

The Barony of Namron presents

THE PLUME

MENSIS QUINTILIS ANNO SOCIETATIS LV

July 2020



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**IF YOU WOULD LIKE TO SEE YOUR WORK FEATURED IN
NEXT MONTH'S ISSUE OF *The Plume*, please
submit your articles or other items to the
Chronicler by July 26th!**

CHRONICLER: BANTIARNA CAILLEACH DHÉ INGHEAN UÍ CHAERBHAILL

CHRONICLER@NAMRON.ANSTEORRA.ORG



Unto the Stellar Barony of Namron do We send our warm greetings!

Summer is officially here! So too are soaring temperatures, so be sure to stay well hydrated whether you are doing SCA things, working outside, or just enjoying the sunshine!

The Kingdom Earl Marshal has initiated a plan to resume marshal activities. If you haven't had a chance to familiarize yourself with it yet, it is fairly involved, heavily researched, and data driven. The details can be found here:

<https://ansteorra.org/martial-kingdom/ansteorra-martial-practices-reopen-plan/>.

Our Barony was asked to hold a pilot practice to ensure that all the necessary precautions would be workable, and that practice seemed to work well. We have since had one more additional armored practice which also went well.

We thank the marshals and the participants for their hard work with this.

While it is great that we are able to resume some of our medieval activities in person, we must strongly urge two things:

1. No one is required, or expected to come to practice if they feel it is unsafe.
2. Everyone who does come to one of the marshal practices must follow all of the new safety guidelines put into effect. This includes wearing PPE, following sanitation procedures, maintaining social distancing, and limiting spectators.

While the marshal activities have a plan to reopen practices, no other activities are currently allowed by the Kingdom Seneschal.

We can only assume this will be changing sometime in the future. When it does, please be courteous and follow any new requirements that Kingdom sets out.

We are looking for ideas for fun virtual activities we can do as a group. July's populace meeting will feature Populace Meeting Bingo. If you have fun ideas to add to our online meetings, let us know.

We are also trying to think of some group baronial projects that could be coordinated and divided up so they are workable in individual households, but will come together to benefit the barony. If you have ideas for this, let us know as well!

As always, if you have any concerns with the goings on of the Barony or we can help in any way, please feel free to reach out to us. We are here for you.

In service to the Barony,

Micolay and Uliana

BARON AND BARONESS OF NAMRON

LORD AND LADY OF SKORRAGARDR





FROM THE CHRONICLER

Greetings unto the Populace.~

I hope this missive finds you well!

I'm interested in what you've been working on to keep you busy during this time of quarantine. Shoot me an email and let me know!

As always, any submissions you would like to make for the August issue of *The Plume* are due by July 26, 2020.

Your submissions are what makes this publication successful.

For submissions, please contact me at chronicler@namron.ansteorra.org. Also, please let me know if there is anything you would LIKE to see featured in *The Plume*.

I am hopeful that we will be able to get to see each other soon.

Joyfully in Service,
*Bantiarna Cailleach Dhé
 inghean Uí Chaerbhail*

NAMRON CHRONICLER



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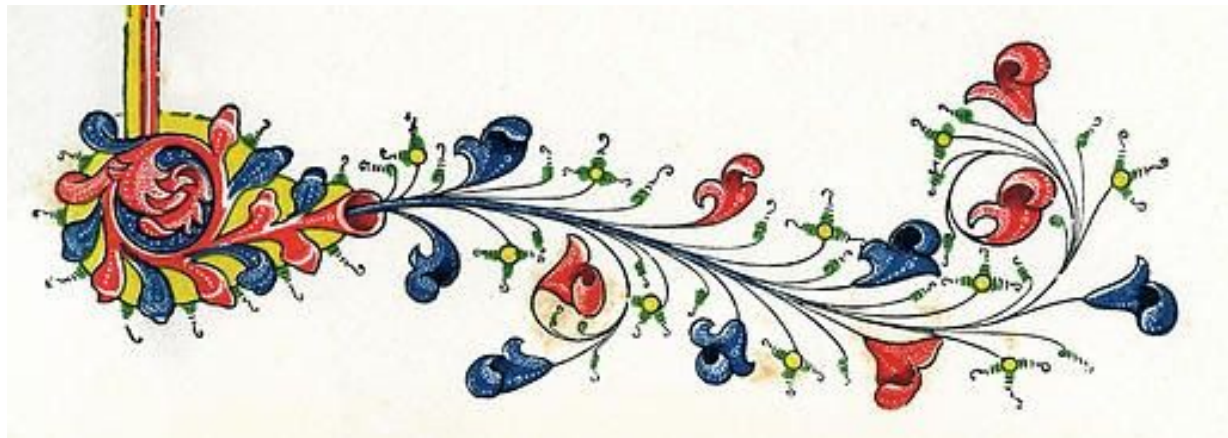
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From the Seneschal

