

The Barony of Namron presents

# THE PLUME

MENSIS SEPTEM ANNO SOCIETATIS LV

September 2020



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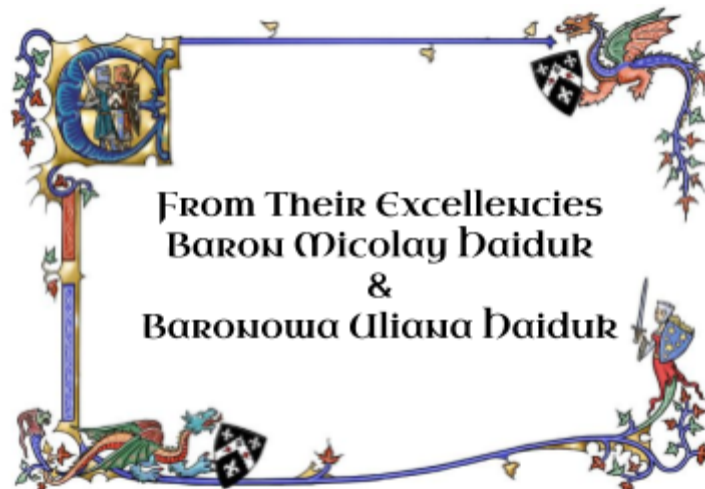
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If you would like to see  
your work featured in  
next month's issue of *The  
Plume*, please submit  
your articles or other  
items to the **Chronicler**  
by September 26th!

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*Unto the Stellar Barony of Namron do We send our warm greetings!*

Finally the heat of summer is behind us as we move into the fall season. Which also means we are getting close to Namron's Protectorate event. This year's Protectorate will be held virtually and there are many great things in the works. We don't want to spoil all the fun, so we will let our event steward give you the details; however, we can tell you there will be fun things to do whether you like food, history, making things, learning things or teaching things! Our events are also a great time to recognize deserving members of our populace. **If you know someone who should be recognized with a Baronial or Kingdom award please send in an award recommendation.**

As we continue being unable to meet in person, we would like to hear from you regarding ways you would like to stay engaged with the Barony. Is there an online platform or activity you think the group would enjoy. Do you have ideas for ways to make our populous meeting fun and interactive? We would love your thoughts! Send us a message on Facebook or an email to [baron@namron.ansteorra.org](mailto:baron@namron.ansteorra.org) or [baroness@namron.ansteorra.org](mailto:baroness@namron.ansteorra.org).

Keep being awesome Namron!

In service to the Barony,  
*Micolay and Uliana*  
 BARON AND BARONESS OF NAMRON  
 LORD AND LADY OF SKORRAGARDR







## FROM THE CHRONICLER

*Greetings unto the Populace.~*

What have you been doing to keep yourself busy in this time of plague? I have discovered that I love basket weaving! (who knew) Have you learned something new? Rediscovered an old passion? I would love to hear about it. Drop me a line, either on Facebook or via email, and let's talk about it! Who knows, maybe we can even turn it into a feature in next month's issue...

As always, any submissions you would like to make for the October issue of *The Plume* are due by September 26, 2020.

For submissions, please contact me at [chronicler@namron.ansteorra.org](mailto:chronicler@namron.ansteorra.org). Also, please let me know if there is anything you would LIKE to see featured in *The Plume*.

