

THE PLUME

THE BARONY OF NAMRON • JANUARY 2024



Officer news

January Calendar

Baronial Service Opportunities

Officer Directory

NEWS FROM BARON YANCY AND HERSIRKONA KOLFINNA

Greetings, Good Gentles of the Storm!

We hope everyone is enjoying the holiday season, finding time to spend with family and friends, and taking care of yourselves as we enter a new year. It has been a joy serving as the Landed Nobility of Namron, and we deeply appreciate the support and excitement that we've experienced. We are excited to see what direction the new Landed Nobility takes this barony.

January has much to offer in Ansteorra. The Barony of the Steppes is hosting their annual 12th Night event on the 6th, complete with a murder mystery. Winter Crown Tourney falls on the 13th, where new heirs will be discovered. If you're interested in SCA Operations or officer roles, Round Table is a virtual event on the 20th. That same day, the DEIB Collegium will also be virtual and has a full lineup of classes. Classes on a variety of topics will be the highlight of the Barony of Northkeep's Winterkingdom at the end of the month, January 27, and is where you can witness the changing baronage of Namron. We look forward to seeing you there!

May you all have a wondrous year, full of love and laughter.



SANCTUARY PROVIDES WELCOME RELIEF TO WEARY PLAYERS

If you've been to even one SCA event, you've likely seen, or been, a player who was overstimulated, anxious, or just plain worn out. After witnessing the afternoon phenomenon of players drifting away for a quiet break and seeing even her own husband catching a break in full garb next to a brick wall, baking in the sun, Seren of Norman felt like there must be a better solution.

The inspiration came from a Facebook post about a Comic Con Quiet Room. "It read 'This room is designated for attendees and families with sensory issues who need a quiet place to take a break. Please respect the attendees who use this and keep it a true quiet room.'" She set out to get the blessing of Hersikona Kolfinna, SCA friends and her husband." And thus, the Sanctuary was born," she said.

Seren says the mission of the Sanctuary is, "to ensure everyone has access and the opportunity to break away from all the excitement to rest and reset, while creating a safe and hate-free space for all who need it."

A focus in the Sanctuary is providing a place of inclusion for all needs brought by visitors. There are areas specifically designed to support a variety of quiet activities such as reading, coloring, snacks and drinks, and lots of soft textures and spaces to comfort those that need an extra physical comfort.

"Our hope is that people who don't normally come to a big event due to overstimulation might come if they know there is somewhere safe and quiet they can go to collect themselves," Seren said. "We are here to serve our great Baronies!"

The Sanctuary is still in its infancy, however they did have the honor to serve at two events in 2023: Protectorate and Wiesenfeuer Yule. Seren says the reception to the service has been great. They have increased the number of players served with each event. There have been no complaints reported and the feedback has been promising. Seren mentioned they even had some surprise visitors. "We even had some long-time players who almost never stop moving come visit us." She says there was some initial apprehension, however they have been able to "change some minds and win some hearts."

SANCTUARY PROVIDES WELCOME RELIEF TO WEARY PLAYERS

If you are interested in supporting the mission of the Sanctuary, Seren says there are several avenues available. The program was started with a very minimal staff to see how it was received but as the popularity of the safe space continues to grow, they will need additional volunteers to staff the Sanctuary. They also need basic supplies like cots, pillows, snacks, blankets, etc.

The biggest need currently is bringing awareness about the service to the populace and event stewards.

"We want to get the word out that Namron and Wiesenfeuer have this service available to them for events and we WANT to help people find the spoons to keep going," she said.

Anyone who is interested in becoming part of the Sanctuary team or to support the cause can reach out to Seren Oddrskona (mka Stephanie Ilaoa) at any time. There is also a facebook group available under the name "The Sanctuary of Namron" or email SanctuaryofNamronegmail.com.

"The Sanctuary Team would like to say THANK YOU to everyone who has come to visit us at events," Seren concluded. "If it was just to grab a snack, take a nap, sit and read or just out of sheer curiosity that brought you our way, we are so grateful. We look forward to seeing you at the next event!"

-written by Isa Mikjarlsdottir

FROM THE HERALD

Your local herald here at herald@namron.ansteorra.org (mailto:herald@namron.ansteorra.org) or on Facebook for all your heraldry needs! Do you want to work on a name or a device? Are you looking to add another badge or two to the mix? Whether you want to work on submitting your idea, don't even have an idea to start with, or just want to explore interesting applications of counterchanging, I eagerly await your communications!

If you or another gentle have received an award from this barony, at any point, and see that it is not in the OP, please reach out to me as soon as you can.

