

The Barony of Namron presents

THE PLUME

MENSIS AUGUSTAM ANNO SOCIETATIS LV

August 2020



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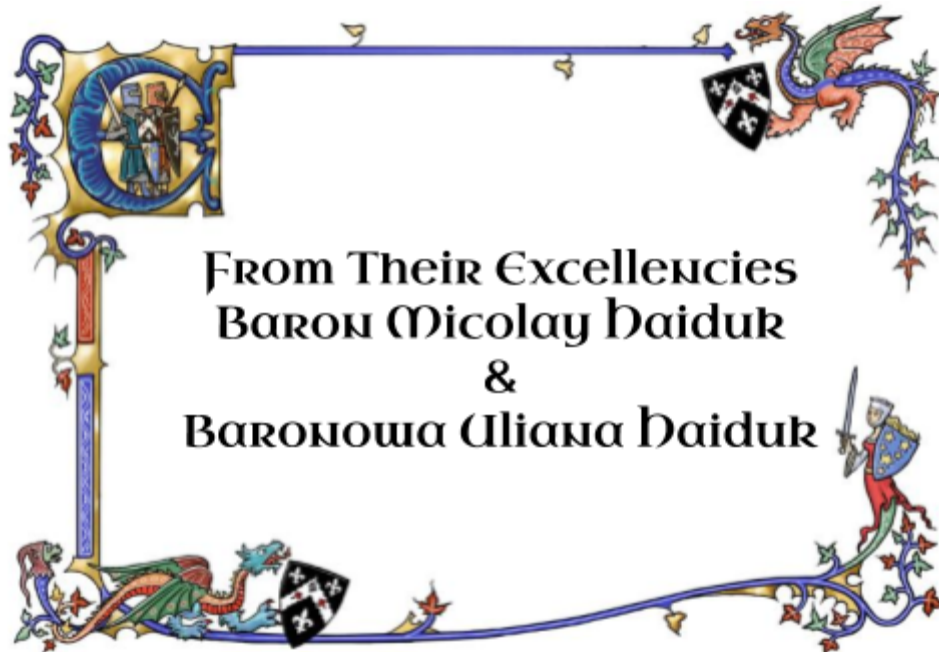
BARONOWA ULIANA HAIDUK



If you would like to
see your work
featured in next
month's issue of *The
Plume*, please submit
your articles or other
items to the
Chronicle by July
26th!

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Unto the Stellar Barony of Namron do We send our warm greetings!

Have you noticed the absolute explosion of SCA and medieval things that are now available on the internet? While we all share a passion for the middle ages, the technology and circumstance of today make learning and enjoying the past easier than ever. There are a plethora of online classes, discussions, and challenges available to us all. Here is an example of what we will be doing this month:

Her Excellency is teaching a class on basket weaving on Monday August 3rd at 8pm on Zoom.

In the class, we will be making two small baskets using different starting techniques. There are a limited number of supply kits basic supplies and instructions available for porch pick up in southeast Norman. Contact Her Excellency if you would like a kit. Please see the [Facebook event](#) or contact Her Excellency for more information.

His Excellency is participating in Baron Gassion de Beaumarchais' August bladesmith challenge.

All who enter the challenger will make a knife during the month of August with the type of knife being specified at the beginning of the month. The goal is to push knife makers out of their comfort zones so that they may learn and explore more parts of knife making. This challenge is giving me the motivation to build a small heat-treating forge, so that I may participate.

This is just what we are doing, but somewhere online there is a group of people doing something that interests you. We encourage you to seek that out and dive headfirst into any aspect of this hobby that you enjoy....*and tell us all about it!*

Share what you are doing with the rest of the Barony. You never know, you might inspire someone else to do the same!

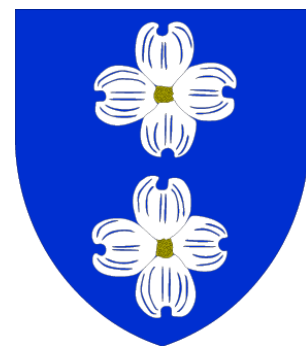
Keep being awesome!

Keep being Namron!

In service to the Barony,

Micolay and Uliana

BARON AND BARONESS OF NAMRON
LORD AND LADY OF SKORRAGARDR





FROM THE CHRONICLER

Greetings unto the Populace.~

I hope this missive finds you well!