Good Gentles of the Storm,

Welcome to Lady Josseline, our new Hospitaler. We look forward to seeing the direction you take with this important position for our newcomers!

Protectorate Feast and Tavern bids close on July 2, 2020, at 9 pm CST.

We still have openings for both a Youth Rapier Marshal and Youth Armored Combat Marshal. It's a great time to get organized and learn the administrative aspects of these roles before Youth practices start up again!

Please pay close attention to information from our Marshals regarding Adult practices, as it can change weekly. All participants need to be aware of the rules.

We are seeing a spike in Covid-19 cases again. Expect conservative reopening plans for full activities at this time. We continue to follow the

direction of our Kingdom officers, in conjunction with guidance from local authorities. I know many members of our Populace are comfortable returning to "business as usual," but many are not. We must temper our decisions with consideration for all. Their Excellencies and I welcome your thoughts and suggestions, and genuinely wish to hear your voice, regardless of perspective.

Our monthly Business Meeting will be held on Zoom again this month, July 16, at 7:30 pm. The workshop topic isn't confirmed yet, but I'm hoping to have a surprise for you. (You should join us anyway!)

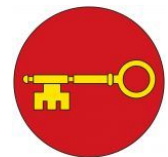
Take care of yourselves and each other, and keep washing your hands.

Frú Kalfinna Egilsdóttir

SENECHAL, BARONY OF NAMRON

405-561-1153

SENECHAL@NAMRON.ANSTEORRA.ORG



BARONOVA OLIANA'S ADVENTURES IN SOURDOUGH

Sourdough Bread

Sourdough is one way bread was made in the middle ages. It collects and utilizes yeast that is naturally occurring in our environment instead of relying on store-bought yeast packets. Are you interested in making your own sourdough starter? Here are instructions from CooksIllustrated.com for a “quarantiny” starter. This version differs from a traditional sourdough starter in that it conserves flour because less is discarded at each feeding. The link provided has more information on the quarantiny starter, as well as troubleshooting FAQs, how to scale up your starter when you are ready to bake, and some recipes utilizing both the starter and the discards.

I have two starters in the works - a half-and-half mixture of all-purpose and bread flours and a half-and-half mixture of whole wheat and rye flours. Next month I will share a couple of recipes and hopefully be able to try them out and share my results!



Quarantiny Sourdough Starter

<https://www.cooksillustrated.com/articles/2333-quarantiny-starter-master-plan>

“Ingredients & Equipment:

2 small, lidded containers, such as 4-ounce mason jars

1 larger, lidded container, such as a 16-ounce mason jar

About 3 cups of white flour (or, better yet, an equal-weights mixture of white flour and whole-wheat or rye)

Water (filtered or bottled if possible)

The Start (day 1):

Using spoon, mix 10 grams (4 teaspoons) of your flour or flour mixture and 10 to 15 grams (2–3 teaspoons) of lukewarm (75F) water in small container (mixture should resemble thick muffin batter). Cover and let sit at warm room temperature (70 to 80 degrees) until bubbly and fragrant—even pungent—24 to 72 hours.

Check your jar every 24 hours for activity. When it’s woken up, it should be bubbly and wet-looking, and will likely have a pungent, even offensive aroma (not to worry, this is totally normal—if it smells at all, it won’t usually smell good, at least not until it’s close to being mature). If it isn’t active yet, put it back in its warm spot and check again in another day or so.