Joyfully in Service,

*Bantiarna Cailleach Dhé inghean Uí Chaerbhail*

NAMRON CHRONICLER



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IMAGE NOT FOUND

Probably off  
seeking  
stray arrows

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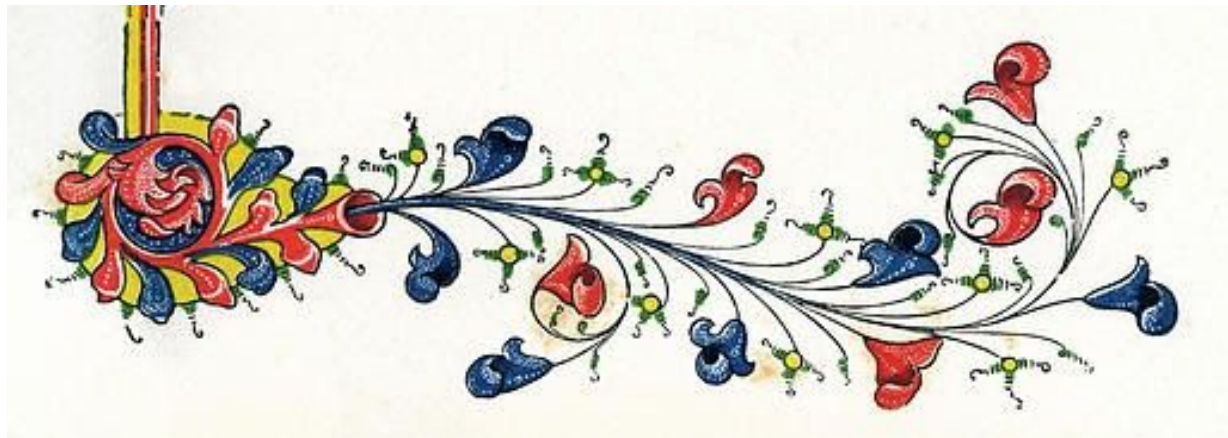
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THE BARONY OF NAMRON PRESENTS

# Virtual Protectorate

Come celebrate with us from the comfort of  
your own home via Facebook!

**OCTOBER 3, 2020**

[HTTPS://WWW.FACEBOOK.COM/GROUPS/VIRTUALPROTECTORATE2020/](https://www.facebook.com/groups/virtualprotectorate2020/)

Games, Contests, Classes, & more!

Virtual Court to be held on Zoom,  
details TBA on the Facebook group page

Autocrat: Koia Karasova (Mka Kelly Renee McKinnon)  
koiakarasova@gmail.com

# From the Seneschal

## *Greetings, Good Gentles of the Storm,*

Protectorate XLIV- Virtual is coming up soon (October 3)! I hope you're looking forward to spending a day together, even if it's virtually. Several other virtual events will be happening throughout the fall; please take some time to visit them and enjoy all of the unique ideas.

Practices and meetings continue to be restricted. Your Marshals will share information when practices are

authorized. Covid-19 measures (masks, distancing, etc.) remain in effect.

The September Business Meeting is scheduled for Thursday, September 17, at 7:30 pm.

In Service to the Dream,

*Frú Kalfirna Egilsdóttir*

SENECHAL, BARONY OF NAMRON

405-561-1153

SENECHAL@NAMRON.ANSTEORRA.ORG





# September Happenings

- SEPTEMBER 3 ..... NAMRON POPULACE MEETING
- SEPTEMBER 4 ..... AN INTERVIEW WITH KING JASON & QUEEN MARGHERITA OF ANSTEORRA  
[HTTPS://WWW.FACEBOOK.COM/EVENTS/312721196663773](https://www.facebook.com/events/312721196663773)
- SEPTEMBER 5 ..... VIRTUAL ANSTEORRA ROYAL COURT
- SEPTEMBER 17 ..... NAMRON BUSINESS MEETING
- SEPTEMBER 19 ..... TRIUMPHE ETERNIA - A VIRTUAL EVENT  
[HTTPS://WWW.FACEBOOK.COM/EVENTS/306116844042807](https://www.facebook.com/events/306116844042807)

## Baronial Practices:

PLEASE KEEP AN EYE ON THE FACEBOOK  
 PAGE FOR UPDATES ON CURRENT  
 PRACTICE DATES AND TIMES DUE TO  
 THE PLAGUE.



September 22<sup>nd</sup> is observed as **Hobbit Day** thanks to J. R. R.

