [Emily DeWitt]  
(405)812-7710 [rapier@namron.ansteorra.org](mailto:rapier@namron.ansteorra.org)



**Treasurer**  
Lord Oddr Marsson (interim)  
[treasurer@namron.ansteorra.org](mailto:treasurer@namron.ansteorra.org)



**Seneschal**  
Frú Kolfinna Egilsdóttir [Kara Hoyle]  
(405)561-1153 [seneschal@namron.ansteorra.org](mailto:seneschal@namron.ansteorra.org)



**Webminister**  
Lord Mani Alfsson [Yancy Hoyle]  
(580)475-2306 [webminister@namron.ansteorra.org](mailto:webminister@namron.ansteorra.org)



# FROM THE SENESCHAL

*Greetings to the Populace of  
Namron, the Canton of  
Skorragardr, and the Baronial  
Outpost of Oak Spring!*

March felt like the longest month ever to me; how about you? Gulf Wars was cancelled, the Medieval Fair was cancelled, and we've seen constant updates about other event cancellations and community closures. It has been stressful in many ways. But, it has also been wonderful seeing the entire Known World coming together to provide social interaction opportunities, training videos, virtual bardic circles, and personal support to our chosen family.

We are still planning for Beltane, but be aware that it still may be cancelled. I will continue to send updates to gathering restrictions as I receive them. Coronation is tentatively planned for May 9, but contingency plans are also in place for that event. Namron is no longer directly hosting, but will be involved if we are able to have an in-person event. Thank you to Boiarynia Koia Karasova and Lady Rebekah Aleyn for all of the work they put into Coronation.

Lots of "normal" things are still happening, and I'm pleased to announce that we have a

new Historian, Mistress Vigdís Gráfeldr. By the time of publication, I hope to have announced our new Treasurer, as well. We are grateful to have so many volunteers who help make the business of the SCA happen!

With such uncertainty right now, things can get tough. Self-isolation and quarantines can test even the most patient of people. Add in employment, financial, and health concerns, and it can be a bit much. We implore you to PLEASE reach out to Their Excellencies, myself, or a trusted friend or family member if you need something. The Baronies of Namron and Wiesenfeuer worked together to start the Firestorm Social Distancing Support Group, where you can go to ask for assistance or volunteer to provide it. You can join the group at:

<https://www.facebook.com/groups/566090800925191/>

Take care of yourself, your family, and friends; and wash your hands.

*Frú Kalfinna Egilsdóttir*

SENECHAL, BARONY OF NAMRON

405-561-1153

SENECHAL@NAMRON.ANSTEORRA.ORG



# INTRODUCTION TO FINGERLOOP BRAIDING

BY MASINA DA FERRARA [UPDATE MARCH 17, 2020]



Figure 1 A Broad Lace  
Created by Masina Da  
Ferrara, 2016

In the European Middle Ages and the Renaissance, braids made by a fingerloop method were extremely common.<sup>1</sup> Fingerloop braiding was the most important production method for braided laces and bands and has been exercised by both professional craftsmen as well as in monasteries and private homes.<sup>2</sup> A fingerloop braid was one of the more widely known and often used for purse strings. It also served as decorative edges, either sewn directly onto the hem of the garment.<sup>3</sup> Fingerloop braiding is also known as a finger-held braiding technique requiring no assistance of tools except for an optional beater.<sup>4</sup>

One of the most common loop braids is a 5-loop braiding (Figure 1). There are 3 different traditional fingerloop braiding methods for making these braids: the **A-fell** and **V-fell** methods, and a third method called **Slentre**<sup>5</sup>. According to the modern directions, each finger is identified by a letter: A, B, C, and D (Figure 2). “A-fell” and “V-fell” was introduced in Old English Pattern Books for Loop Braiding by Noémi Speiser.<sup>6</sup> In both “A-fell” and “V-fell” methods your palms generally face each other. An index finger (A finger) is an

1 From “Textiles and Clothing, C. 1150-c. 1450 (Vol. 4).” By Crowfoot, E., Pritchard, F., & Staniland, K. (2006). p. 138. Boydell Press.

2 From, “Tak V Bowes Departed: A 15th Century Braiding Manual Examined.” By Bennis, E., & Barrett, G. (2005). Soper Lane.

3 From “Drgens sn wir vs nvt schame–no shame in braiding. 15th century fingerloop braids from Lengberg Castle” by Nutz, B. (2014). *Eesti Arheologia Ajakiri*, 18(2), 116-134.