When it’s active:

In your second small container, place 10 grams (4 teaspoons) of your flour or flour mixture, 10 to 15 grams (2–3 teaspoons) of lukewarm (75F) water, and 10 grams (2 teaspoons) of the previous batch until uniform. Cover and let sit at warm room temperature for 24 hours. Place the leftovers from the previous batch in the fridge as a backup.

Repeat this feeding (or “refreshment”) procedure every 24 hours, discarding the contents of the backup jar, cleaning it out thoroughly, and using it to store that day’s new culture. (That day’s old culture then becomes the new refrigerated backup. This way you go back and forth between the two small jars.) Over time the look and smell of the culture will evolve, and it will likely get quite quiet. This throws a lot of people off, since they think it should look bubbly and smell fragrant the whole time. It likely will not; do not worry about this, just repeat as directed.

When it gets really active:

Somewhere between 7 and 14 days after the first refreshment, your nascent starter should start getting very active, meaning it is bubbly and fragrant after 12 hours or less, and it starts to smell yeasty or bread-like. If so, start refreshing it every 12 hours instead of every 24. (Do not jump the gun here—if it takes longer than 12 hours, stick to once-daily refreshments.)

You should also at this point begin collecting the contents of the backup jars in the third, larger jar, rather than tossing them out. Seal and store this jar in the fridge next to each day's backup. This is your “sourdough discard”, which can be used in recipes once you have collected enough (at least 1/2 cup). Don't start collecting discard until it smells pleasant, however. “



From the Minister of Children

Greetings to our Stellar Populace-

Another month has come and gone. I miss everyone so much. When I applied for MoC

I was so excited about the possibilities. I had/have big plans and ideas. I am so eager to have my first event in person. Hopefully Protectorate will be that time. I have several fun ideas and I'll need help to achieve them. In July sometime, I would like to have a virtual meeting with those that would be interested in helping with MoC activities in the future. I'd like to share my plans and get feedback. So be on the lookout for those details.

Since we can't be together, I would like to know if you will share videos or posts with your kids if I post children's activities. Once a week perhaps, maybe the weeks of Populace and business meetings. I know life in our house has been chaotic, just like many others, but I do have several things planned. Email me, message me, or call/text at (405) 561-1487 if you would like to be a part of the MoC team.