Tolkien's book *The Hobbit*. The book starts by celebrating the birthdays of two characters, Bilbo and Frodo Baggins, on September 22<sup>nd</sup>. While Tolkien's book is fictional, he does draw some inspiration from the Middle Ages.

Every good hobbit celebration involves food. Here are two family friendly medieval recipes that would also fit right in the world of Bilbo and Frodo.

## Honey Cakes

[https://octavia.net/vault/CookeryBooklet\\_complete\\_booklet.pdf](https://octavia.net/vault/CookeryBooklet_complete_booklet.pdf)

### Ingredients

- 2 cups flour (you may use white flour or a half and half mixture of whole wheat and white)
- 1 tsp salt
- 3 tsp baking powder
- 5 Tbsp honey
- 4 Tbsp sweet (unsalted) butter
- 2 eggs
- ½ cup cream

### Directions

Preheat oven to 350 degrees F. Sift together the flour, salt, and baking powder. Dribble the tablespoons of honey over this, then drop in the butter, cut into small pieces. Toss so that the honey is covered by the flour mixture, then using your fingertips, rub the honey-butter into the flour so it is crumbly. (It will not be sticky – yet). Beat the eggs into the cream, and add to bowl; stir. (It will be sticky now.) Turn out onto generously floured board, sprinkle with more flour, and pat to about ½” – ¾” thickness. Using a drinking glass, cut into rounds, and lay on parchment-paper lined baking sheet. Bake for 12-15 minutes, until light golden and firm. Enjoy with butter, jam, or more honey.

Makes 7 to 14, depending on your drinking glass. Mine is big.



## Mushroom Tart

<http://medievalcookery.com/recipes/mushrooms.html>

### Ingredients

- 1-2 lbs. Mushrooms
- 1-2 cups Swiss cheese
- 1-2 tsp. Powder Fine (a medieval spice blend, see recipe below)
- Pie Crust

### Directions

Sauté mushrooms in small amount of oil to cook the mushrooms and release their water. Drain and cool. Mix with the spice powder and cheese place into the pie crust and bake at 375 degrees for 30 minutes until done.

## Powder Fine (A MEDIEVAL SPICE BLEND)

<https://www.cooksinfo.com/fine-powder>

Spice blends would vary by region and even the person making them. This is one interpretation of Powder Fine.

### Ingredients

- 3 tablespoons of ginger
- 1 1/2 tablespoons of cinnamon
- 1 teaspoon cloves
- Optional items:
  - 1 teaspoon of any or several of the following: bay leaf (ground), coriander, galangal, grains of paradise, long pepper, mace, nutmeg, pepper.
  - Pinch of saffron
  - 2 tablespoons of sugar

### Directions

Grind all separately (or buy ground), then mix.



Tolkien's tales have many other ties to the middle ages. Hobbitish, the dialect of the hobbits draws on Old English and runes are seen on maps and other places in the story. The runes in the story are based on Anglo Saxon Futhorc, which was derived from Elder Futhark. Here are charts of Anglo-Saxon Futhorc and Hobbit Runes. Can you translate your name?

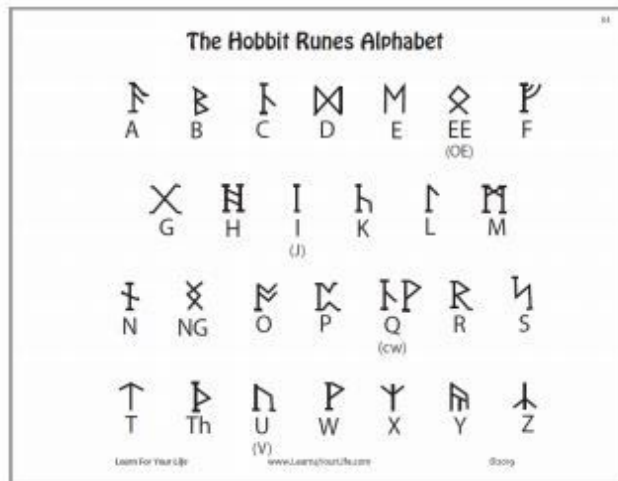
Anglo Saxon Runes (VikingRune.com)

Check out this website for more information on the various types of runes as well as an online translator!