Also, did you know you can recommend a member of our very own populace for an award? Let the rest of the Kingdom know how awesome our populace is by following the instructions on https://ansteorra.org/namron/officers/herald/

d/
(https://ansteorra.org/namron/officers/heral
d/)

awards/

Yours In Service, Sævarr Màni Sable Storm Pursuivant



FROM THE SENESCHAL

Hello Wonderful Barony of Namron Populace,

As we welcome a new year, let us celebrate all the accomplishments of the past year and look forward to the wonderful adventures that we will have in the future. 2024 will see some changes for our Barony and there will be lots of opportunities to participate and shine.

We are still looking for a person to coordinate our meals at Gulf Wars and event and tavern stewards for Beltane.

There will be a lot of ways to assist and volunteer at Medieval Fair this coming spring, please be on the lookout starting in January for those opportunities.

We are still accepting bids for Baronial thrones.

If you are interested in the treasurer position, please reach out to myself or the current treasurer.

A reminder to all that Round Table will occur virtually on January 20, 2024 and this is an excellent opportunity to get more informed about any position that you are interested in and to get warranted for any office that is required.

Yours In Service, Lady Isabella Coppola Seneschal, Barony of Namron



FROM THE MINISTER OF ARTS AND SCIENCES

Greetings good Gentles! New year, new arts and science projects are afoot! Monday A&S nights are going strong, Mondays 6-8pm at the Indian Hills location for the foreseeable future. We are rescheduling our lampwork beading class to this month! Sunday, January 21 (the day after roundtable) from 10am-6pm also at the Indian Hills location, we are a little dependent on weather so this is subject to change if January weather gets yucky. As a result Monday, January 22, no a&s meeting.

See everyone next year!

YIS, Halldóra Hrafnsdóttir MoAS Namron





FROM THE RAPIER MARSHALL

Greetings good gentles!

We have been having absolutely fabulous practices at the Southern Oaks Rec center! It has been awesome helping people get authorized and ready to take part in tournaments and melees. We have several exciting events coming up, with lots of opportunities for the rapier community to pursue opportunities in scholarship and courtiership. I hope to continue to see you all at practice, and hope to share even more wonderful events with you all.

Yours in Service,

Thaddaeus Starr





FROM THE MINISTER OF CHILDREN

Greetings everyone and a very Happy New Year to you all,

I hope you had a wonderful holiday season. Last month, we had some fantastic events where I had the pleasure of seeing some of you participate in activities like making mittens at Coronet or showcasing your beautifully crafted birdhouses at Yule. These were just a couple of examples, but there were so many great moments. And guess what? The new year holds even more enjoyable experiences in store!

Now that January has arrived, we have some exciting indoor events coming up. If you are heading south to Steppes 12th Night or north to Winterkingdom, both events offer incredible activities and classes for children. I highly recommend that you and your family join in the fun and take part in these events, as well as the many others happening throughout the kingdom.

But wait, there's more! On January 20th, our kingdom will be hosting the Winter Roundtable as a virtual event. It will feature classes on various aspects of the SCA. If you're interested in learning more about any officer position, attending this event is highly beneficial. Additionally, there will be lots of exciting information on some changes to the MOC program for those who are interested.

As my time as Minister of Children comes to a close, we will need someone else to take on this role. Just a heads up, completing the MOC warranting class is required to assume this position. Additionally, I'm searching for individuals who would like to be deputies for our children's activities. I would be thrilled to have a team to collaborate with in 2024! Oh, and speaking of offering assistance, we will also need plenty of volunteers to assist with the Norman Medieval Faire in April. It's our region's biggest demonstration opportunity, and we welcome anyone who is able to lend a hand.

Lastly, I want to express my heartfelt gratitude to all the members of our community who generously provided supplies, ideas, and their time throughout 2023. Your donations and assistance have been greatly appreciated. Thank you!

Yours in Service,

Lady Emma O'Ruairc Namron Minister of Children

FROM THE ARCHERY MARSHALL

Greetings Populace!!!
I am Aillenn, your new archery marshall. I am
excited to learn about all things bow, arrow and
atlat!!

As tradition, archery practices will start at noon on Sundays at 4200 E Franklin Rd, Norman, OK 73026 (https://www.google.com/maps/search/4200+E+Franklin+Rd,+Norman,+OK+73026?

entry=gmail&source=g). Thrown Weapons practices will continue to be at the same time and location as archery practice. For now, practice will be every other Sunday. I am working with the Thrown Weapon Marshall and his deputies to increase the practice to every Sunday, as permitted by weather, life, and events.