I miss getting to see everyone in person! Like, so much! I can't wait until our next event so I can (safely) share all the event fun with everyone. I'm super looking forward to Protectorate. There's going to be SO MUCH going on, I don't think I'll know where to start!

I am super excited about puppet populace this month. I am looking forward to getting to see everyone's puppet selves. High five to everyone who is creating their puppets! I think there should be a prize for the best puppet... maybe we can sweet talk Their Excellencies into making this a thing!

As always, any submissions you would like to make for the September issue of *The Plume* are due by August 26, 2020.

Your submissions are what makes this publication successful.

For submissions, please contact me at chronicler@namron.ansteorra.org. Also, please let me know if there is anything you would LIKE to see featured in *The Plume*.

Joyfully in Service,
*Bantiarna Cailleach Dhé
inghean Uí Chaerbhail*

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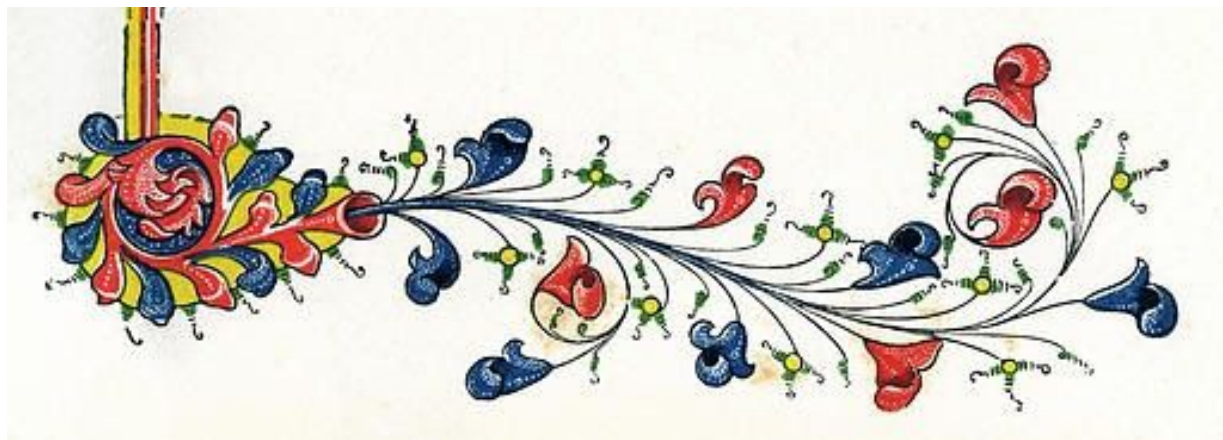
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From the Seneschal



Greetings, Good Gentles of the Storm,

In this difficult time, it is truly heartening to see how many of you have been reaching out to support and assist each other. Our Barony is built on the goodwill of its populace; thank you for the many kindnesses you are showing!

The Kingdom Earl Marshal's Reopening Plan for Marshalate activities has been working well, even though that means disappointment when practices must be cancelled. Please continue to monitor the weekly reports on the

kingdom website (updated on Fridays) at: <https://ansteorra.org/martial-kingdom/ansteorra-martial-practices-reopen-plan>.

By the time you read this, all of our officers should have just attended Summer Round Table. This will be the topic for our August Business Meeting on the 20th, at 7:30 pm on Zoom, and we will discuss any news or policy changes. Everyone is welcome to attend!

The Board of Directors has proposed changes to Corpora and they would like your thoughtful feedback. You may review the document at: <https://www.sca.org/wp-content/uploads/2020/07/2020-07-19-Proposed-Change-to-Corpora-Introduction.pdf>. Please email all commentary to sca-comments@lists.sca.org and use the title "Corpora Introduction" in the subject line.

I am here if you need assistance with any SCA-related matters. Be kind to each other and to yourselves, and keep washing your hands. And, in closing, I would like to offer these words:

“This is the time to be slow,
 Lie low to the wall
 Until the bitter weather passes.
 Try, as best you can, not to let
 The wire brush of doubt
 Scrape from your heart
 All sense of yourself
 And your hesitant light.
 If you remain generous,
 Time will come good;
 And you will find your feet
 Again on fresh pastures of promise,
 Where the air will be kind
 And blushed with beginning.”