Hobbit Runes (<https://www.learn4yourlife.com/hobbit-runes-worksheet.html>)

Check out this website for examples of runes from *The Hobbit* that you can translate. There is a homeschooling package that can be purchased, but there are several available for free!





# From the Web Minister

DEAREST POPULACE OF NAMRON,

I write to you this fine day to say this: WE HAVE A WEBSITE!!!

Other than that, the new redesign of the site will be completed and live by the end of the second week of September. You are going to love the changes. It will be easier to get information and be easier to read on those tiny little screens you look at. I am especially proud of the new redesign of the Baronial OP that will be launching with this new release. Keep in mind if you are not in the OP, you need to get that information to us so we can make sure you are recognized.

In other exciting news the Webguy now has a deputy that will be starting after the new release, Athena Hoyle!

If you have any ideas for the website, you have less than two weeks to get that in.

Also my dearest populace that I love dearly, please submit photos that we can use with your releases to the Chronicler ([chronicler@namron.ansteorra.org](mailto:chronicler@namron.ansteorra.org)) so that we may have pretty pictures on the website, as well. What we are looking for are event photos, combat photos, photos of our encampments, processions, and workdays.

Thank you kindly.

Your in service

THE WEBGUY - YANCY MANI ALFSSON





**WANTED! WANTED! WANTED!**

# NAMRON'S MARSHALS NEED PUMPKINS!!!

seeking all sorts of pumpkins for  
Protectorate! donations needed by  
September 10th! contact the Seneschal  
for drop offs.



## FROM THE HOSPITALER

Hello and welcome to Life of a Hospitaler,  
with your host Josseline Di Michele!

Right now in our current life it is hard to  
forget that people are still searching for  
something new.

Something fun.

Something good.

That is us here in the SCA!

I would like to commend everyone that  
has contributed to the online presence  
and the classes on how to keep people  
interested. Many good things have started  
popping up all over our Barony and I am  
excited to see and be a part of this  
community.

Thank you all for helping keep the dream  
alive.

Vivat!

*Josseline di Michele*

NAMRON HOSPITALER





# FROM THE WORKBENCH OF THE KNIGHT MARSHAL

*Greetings, Namron-*

We are continuing to keep up on the loaner armor repairs and sanitation.

I am cultivating a new fighter, his name is Snorri Kettilson and is very interested! Woo hoo! We are trying to keep the dream alive!!!!

On the practice side of things, we will be able to practice the last Wednesday of August and hopefully all of September.(we are at Phase 2). The reopening plan fluctuates a lot, so we will work with what we have!

*Ragnar Kelson of Durham*

KNIGHT MARSHAL, NAMRON



**Riddles** have been around for centuries, the known oldest documented one being from Mesopotamia from Lagash circa 2350 BC. Ancient and medieval literature is full of riddles. They were used both to bring suspense to the text and to pass on cultural tradition. One example would be the double meanings hidden in the written words that composed the foundation of the knowledge of medieval scholars. The *Exeter Book*, an anthology of Old English literature from the 10th century, is a treasure trove of some medieval brain teasers.