My other goal is to start having combat archery practice and will need y'alls help to make that happen. Many hands make light work. So please contact me if you have any interest in being an archery deputy either by email or on the book of faces.

Yours in Service, Aillenn bean Ui Maille

archery@namron.ansteorra.org
(mailto:archery@namron.ansteorra.org)



FROM THE THROWN WEAPONS MARSHALL

Hello and Salutations from the office of The Thrown Weapons Marshall.

Lets discuss the month of December, we have had 2 practices as well as a tourney at Wiesenfeuer Yule!! What a great month.

With our practices we did decide to move our practices from 10 am to 12 am ro allow for it to warm up.

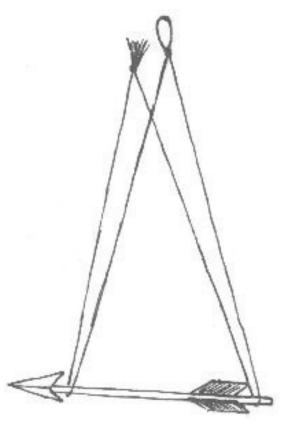
I hope to see more people at our practices and wou<mark>ld love to hear feedback, feel</mark> free to email me at Throw-weapons@namron.ansteoera.org.

Also for the tourney we utilized a specific metric for the toy drive and that was using your tokens to buy mulligans. This gave another level to the competiton that allowed for a wider range of those involved to increase their scores. With that we had a toe for first place between Aillenn Bean Ui'Maille and John of York. The prize basket contained a Krampus encased in resin shaped in a Icosahedron. I have to thank all the marshalls that helped run the tourney as well, your committment helped this run smoothly as well as safely.

We are having practices on 1-1-23 and 1-28-23(cancelled) from noon till 2pm.

Now for the Knowledge portion.

This month I'm going to discuss the Kestros



A kestros (Greek: κέστρος) or kestrophendone (Greek: κεστροσφενδόνη), respectively Latinized as cestrus or cestrosphendone, is a specially designed sling that is used to throw a heavy dart.

The dart would typically consist of a heavy metal point approximately 23 cm (9.1 in) long, attached to

a shaft of wood, typically 30 cm (12 in) long, and fletched with feathers or similar materials to provide stability of flight.

The kestros is mentioned in the writings of Livy and Polybius. It seems to have been invented around 168 BC. and was employed by some of the Macedonian troops of king Perseus of Macedon during the Third Macedonian war. Below are the description of the weapon from Polybius and Livy.

FROM THE THROWN WEAPONS MARSHALL

From Polybius:

The so-called cestrus was a novel invention at the time of the war with Perseus. The form of the missile was as follows. It was two cubits long, the tube being of the same length as the point. Into the former was fitted a wooden shaft a span in length and a finger's breadth in thickness, and to the middle of this were firmly attached three quite short wing-shaped sticks. The thongs of the sling from which the missile was discharged were of unequal length, and it was so inserted into the loop between them that it was easily freed. There it remained fixed while the thongs were whirled round and taut, but when at the moment of discharge one of the thongs was loosened, it left the loop and was shot like a leaden bullet from the sling, and striking with great force inflicted severe injury on those who were hit by it.[1]

From Livy:

The Romans were in very great danger, for they could not fight in close order against those who were struggling up the hill, and if they left their ranks and ran forward they were exposed to the javelins and arrows. They suffered mainly from the cestrosphendons, a novel kind of weapon invented during the war. It consisted of a pointed iron head two palms long, fastened to a shaft made of pinewood, nine inches long and as thick as a man's finger. Round the shaft three feathers were fastened as in the case of arrows, and the sling was held by two thongs, one shorter than the other. When the missile was poised in the centre of the sling, the slinger whirled it round with great force and it flew out like a leaden bullet. Many of the soldiers were wounded by these and by missiles of all kinds, and they were becoming so exhausted that they were hardly capable of holding their weapons. [2]

The exact construction of the kestrosphendone remains somewhat mysterious. However, experimental reconstructions based on the available information have resulted in quite spectacular results. [citation needed] Nonetheless, the kestrosphendone did not stand the test of time and seems to have been abandoned quite quickly. The fundamental purpose of this weapon seems to have been to develop a sling shot with the penetrative power of a point. If so, then a lighter version of this weapon, the plumbata, persisted into late antiquity. In this weapon, the wooden shaft gave nearly the same mechanical advantage as a sling. In effect, each sling bolt came with a one-time sling.