~John O'Donohue, Benedictus Book Of Blessings



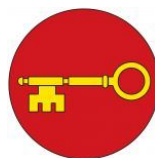
In Service to the Dream,

Frú Kalfirna Egilsdóttir

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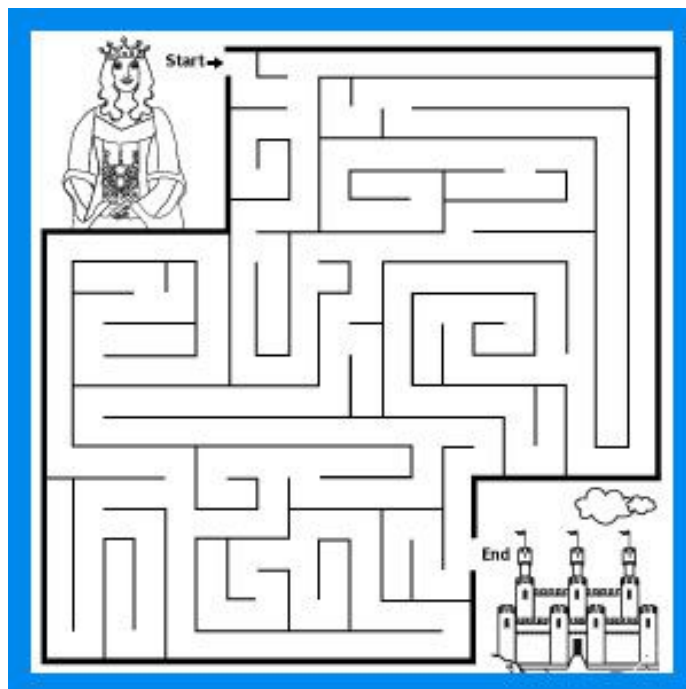
From the MINISTER OF CHILDREN

Greetings to our Stellar Populace-

Hope you all are staying cool during this hot time of year. I don't have much for this month. It's been busy. I've got lots of ideas, so many that I write them down but never get further because there is always something else that I think of. My brain is on overdrive! Prepping for all the things!

I do want to give a huge shout out to Lady Liadan and all her awesome videos! Thank you so much for sharing all the great stories and activities. You have shared so many awesome videos not only with your local baronies, but with our Stellar Kingdom.

If you haven't seen her videos, check them out here: <https://www.youtube.com/channel/UC1ksZt3LoISScDLZ4vwspzw>



Yours in Service,
Dýrfinna Mikaelisdóttir
NAMRON MINISTER OF CHILDREN



BARONOWA ULIANA'S ADVENTURES IN SOURDOUGH

PART II



Last month we published directions on making your own quaran-tiny sourdough starter. I made both a white-flour starter and a more medieval inspired whole wheat and rye starter. Even though I tried a couple of times to get them going, it didn't work out. Did you have any luck? Either way, this month I have included a recipe from the Ribe Viking Center in Denmark that has options for using a sourdough starter or store-bought yeast. (The original recipe is in metric units and uses fresh yeast. I included conversions.) I hope you enjoy!

Is baking not your thing, but you like to cook? The Ribe Viking Center has a lot of great recipes to try - check them out.

(www.ribevikingcenter.dk/en/learn-more/viking-slow-food/recipes.aspx)

If you got a starter going, try to make the bread, or another recipe from Ribe, I would love to see pictures - feel free to message me on Facebook (Julia Haiduk on FB) or send me an email (baroness@namron.ansteorra.org).

Happy Baking!

-Baronowa Uliana

FRIDA'S SOURDOUGH BREAD

(from the Ribe Viking Center,

www.ribevikingcenter.dk/en/learn-more/viking-slow-food/recipes/fridas-sourdough-bread.aspx)

Day 1: Starter dough

150 ml lukewarm water (5 oz or 10 Tbs)

100 g rye flour (3.5 oz or 3/4 cup)

1 tablespoon rye sourdough starter or 25 g fresh yeast (or 2-1/2 tsp instant dry yeast)

Mix the ingredients to make a soft dough with the consistency of a thick porridge. Cover and leave to rest overnight.

Day 2: Bread dough

Starter dough

500 g rye flour (17.6 oz or a scant 5 cups)

ca. 100 g barley flour (approximately 3.5 oz or 0.7 cups)

ca. 400 ml water (approximately 13.5 oz or 1.7 cups)

1-2 tablespoons salt

Optional: a handful of oats, linseed, thyme or cumin.

Add the rye flour, barley flour, water, salt and the optional ingredient to the starter dough and mix. Knead well to form a smooth and elastic dough. It will be quite sticky, so you may want to knead it on an oiled surface. Be careful not to add too much extra flour during kneading as it will make the finished bread turn out hard and dry.