4 Ibid.

5 From “A-fell, V-fell, Slentre – also hand-held loop braiding, braiding stands, and cards with slots” by Ingrid Crickmore, Retrieved March 17, 2020 from <https://loopbraider.com/a-fell-v-fell-slentre-andhand-held-loop-braiding/>

6 From "Old English Pattern Books for Loop Braiding" by Speiser, N. (2000). Selbstverl.

operation for the A-fell method. The ring finger (C Finger) or little finger (D Finger) is an operation for the V-fell method. The Slentre loop braiding method is done with the palms facing down. The index finger (A finger) is the active braiding finger or operation. This technique is also called as Faroese cords.<sup>7</sup> The braiding techniques were used to produce cords for Norse Greenland garments. A square braid is the most common one. However, this article emphasizes the A-fell method mainly.

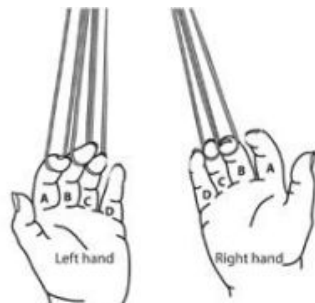


Figure 2 Identifying letter on each finger Source: Nutz, Beatrix, 2014, p. 127

To make a braid with the A-fell method, you exchange the loops, one at a time, between two hands in a particular sequence. One end of the bunched braiding threads is fixed on a support, and each loop is mounted on a finger of the hands. To learn more about different braiding directions, you can access modern directions from a book, Tak V Bowes Departed: A 15th Century Braiding Manual Examined." By Benness, E., & Barrett as well as online access of "Tollemache Book of Secrets", A 15th-century household book belonging to Lady Catherine Tollemache" of Cindy Myers. The original is privately owned by the Tollemache family. It contains directions for 64 braids<sup>8</sup>. In this article, you will learn how to braid "A Broad Lace" (Figure 1). This is one of the easiest and most common of the finger loop braids. According to Cindy Myers, the modern directions of A Broad Lace from Tollemache Book of Secrets are as shown below.

*Take five loops, and place them on the following fingers:*

*Left hand: **A B C***

*Right hand: **B C***

*Work with the **right** hand:*

***A** goes through **B** right, and takes the loop on **C** left reversed.*

*Lower the left loops.*

*Work with the **left** hand:*

***A** goes through **B** left, and takes the loop on **C** right reversed.*

*Lower the right loops.*

*Repeat from the beginning.*

7 Form "Medieval garments reconstructed: Norse clothing patterns." By Fransen, L., Norgard, A., & Ostergard, E. (2011). ISD LLC.

8 From "Braiding Manuscripts and their derivative publications" by Cindy Myers. Retrieved March 17, 2020 from <http://silkwerk.com/braids/manuscripts.html>.

You can also observe the demonstration of each step from Step A to G in Figure 3. The first step starts with setting up.

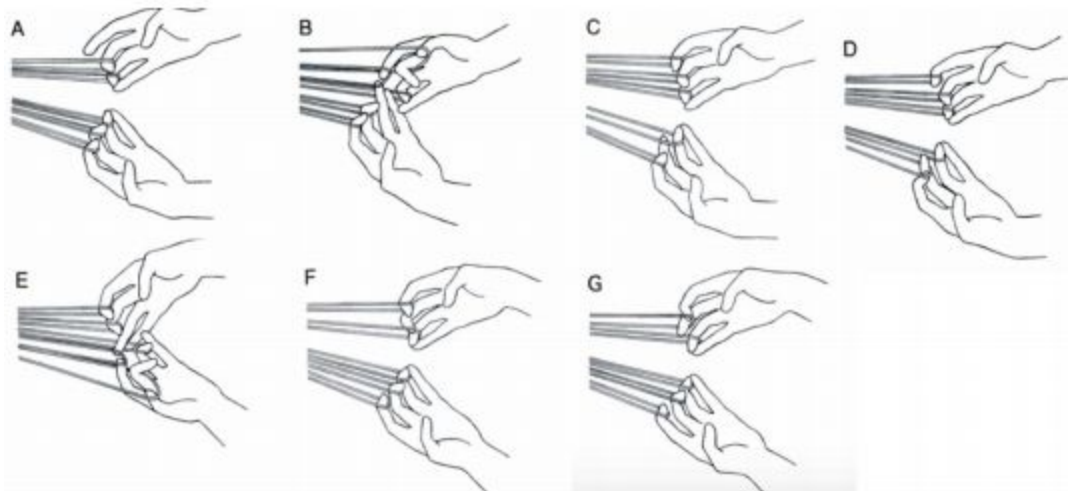


Figure 3 Each step of a 5-loop braiding Source: Crowfoot, Elisabeth, Frances Pritchard, and Kay Staniland, 2006: p.139.