FROM THE THROWN WEAPONS MARSHALL

Another way of obtaining a one time sling was to fix a string to a slingstone made of lead. There is evidence for this variation at the Battle of Fucine Lake in 89 BC.

https://en.m.wikipedia.org/wiki/Kestros_(weapon)

"Polybius • Histories — Book 27". Penelope.uchicago<mark>.edu.</mark>

"Titus Livius (Livy), The History of Rome, 42.65". www.perseus.tufts.edu

Activities

Middle Eastern Drumming

February 13, 2024 7:00 PM – 8:30 PM Class/practice is held in Blanchard. All experience levels are welcome! Please contact Baroness Dominique for address and additional details: thunderdomi.asegmail.com

Middle Eastern Dance Class

February 6, 2024 7:00 PM - 8:30 PM. 2275 E. Sooner Rd. Blanchard, OK Middle Eastern Dance class/Practice is held in Blanchard. All experience levels are welcome!

Please contact Baroness Dominique for additional details: thunderdomi.as@gmail.com

Youth Rapier Practice

Wednesdays, 6:00 PM - 7:00 PM Southern Oaks Recreation Center, 6818 S Walker Ave, Oklahoma City, OK 73109, USA Steel weapons combat is an SCA form of combat used toward the end of the Middle Ages. Loaner gear is available and youth ages 6-17 may attend. Possible changes and cancellations may happen due to severe weather. Updates are announced on the Baronial mailing list.

Rapier (Fencing) Practice Wednesdays, 7:00 PM - 9:00 PM Southern Oaks Recreation Center, 6818 S Walker Ave, Oklahoma City, OK 73109, USA Joint, indoor practice with the Barony of Wiesenfeuer. Steel weapons combat is an SCA form of combat used toward the end of the Middle Ages. Loaner gear is available.









Activities

Possible changes and cancellations may happen due to severe weather. Updates are announced on the Baronial mailing list (http://lists.ansteorra.org/listinfo.cgi/na mron-ansteorra.org). Combat scenarios range from 1:1 tourney style up to 600 vs 600 war melees! Check out the event ad and/or website to see what type of fighting scenarios are being done at the event so you are ready. (Typically is 1:1 tourney style unless it is a war or melee event) For more information, contact the Baronial Rapier officer, whose information can be found on the officers page

Armored (Rattan) Combat Practice
Updates are announced on the Baronial
mailing list

(http://lists.ansteorra.org/listinfo.cgi/na mron-ansteorra.org). For more information, contact the Baronial Knight's Marshal (Armored Combat) officer, whose information can be found on the officers page

(https://ansteorra.org/namron/officers/) Armored (Rattan) Combat practice is held indoors every Wednesday, combined with the Barony of Wiesenfeuer.

Updates are announced on the Baronial mailing list

(http://lists.ansteorra.org/listinfo.cgi/na mron-ansteorra.org). For more information, contact the Baronial Knight's Marshal (Armored Combat) officer, whose information can be found on the officers page

(https://ansteorra.org/namron/officers/).

Activities

Monthly Populace Meeting

February 1, 2024 7:00 PM - 8:30 PM The Depot, 200 S Jones Ave, Norman, OK 73069.

Come join us to find out what exciting things are coming for the Barony of Namron!

<u>Target Archery & Thrown Weapons Practice</u>

February 11, 10:00 AM – 12:00 PM 4200 E Franklin Rd, Norman, OK 73026, USA

Target Archery and Thrown Weapons Practice is BACK!

We have loaner equipment available, and trained Marshals to teach you if you're new! Please wear closed toe shoes, and tie back long hair. Youth ages 6+ are welcome to participate with a parent or guardian present.

Please check the Barony of Namron Facebook Group for updates in the event of inclement weather



Activities

Arts and Science Class

January 22, 28. 6:00 PM – 8:30 PM 103 W Acres St, Norman, OK 73069, USA, Lowery Room in the Central Library

Open A&S will be held weekly on Mondays (except for holidays and immediately before and after any holidays) alongside any planned classes. Expect 1 class per month and 1 scribal night per month within these Mondays. Specific schedule pending. There will always be room for open A&S work alongside any planned classes and scribal nights. Come by and check it out. Find more up to date information on the class for this month on the Facebook page.

Calligraphy and Illumination

January 23, and 30. 6:45 PM - 8:15 PM

Firestorm Ink (https://www.facebook.com/groups/116467718388381) is a Scribal Guild made up of members from both the Barony of Namron and the Barony of Wiesenfeuer who focus on creating the best quality of workmanship when it comes to Baronial, Principality and Kingdom wide scrolls and charters. Members participate in various levels of painting, design, white-working, and creating originals that are awarded to deserving participants within the SCA. All works are historically based and researched to assure their accuracy in not only the style, but the colors utilized to create such a beautiful document.