Leave the dough to rest for at least 3 hours.

Form 2 loaves and let them rest for another 2 hours.

Bake the breads on a baking tray or baking stone in the oven or on the grill at 230c (450 deg F) for 10 minutes and then at 200c (400 deg F) for 30 minutes.

FROM THE WORKBENCH OF THE KNIGHT MARSHAL

Greetings, Namron-

The ability to practice has fluctuated a lot this month, making my head hurt.

The armor for the micro, and macro has been on my mind because... wait for it... we have a new fighter!!!!!! I am excited that Snorri Kettleon has joined the field!!! We have fitted him with armor and are waiting for the opportunity to start him on his path to glory!

A ginormous THANK YOU to Skjoldulfr Hildibjarnarson for the loan of the armor (all properly sanitized of course)! The time will come when we can practice again. We are all looking for that time!!!

Ragnar Kelson of Durham
KNIGHT MARSHAL, NAMRON



FROM THE HOSPITALER

Greetings!

This month I would like to see some posts about the first time you realized that you were there to help someone new! What did they need to know? Was it a question that you once had? Let me know what your experience was!

Yours in service,

Josseline diMichele

NAMRON HOSPITALER



Riddles have been around for centuries, the known oldest documented one being from Mesopotamia from Lagash circa 2350 BC. Ancient and medieval literature is full of riddles. They were used both to bring suspense to the text and to pass on cultural tradition. One example would be the double meanings hidden in the written words that composed the foundation of the knowledge of medieval scholars. The *Exeter Book*, an anthology of Old English literature from the 10th century, is a treasure trove of some medieval brain teasers.

**Test your smarts and see if you can
best this medieval mystification:**

IN BEAUTY IT HANGS BORNE AT MEN'S THIGH
'NEATH THE FROCK OF ITS MASTER. IN FRONT IT IS
PIERCED;
STIFF IS IT AND HARD; IT HAS A GOOD STEAD.
WHEN THE RETAINER RAISES HIS DRESS
ABOVE HIS KNEE THAT WELL-KNOWN HOLE
HE WANTS TO DRAW NEAR WITH THIS DANGLING
THING,
THAT OF EQUAL LENGTH HATH OFT FILLED IT BEFORE

What am I?



FROM THE RAPIER MARSHAL

Greetings Wonderful Barony!

The lonely, uneventful summer is almost over, but it looks like we are not closer to getting back to our weekly practices or live events.



The virtual Academy of the Rapier is still posting classes as well as other kingdoms and groups around the Known World. I encourage everyone to check out the different classes and to participate in them. There is such a fantastic wealth of information available right now!

Be safe, everyone.

Yours in Service,

Lady Sabine Fulhaberin

RAPIER MARSHAL



FROM THE SOCIAL MEDIA DEPUTY



Greetings, Namron~

I can't believe it's already August! What are some things that you've been doing over the past couple of months that have helped keep you busy/distracted during the pandemic? I would love to be able to share some SCA resources that you have found on the interwebs!

I am currently in search of some populace members to feature on our social media platforms. Would you like to be one? Simply send a garbed picture and a brief "Hello, my name is _____. I have been living the dream since _____. My favorite part of being a member of the Barony of Namron is _____. OR My favorite SCA activity is _____. (or both!)" to my email.

socialmedia@namron.ansteorra.org

Did you know that The Barony of Namron is on several different social media platforms? You can follow The Barony on it's Facebook Page @BaronyofNamronSCA, Instagram @BaronyOfNamron, on Twitter @BaronyofNamron, and on Pinterest @NamronSMD. Give us a like &/or follow!