**Test your smarts and see if you can  
best this medieval mystification:**

A YOUTH CAME WALKING WHERE HE WIST  
SHE STOOD IN HALL: STEPPED UP FROM AFAR  
THE LUSTY YOUTH, AND LIFTED UP  
WITH HANDS HER WEEDS: UNDER THE WAIST-BAND  
STANDING TO IT, THRUST SOMETHING STIFF,  
AND WORKED HIS WILL; BOTH WIGHTS TREMBLED.  
THE THANE MADE HASTE: AT TIMES WAS OF USE  
A TRUSTY SERVANT: YET HE GREW TIRED  
WITH EVERY MOMENT, THOUGH MIGHTIER BEFORE  
OF THE WORK WEARY. THERE 'GAN TO WAX  
UNDER THE GIRDLE WHAT GOOD MEN OFT  
LOVE WITH THEIR MIGHT AND PURCHASE WITH MONEY

**What am I?**



## FROM THE RAPIER MARSHAL

*Greetings Wonderful Barony!*

It has been a long year, and it's far from over. While we can't have events, we may be a little closer to being able to have our local practice again. I will probably wait until Wiesenfeuer can join us and we remain at Phase 2 for a while before I schedule a practice, be on the lookout for information.

In the meantime, virtual classes are continuing in several Facebook groups across the Known World.

If you are a marshal, Don Cornelius has a class on spear rules scheduled for September 1st.

I hope to see everyone soon. I'm ready to fight again!

Yours in Service,

*Lady Sabine Fulhaberin*

RAPIER MARSHAL





## FROM THE SOCIAL MEDIA DEPUTY

*Greetings, Namron~*

Happy September!!!

The Namron YouTube page is up and running. You can currently search for the channel under the user 'Seneschal of Namron'. In order to get a custom URL for this account, we need a minimum of 100 subscribers. It would be a HUGE help if you would pop on over to subscribe. :) We are currently in search of content for the channel, as well. If you have a video that you'd like to share, please contact me at [socialmedia@namron.ansteorra.org](mailto:socialmedia@namron.ansteorra.org).

Did you know that The Barony of Namron is on several different social media platforms? You can follow The Barony on it's [Facebook Page](#) @BaronyofNamronSCA, [Instagram](#) @BaronyOfNamron, on [Twitter](#) @BaronyofNamron, and on [Pinterest](#) @NamronSMD. Give us a like &/or follow!

YIS,

*Bantiarna Cailleach Dhé  
inghean Uí Chaerbhaill*  
NAMRON SOCIAL MEDIA DEPUTY



## FROM THE HERALD



### *Greetings Namron!*

Things are still moving slowly in the Herald's office especially as the new school year starts and my mundane job is moving into unprecedented areas with virtual learning.

Please reach out to me if I can help in any way with names and devices, but also please be patient while I am working through the transition at work.

I am excited to announce that I now have a deputy, Nuala Keene! She and I will be working together as she learns. I am very much looking forward to working with her!

YIS  
*HL Villana*  
NAMRON HERALD





# NAMRON Champions:

## *Archery:*

LORD ROLAND  
BLACKTHORNE

## *Arts & Science:*

LADY KERSTEN  
MERILÄINEN

## *Bardic:*

ELSPETH BHORÚMA INGHEAN  
BHRIAN

## *Brewing:*

LORD RAULFF  
SMEITHBERDE

## *Namron's Protector (Chivalric):*

JARL TIMOTHEUS  
KALAMANOS

## *Foolery:*

LORD CUAIS FLAVUIS VALENS

## *Baroness's Justice (Rapier):*

DON CORNELIUS MERILÄINEN,  
WSA

## *Thrown Weapons:*

LORD RAULFF SMEITHBERDE

## *Youth Archery:*

ARI JONGEIRRSO

## *Youth Rapier:*

CASYN OF NORTHKEEP  
*(child division, 6-11)*

AIDEN OF NAMRON  
*(youth division, 12-17)*

## *Youth Thrown Weapons:*

ARI JONGEIRRSO



## FROM THE MINISTER OF ARTS AND SCIENCE

*Greetings, Namron~*

I hope everyone is well. I LOVE getting to see everyone's projects and pretties that they've been posting. I find it very encouraging in these trying times. Keep 'em coming!