Meetings are held virtually except the first Tuesday of the month. Firestorm Ink meets on the first Tuesday of the month at Natural Grocers: 2120 SW 89th St, Oklahoma City, OK 73159 from 6:45 to 8:15pm

Monthly Business Meeting

February 15, 2023 7:00 PM - 8:00 PM Virtual. The Barony of Namron Business Meeting will be held via Google Meet. Please check Facebook or the email list for details.

All members of the populace are welcome.

Kingdom Events

NORTHKEEP WINTERKINGDOM

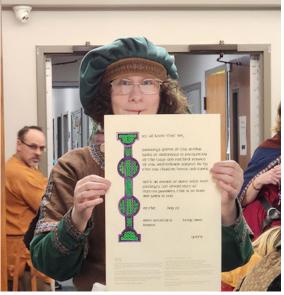
A full day of classes and lectures that are friendly for all ages!

No matter your age or experience, there is always more to learn!

The Northkeep Winterkingdom event is traditionally held the last weekend of January. This event is a Collegium event allowing our kingdom and others to join together, gathering many types of teachers and students alike. This year, it will be on January 27th: winterkingdom – When in Rome!

400 W. New Orleans, Broken Arrow, OK 74011









BIDS AND REGISTRATIONS

Throne Bids: The Barony of Namron is accepting bids for a matching pair of Baronial thrones. The thrones should pack flat for transport, be unique in design, and have some sort of visual representation of Namron.

Please send your bids, with design proposal and cost estimate, to the following:

treasurer@namron.ansteorra.org seneschal@namron.ansteorra.org baron@namron.ansteorra.org baroness@namron.ansteorra.org

Thank you!







BARONIAL SERVICE OPPORTUNITIES



Social Media Officer

Youth Armored Combat Marshal





Diversity, Equity, and Inclusion Officer

Youth Rapier Marshal





Treasurer

Siege Weapons Marshal





Silent Heraldry Coordinator **Equestrian Marshal**



The above officer positions are available. If you would like to take the lead in promoting these activities in our Barony, please complete the application at:

https://ansteorra.org/seneschal/apply-for-an-office/

BARONIAL WISH LIST



Simple drawstring bags for storing rolled banners, black or gold (2) 10"x54"; (3) 10"x24"; (1) 8"x45" when laid flat

Painted PVC tubes for banner transport

Namron belt sashes

Feast gear for newcomers (dinner plates, bowls, utensils, mugs/goblets; break-resistant materials are welcomed for our younger members)

Table runners to hang from back to front at Their Excellencies' place settings; gold with baronial arms on the front section preferred (Don't sew, but would like to help with this? Donations of durable and washable fabric would be a great boon!)

Hard-shell knee and elbow pads for Youth Armored Combat

Four embroidered napkins for baronial feast gear

Largesse (matching sets of 12 are especially useful, but all largesse is wonderful)

Embroidered Memorial Banner Project

We have a list of names. Next, we need someone/s to research devices. This is a daunting task, so multiple participants would be ideal. Once that is completed (as much as it's possible), we will be in need of artisans to embroider the devices.

OFFICER DIRECTORY



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Hersirkona of Namron H.E. Kolfinna Egilsdóttir Kara Hoyle 405-561-1153

baroness@namron.ansteorra.org

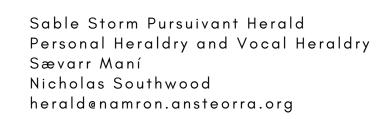
Canva





Treasuer
Oversees and documents local branch finances.
Sibeal Inghean ni Suilleabhain
Kathy Shatley
treasurer@namron.ansteorra.org

Quartermaster
Oversees Baronial inventory.
Seren of Namron
Stephanie Ilaoa
quartermaster@namron.ansteorra.org





Knight's Marshal
Oversees practices and safety for combatants using sword and shield.
Centurion Flynn Alreksson
marshall@namron.ansteorra.org



Rapier Marshal Oversees practices and safety for rapier combatants. Thaddeus Starr rapier@namron.ansteorra.org













Target Archery Marshal Oversees practices and safety for target archers. Aillenn Bean Ui Maille archery@namron.ansteorra.org

Thrown Weapons Marshal
Oversees practices and safety for thrown weapons:
knife, axe, and spear.
Lord Deinis O'Maille
thrown-weapons@namron.ansteorra.org

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medieval arts and sciences.
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Minister of Children
Educational Programming for Youth, Ages 6–17. Background
Check Required.
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