The following section is another modern instruction for braiding a 5-loop braiding with an A-fell method. To learn more about the directions in detail, you can read more information in Tak V Bowes Departed Book page 34-38. These modern instructions of a Broad Lace of 5 Loops include written instructions and diagrams. I received the permission of the author to share this information with you.

### Modern Instructions

To achieve the color braid as shown in Figure 1, 3 red loops and 2 yellow loops are required.

Step A is a diagram that demonstrates how to place all loops. Put a (yellow) loop on B finger and C finger on the right-hand. Put a (red) loop on A, B, and C finger on the left-hand (Figure 4).

Step 1 A on the right-hand side goes through B on the same side and take loop C on the left-hand side and reversed it. To reverse a loop, you can see in Figure 5 below.

Step 2 Lower the left-loops from B to C and A to B.

Step 3 A on the left-hand side goes through loop B on the same side to take loop C from the right-hand side and reversed it.

Step 4 Lower the right loops from B to C and A to B.

Begin again

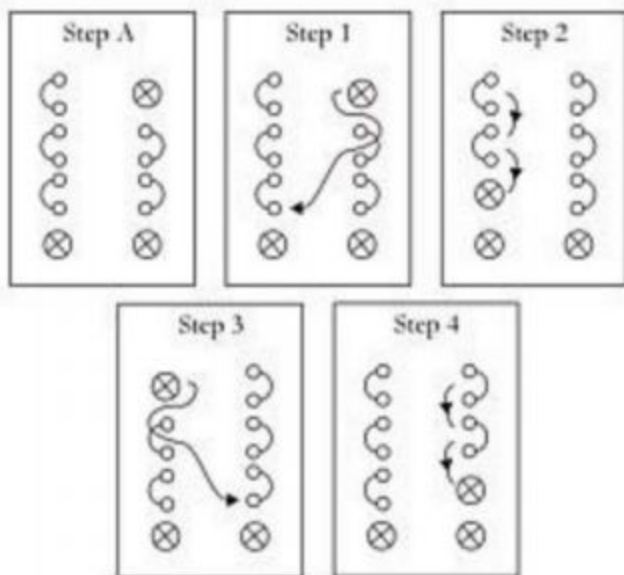


Figure 4 Steps of braiding a broad lace

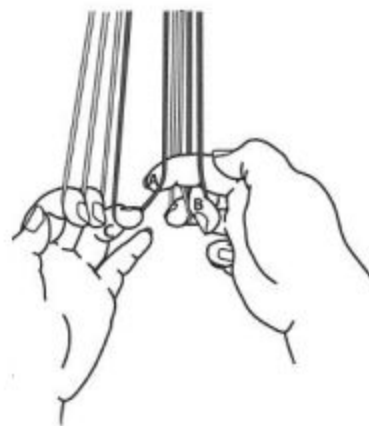


Figure 5 How to reverse a loop Source: Bennis and Barrett, 2005, p. 39. Source: Nutz, Beatrix, 2014, p.

127.

### Further Readings:

- Bennis, Elizabeth, and Gina Barrett. *Tak V Bowes Departed: A 15th Century Braiding Manual Examined*. Soper Lane, 2005.
- Crickmore, I. A-fell, V-fell, Slentre – also hand-held loop braiding, braiding stands, and cards with slots. Retrieved March 17, 2020 from <https://loopbraider.com/afell-v-fell-slentre-and-hand-held-loop-braiding/>
- Crowfoot, E., Pritchard, F., & Staniland, K. (2006). *Textiles and Clothing, C. 1150-c. 1450 (Vol. 4)*. Boydell Press.
- Nutz, B. (2014). Drgens sn wir vs nvt schame–no shame in braiding. 15th century fingerloop braids from Lengberg Castle. *Eesti Arheoloogia Ajakiri*, 18(2), 116-134.
- Speiser, N. (2000). *Old English Pattern Books for Loop Braiding*. Selbstverl.