I am seeking your opinions, dear populace. How are you feeling about *in person* arts & science classes at this time? Maintaining all the proper social distancing measures, of course. Shoot me an email at [moas@namron.ansteorra.org](mailto:moas@namron.ansteorra.org) with your thoughts.

Shout out to Firestorm Ink! They're still holding classes, albeit virtually, and doing great stuff!

Yours In Service,  
*Lady Ellyn O'Rowone deGraye*  
MoAS



## FROM THE HISTORIAN

Here is an excerpt from the May '94 *The Plume*, for the Namron archives

Enjoy!

~Vigdis

NAMRON HISTORIAN

Quest for the Dragon

May 1, A.S. XXVIII (C.E. 1993)

As I was readying myself for my day's excursions, something in my looking glass beckoned me. I followed this wisP of fog and mist through my looking glass into another world -- a wondrous and magical world, fresh and green and spacious, peaceful the sounds and soft the light.

I found myself walking along an ancient path from my small cottage near Caerleon to the village. Soon I was met by our Lord Herald who was traveling the countryside announcing that a Dragon most Terrible was on the loose and had been spotted near the village. All who could should join together and rid the Kingdom of this Monstrous Creature.

Other villages also were taking up the quest, with the prize, a massive treasure chest of gold and precious jewels, going to the village which managed to locate the hideous Dragon and bring him down.

I hurried on to catch up with our brave and skillful Fighters, who were hot on the trail of the Dragon. Several markers had been left by the Dragon as he lumbered his threatening way onward, breathing fire and fury as he went.

All who had seen the Beast had most frightening tales to tell of this most fearsome Creature. We must find him soon and destroy him, or we would never be able to return to our villages, as he would have burned it down with his fiery breath and crushed our very homes with his monstrous feet.

We soon came across a Messenger who had seen the Dragon and was carrying some Dragon Bane which we could use to coax the Dragon into the open, yet would also protect us from sure death when he did show himself. This Messenger, and others along our way, recited verses suggesting where we might go and to whom we might talk in order to find and confine the Dragon so that our Fighters could do battle with him and destroy him forever.



We were to find a Griffin and receive a Griffin's Egg. We were also to find a Magical Unicorn who would guide us directly to the Dragon's lair in exchange for the Griffin's Egg.

Each of the neighboring villages were seeking the Dragon and the first to find him sent messengers to the others to mass their fighters for the great battle.

Our village missed the Griffin where she stood, proud and majestic. I do seem to remember seeing her earlier in the day -- a more marvelous bird cannot be found -- but I failed to recognize her as a Griffin. We wandered far afield before returning, weary and hopeless. We did find the Magical Unicorn, but she refused to even talk to us without the Griffin's Egg. While we were pleading with her, another village found the Griffin, got the most precious Egg and rushed to the Unicorn to exchange the marvelous Egg for the way to the Dragon's lair.

The Unicorn then gave directions to the Dragon's lair and how to confine him so he could be conquered and destroyed.

All of us traveled on to the Dragon's lair and our most wonderful and skillful Fighters did battle glorious far into the afternoon before finally vanquishing the gigantic Beast and dealing the final, fatal blow.

Another village claimed the prize, but all left the scene relieved that the Dragon was no longer a danger to the Kingdom, and that we could again go about our daily rounds without having to fear his Terrible Presence forever.

I resumed my walk on the path through the village, savoring all the sights and sounds and friendships that abounded.

When day was done I returned again to my cottage and found myself staring into my looking glass, having stepped back through it, leaving behind my beautiful dream world. But somehow, I seemed to still carry with me the magic of the Griffin and the Unicorn, and yea, even the Dragon, and the glorious battle our Fighters waged and bravely won. I do so hope to return again soon!

Angharad Rhonwen of Caerleon  
from Angharad's Stillroom Book

This was my very first event

Beltane Games - Barony of Namron

(published in the Plume, May 1994, A.S. XXIX)