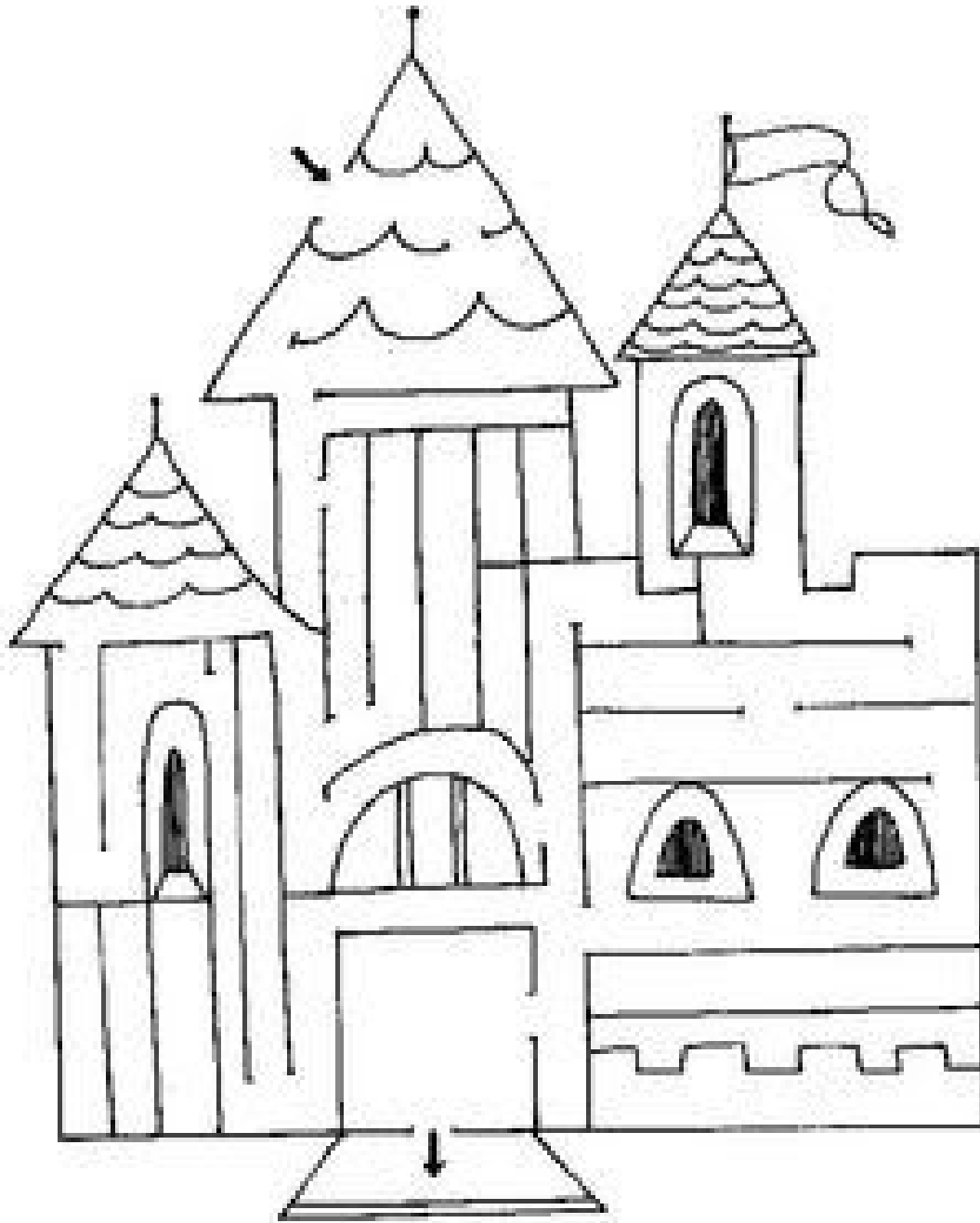
On to this month's fun stuff. I'm working on trying to make a nifty drum. I need some supplies. If anyone has any cardboard carpet tubes, about 4" wide, and some old pool floaties or heavy gauge plastic, and any 6" embroidery hoops, let me know if you are willing to donate. I'd like to test out the drum to see how well it works. If it goes well, I'll share all the details.

Enjoy these mazes and how to draw a castle.

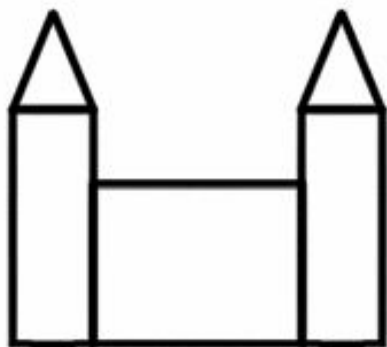
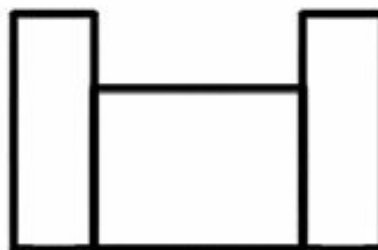
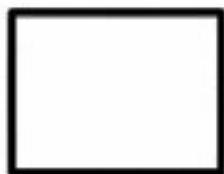
Yours in Service,
Dýrfinna Mikaelisdóttir
Namron Minister of Children



CASTLE MAZE



How to Draw a Castle



FROM THE HERALD

Greetings Namron!

Thank you to everyone who posted for International Heraldry Day! I loved seeing everyone's devices and badges!

If you have any questions, please reach out and let me know!

YIS,

HL Villana Palazolo

NAMRON HERALD



FROM THE EVENTS DEPUTY

Greetings from your friendly neighborhood keeper of the calendar of events!