**Modern Braiding Directions:** Myers, C. “Braiding Manuscripts and their derivative publications.” Retrieved March 17, 2020 from <http://silkewerk.com/braids/manuscripts.html>.

**For more information**, please contact Masina Da Ferrara’s braiding studio on [Facebook](#). You can also follow the author’s work or join a group discussion at the [Known World Loop Braiding Facebook group](#).



# From the Minister of Children

Greetings to the Amazing Populace of Namron!

I hope all are doing well in this trying time. I know me and my family are a bit stir crazy and miss seeing people. We've been planning different activities to pace ourselves during this time. I am all about easy activities and ones that don't require me to go buy more supplies. So I found some simple, kinda silly, but fun activities for the girls and I to do. We wanted to share these with you so you and your younglings can have a little easy fun.

## Dragon Hunt

I know many of us, or our kids, love dragons. So this one is cheesy, yet easy. Basically, it's an Easter egg hunt! Hide pictures of dragons or a toy dragon around a room, yard or house. Have your 'knights' go on a dragon hunt.

To add a little more fun, let them take any toy swords, shields, or helmets as they go for the hunt. And you, as the parent can be the one needing rescued while you sit and watch them hunt all the dragons.

## HOW TO MAKE A STAINED GLASS CRAFT FOR KIDS



This project will take a little more work and items. This can help brighten any window!

To make a stained glass craft you'll need:

Wax paper

Scissors for kids

Tape

Glue

Black construction paper (or black tape)

Tissue paper in various colors

Cut the tissue paper into small 1" – 2" pieces. You can make a variety of shapes including rectangles, triangles and squares.

Cut the black construction paper into eight 1/2 inch strips (makes two windows). Save the rest of construction paper to make bars or shadow shapes in the stained glass windows.

Use the black construction paper strip to determine the length of your wax paper. Cut a square piece of wax paper off the roll based upon the length of your construction paper strip. Our stained glass windows were about 10.5 inches square.

Tape the wax paper to the construction paper on the underside of the paper and turn it underside up.

Children can add tissue paper to the underside of the window using glue or tape.

Once all the glue is dried, hang the stained glass window on a window with the underside against the window.

The light will show through revealing the stained glass window design.



Those are a couple things my family has planned. If you have some, share in the group.

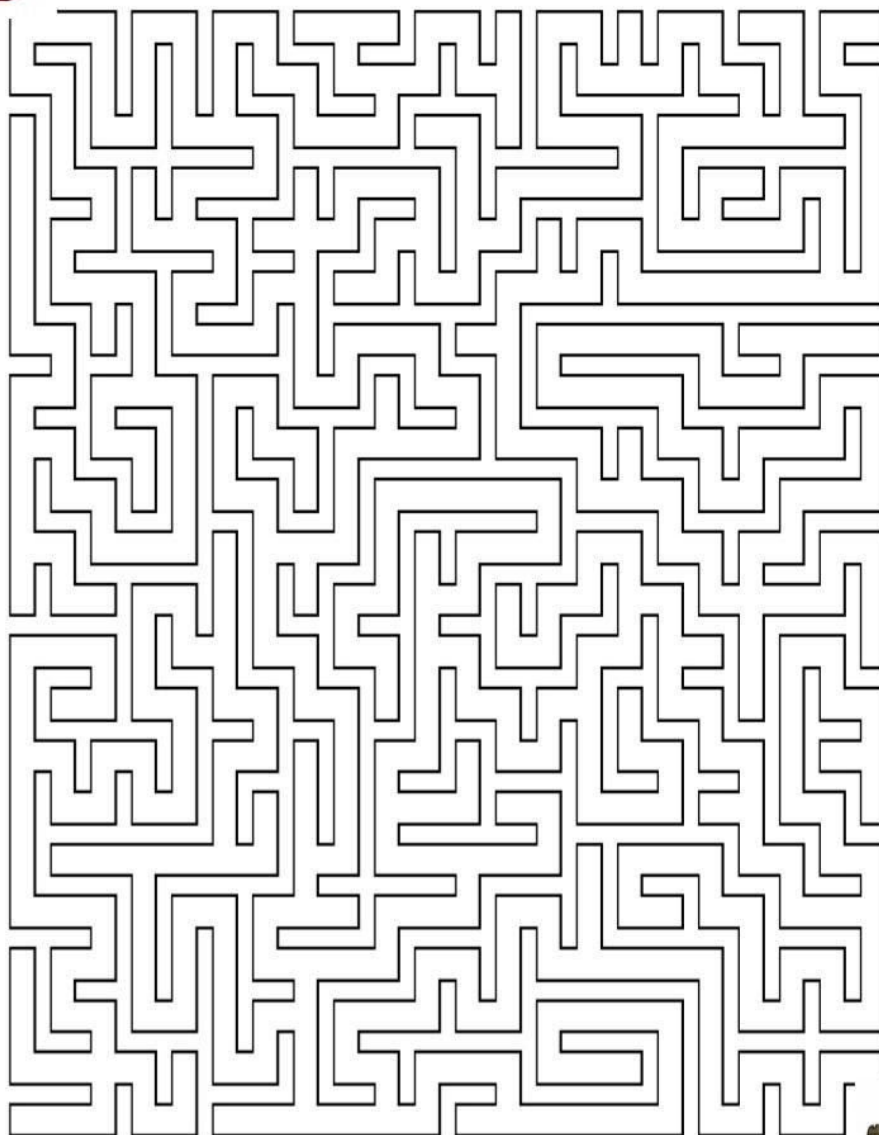
One last thing, we are still planning on Beltane and hope we don't have to cancel. I'm looking for helpers for our activities that we have planned. We will be learning about a few cities near Mt. Vesuvius. There will be fun, and eruptions... of laughter. So if you are will to stop by and help with the fun, please contact me.