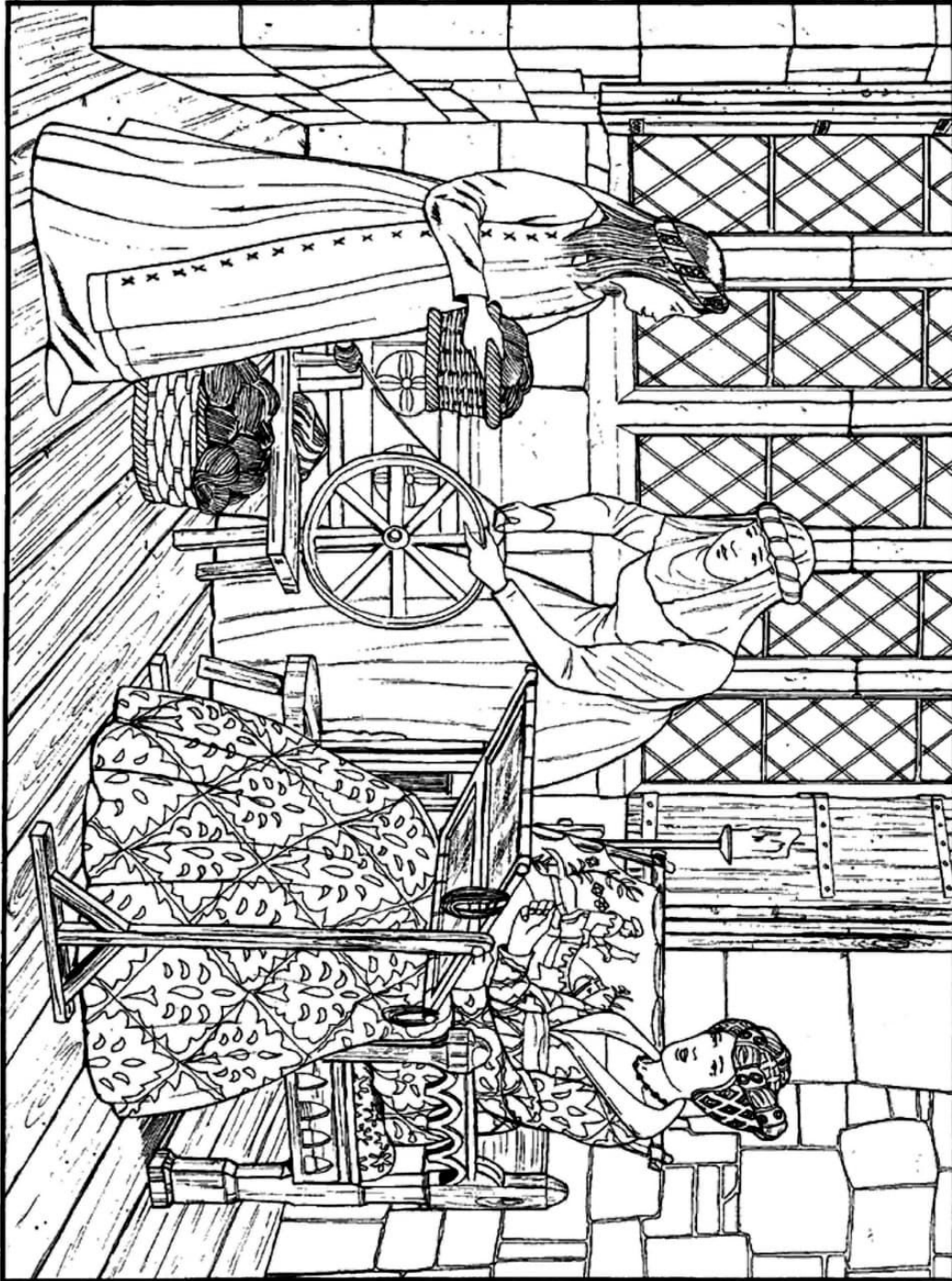
There is a YouTube channel currently in the works and we will be needing content! Please send any tutorials or classes that you would like to share on this account to to socialmedia@namron.ansteorra.org. We would LOVE to share your knowledge with others!

YIS,

*Bantiarna Cailleach Dhé
inghean Uí Chaerbhail*
NAMRON SOCIAL MEDIA DEPUTY

Coloring Page

FROM COLORINGHOME.COM



NAMRON CHAMPIONS:

Archery:

LORD ROLAND BLACKTHORNE

Arts & Science:

LADY KERSTEN MERILÄINEN

Bardic:

ELSPETH BHORÚMA INGHEAN BHRIAN

Brewing:

LORD RAULFF SMEITHBERDE

Namron's Protector (Chivalric):

JARL TIMOTHEUS KALAMANOS

Foolery:

LORD CUAIS FLAVUIS VALENS

Baroness's Justice (Rapier):

DON CORNELIUS MERILÄINEN, WSA

Thrown Weapons:

LORD RAULFF SMEITHBERDE

Youth Archery:

ARI JONGEIRRSO

Youth Rapier:

CASYN OF NORTHKEEP
(child division, 6-11)

AIDEN OF NAMRON
(youth division, 12-17)

Youth Thrown Weapons:

ARI JONGEIRRSO