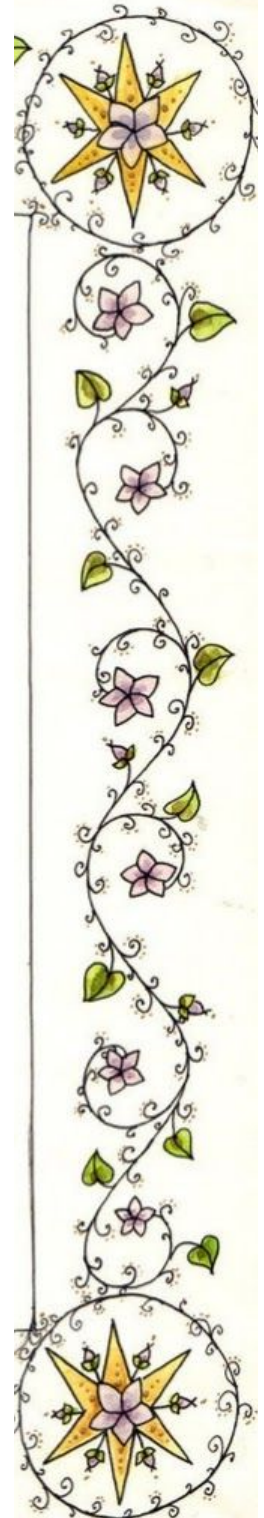
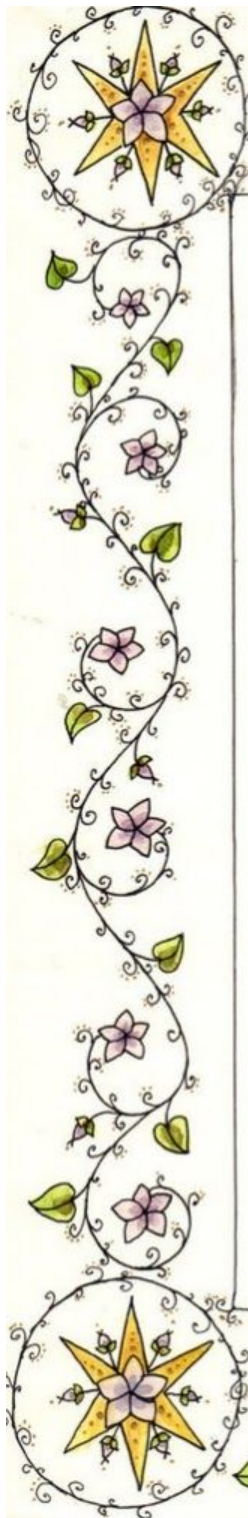
Once we are able to have events again, please send them to me at events@namron.ansteorra.org so that I can update the Barony of Namron calendar and help spread the word! Also, if you have an idea of a great site for an event you can send it and any information to me to add to our list of possible sites.

The event banners are being updated, check them out!

Kind Regards,

Sigridr Vilhjaldsdottir

EVENTS DEPUTY, BARONY OF NAMRON



FROM THE WORKBENCH OF THE KNIGHT MARSHAL

Greetings, Namron-

We are practicing again!!!!!!

YEAH!!!!

Enough enthusiasm, good practices, with good PPE for the fighters and spectators.
This makes us very happy!

Crown tournament is coming up!!! We need to bear down and train up!

Many fighters have been coming out to practice. Some spectators to cheer them on
would be very much appreciated!!!

Ragnar Kelson of Durham

KNIGHT MARSHAL, NAMRON



From the Hospitaler

Greetings!

First of all I would like to thank Their Excellencies for the chance to help our Barony grow. I am so excited to help figure out new ways to expand our numbers even through this new and different time.

The new "normal" may look like a bad time for us, but I believe that we can come up with ways to communicate with the masses without losing anything in translation.

I wish to thank Lady Ophelia for her service. Her shoes will be tough to fill, but I know with her guidance and my enthusiasm Namron will still thrive.

Yours in service,

Josseline di Michele

NAMRON HOSPITALER





FROM THE RAPIER MARSHAL

Greetings Wonderful Barony!

It was wonderful to see everyone who came out to our combined practice on June 17th! Practice was small, but it went well.

With the reopening plan in place, we have the possibility of having official practice again. Watch the Barony page or the Salle de Storm Weasles page on Facebook for details. Events will be made as well.

When we can hold practice, it will be 7 pm to 9 pm at Earlywine Park, for the time being. I am still working with Southern Hills United Methodist Church to see if we can use their property so we have space for practice in inclement weather. They have a large field on the east side of the building that would be perfect for our

use, as well! I am also going to see if we can use their childcare services for our little ones during weekly practice when it is safe for them to come along.