In Service to the Dream,  
*Dýrfinna Mikaelsdóttir*  
NAMRON MINISTER OF CHILDREN





Help the King get back to the castle



Printed from busybeekidsprintables.com

# Knight Word Search



H U A  
 B M O F W  
 Q I W H R W Q  
 M U I D C S T  
 O N X W U H V E L  
 K J F J D I P S U  
 H E L M E T V U T G C  
 O X X D G W A D F C Q  
 J H O N O R L P S M O  
 L P U X Z U R N F K O  
 Z I O O V I Y I A B A  
 K D W D V E F D R V A  
 L N S H I E L D M G J  
 S I E Z K I J O Y  
 M W G O C P X R Z  
 J O H V I T S  
 M J R T F A O  
 C H D R N  
 V A A

armor  
 chivalry  
 helmet  
 honor  
 horse  
 knight  
 shield  
 sword



Printed from busybeekidsprintables.com

# From the Herald

*Greetings Namron!*

Heraldry is going great in Namron! This unexpected break from work has allowed me to get caught up on the backlog and get started on a new list of names and devices!

If you are interested in working with the Herald's office doing consultations, please let me know. I am looking for deputies to help out with all things.

When we are finally able to meet again in person and we're ready to submit your paperwork - a friendly reminder about submissions:

- each submission is \$8
- submissions must be paid for by check or money order
- as herald I am not allowed to collect your payment, the exchequer must collect it with me there so that way all the paperwork is filled out correctly (this is for everyone's sanity)

If there are any questions about names, devices, or the submission process please contact me.

YIS,

*HL Villana Palazolo*

NAMRON HERALD





# HOSPITALER'S PEN AND QUILL

*Greetings, Populace!*

As Lord Ragnar Kelson of Durham, Lady Katheryn Cranesgrove and I were on our way to Gulf Wars, we received the notification that Gulf Wars was cancelled! We had just reached Mississippi ! I cannot say were not disappointed. However, we are glad that the decision was made to keep the Known World safe. Thank you to their Excellencies and our Seneschal for making fast yet difficult decisions for our Barony.

I know it is difficult for many of us because we are missing some of our favorite events and the special time with friends. So I bring to you...The Social Distancing/Social Media BINGO! Please share your photos on your [personal page](#) and let's have some fun! I am excited to see all of your funny and wonderful photos!

YIS.

*Lady Ophelia*  
NAMRON HOSPITALER



## FROM THE RAPIER MARSHAL

*Greetings Wonderful Barony!*

As things stand, there won't be a whole lot going on this month. I will continue to post videos on the Salle Facebook page, and Darien and I will see if we can get our Masters, Dons, and cadets to teach classes via video chats as often as we can. We will post other useful things, too.

I know there's only so much a fighter can do on their own, and this time is frustrating for all of us. However, as far as we know, we will have Queen's Champion, so let me

know what you think I can do to help you prepare at a distance.