The virtual Academy of the Rapier classes are still being posted, and recordings are available if you miss a live session. I encourage everyone to join in and learn with us! There are plenty of classes that I need to go back to and watch, too.

Stay safe, friends!

Yours in Service,

Lady Sabine Fulhaberin

RAPIER MARSHAL



FROM THE SOCIAL MEDIA DEPUTY

Greetings, Namron~

Did you know that The Barony of Namron is on several different social media platforms? You can follow The Barony on it's Facebook Page @BaronyofNamronSCA, Instagram @BaronyOfNamron, on Twitter @BaronyofNamron, and on Pinterest @NamronSMD. Give us a like &/or follow!

There is a YouTube channel currently in the works and we will be needing content! Please send any tutorials or classes that you would like to share on this account to socialmedia@namron.ansteorra.org. We would LOVE to share your knowledge with others!

YIS,

Bantiarna Cailleach Dhé inghean Uí Chaerbhail
NAMRON SOCIAL MEDIA DEPUTY

FROM NAMRON'S MISSILE MARSHALS

Greetings Namron,

Currently we are allowed to begin practices. With the new status of things, there is a new set of rules we must follow. Both marshals are working on a feasible plan to adhere to these new requirements, and while we are planning, we would like to know how you all feel about these things.

How many of you would like to come to missile practices? How do you feel about Archery and Thrown Weapons being held separately on alternating weekends?

Email us at

Thrown-weapons@namron.ansteorra.org

Missile@namron.ansteorra.org

-The Missile Marshals

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Baroness's Justice (Rapier):

DON CORNELIUS MERILÄINEN, WSA

Arts & Science:

LADY KERSTEN MERILÄINEN

Thrown Weapons:

LORD RAULFF SMEITHBERDE

Bardic:

ELSPETH BHORÚMA INGHEAN BHRIAN

Youth Archery:

ARI JONGEIRRSO

Brewing:

LORD RAULFF SMEITHBERDE

Youth Rapier:

CASYN OF NORTHKEEP
(child division, 6-11)

Namron's Protector (Chivalric):

JARL TIMOTHEUS KALAMANOS

AIDEN OF NAMRON
(youth division, 12-17)

Foolery:

LORD CUAIS FLAVUIS VALENS

Youth Thrown Weapons:

ARI JONGEIRRSO

FROM THE MINISTER OF ARTS AND SCIENCE

Good day, Good Populace,

I hope everyone is weathering good in this pandemic that won't go away.

There have been a lot of arts and science and creativity going on in our Barony this past month! I want to shout out to HE Baronessa Caterina; she has doing an *amazing* job at The Virtual Academy of Service Minded Individuals. If you haven't had a chance to check this Facebook group out yet, you can do so here: <https://www.facebook.com/groups/706733156734796/>

Have y'all been watching Their Majesties courts? Oh my gosh! Firestorm Ink has been *bringing* it. Vivat Firestorm Ink!!!

The Office of Minister of Arts and Science of the Barony of Namron was gifted a beautiful new weaving loom as a loaner for The Barony!! You could do card weaving or inkle weaving on it, if this would be something you'd be interested in! It is SO ready to be used!!!

I know I'm forgetting a lot of what everyone is doing. With us at home and

not getting together, please reach out to me and let me what you're doing. You can also let me know if there is something you want to learn about! I can almost guarantee someone in our Kingdom (if not our Barony) knows how!

On that note, go make something, be it with paint, wire, wood, or with food!!! It can be made of your voice in a song, in a poem, or a play... it's all Arts and Science, so have fun!!

YIS,
Lady Ellyn O'Rowone deGraye
MoAS



From the Web Minister

HELLO NAMRON!

We've been busy redesigning the website to make it easier on the eyes and to follow. Do you have suggestions of what you'd like to see? Drop me a line and let me know. We'd love to hear from you.

We are also removing everything that does not have a release. So if you'd like to have your event photos posted please send them with a release attached! Thank you.

Oh and by the way: "We have a website!" - The Master of Webs aka that Webguy

Yours In Service,
LORD MANI ALFSON
NAMRON WEBMINISTER