As soon as we can practice together again, I will be shouting it from the figurative rooftops! I can hardly wait to see you all in person.

Stay well. Stay safe.

Yours in Service,

*Lady Sabine Fulhaberin*  
RAPIER MARSHAL

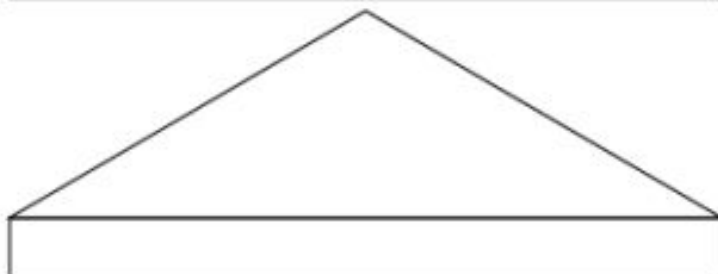
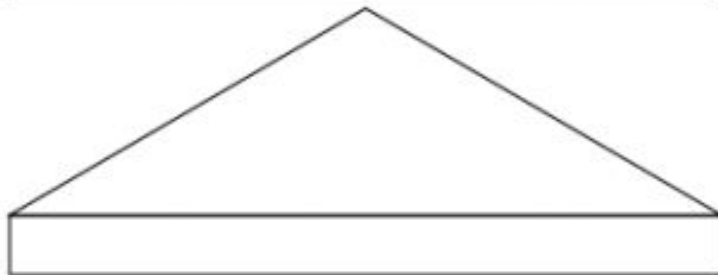


Artwork for the New Pavilion

We are looking for artwork to decorate the new pavilion.

The design could be anything as long as it is suitable for display at events and as long as we will be able to paint in on the canvas. Submit your design before our May populace meeting and the populace will vote on our favorite.

The pavilion is a 12'x 12' trader style tent from Panther. It has a 3'6" rise in the middle and a 12" skirt all around. The length of a rafter is approximately 7'. The outlines to the right are drawn to scale.



# FROM THE DESK OF THE KNIGHT MARSHAL

*Greetings, Namron-*

Dang it!!!! Just dang it! No lumps for Trimarans!

I won't beat the dead horse. I have been working on loaner armor, and such. Just waiting for the quarantine to be lifted so we all can get back to practice!

Keep up your pell practice and think about gaining more skills for yourselves.

Siege engines are on my mind here lately. Ask Matteo de Genua for info!

*Ragnar Kelson  
of Durham*

KNIGHT MARSHAL, NAMRON



# NAMRON Champions:

## *Archery:*

LORD ROLAND BLACKTHORNE

## *Baroness's Justice (Rapier):*

DON CORNELIUS MERILÄINEN, WSA

## *Arts & Science:*

LADY KERSTEN MERILÄINEN

## *Thrown Weapons:*

LORD RAULFF SMEITHBERDE

## *Bardic:*

ELSPETH BHORÚMA INGHEAN BHRIAN

## *Youth Archery:*

ARI JONGEIRRSO

## *Brewing:*

LORD RAULFF SMEITHBERDE

## *Youth Rapier:*

CASYN OF NORTHKEEP  
*(child division, 6-11)*

## *Namron's Protector (Chivalric):*

JARL TIMOTHEUS KALAMANOS

AIDEN OF NAMRON  
*(youth division, 12-17)*

## *Foolery:*

LORD CUAIS FLAVUIS VALENS

## *Youth Thrown Weapons:*

ARI JONGEIRRSO



## Social Distancing/Social Media BINGO

### Modern Day Plague Edition

B	I	N	G	O
Share a roll of toilet paper	Teach or attend an online class	Post a funny meme	Post or email a friend just to check up on them	Hold an online meet and greet with friends
Post a picture of a delicious meal you made	Wash your hands	Post a word fame	Post a picture of your current A & S project	Share an idea with the Hospitaler Team on how to reach out to newcomers during this time
Play an online game with friends	Post a funny SCA story	Free	Share a recipe	Bake cookies and share a picture
Stay 6 feet apart from others	Share your favorite SCA event	Share your least favorite event	Share a picture of your lazy co-workers (pets)	Take a funny picture and share it
Send a thank you to someone that is working hard to keep the Barony of Namron connected	Share a picture of a happy moment in your life	Share your favorite nature picture	Wash your hands!	Share a picture of your favorite activity in the SCA