

THE BARONY OF WIESENFEUER'S OFFICIAL NEWSLETTER

THE FLAMEBEARER

ANNO SOCIETATIS LVIII
JUNE 2023

A History of the Atlatl!

pg 33

**The
Baronial
Investiture!**

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RECIPES PG 31 & 32

BULLETIN BOARD PG 34

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Welcome!



You might have heard of us from a friend, found one of our videos on TikTok, stumbled upon us on Facebook, seen us at the local library, the Norman Medieval Fair, or any number of local demonstrations. Regardless of how you've found us, we're glad you are here!

The Barony of Wiesenfeuer is part of an international organization called the Society for Creative Anachronism (SCA). Our organization is dedicated to being an inclusive community pursuing the research and re-creation of pre-seventeenth century skills, arts, combat and culture from all over the world. The lives of participants are enriched as we gain knowledge of history through activities, demonstrations, and events.

The "arts and skills" of the pre-seventeenth centuries are far reaching in scope and depth. Arts include everything from making soap or butter, to making instruments, woodworking, illumination and much, much more. Anything that was made or done in this time frame is fair game. Skills include fighting, fencing, archery, thrown weapons, and all manner of games and talents played and practiced in over six hundred years of history.

The SCA is a hands-on participation-based way to learn about history. Hit your (armored) friends with rattan sticks, fence like a musketeer or pirate, or learn to shoot a bow like Robin Hood. Try any number of arts and crafts from people that have developed skills and techniques for making and doing things the way they were done centuries ago. Beyond the competitions and projects, the royalty and ceremonies, the SCA is all about having fun. The SCA is a great place to meet people with similar interests, make new friends, and be involved. So come out to an event, go to a meeting, or visit our website to learn more at <https://ansteorra.org/wiesenfeuer/>. Want to talk to someone? Email our hospitaler at hospitaler@wiesenfeuer.ansteorra.org

Welcome to Wiesenfeuer!

"Only Honor Can Withstand the Flame"

A Word from The Baronesses



reetings to our amazing Barony!

This is the last time we will have the honor of writing this missive. We are so happy and excited to welcome Issac and Eadwyn as the new Baron and Baroness. I could only wish that words could encompass the joy, pride, love, and wonder that we have felt during our time as your Baronesses.

Even though we are stepping down, we are not going anywhere. We will still be here and supporting the Barony and each one of you. Please know you can always reach out to us if you need us.

I am pretty sure we don't have to say this, but we will, lol. We encourage you to support your new Baron and Baroness with the same love, respect and generosity you supported us with.

Vivat Wiesefeuer, and continued growth, strength and success!

HE Muirenn Chernaig
Baroness of Wiesenfeuer
Kingdom of Ansteorra
She/Her
405-519-6763

HE Beatrix Alfray
Baroness of Wiesenfeuer
Kingdom of Ansteorra
405-659-2854



Officer Reports

SENESCHAL

Greetings to all of Wiesenfeuer,

I will be officially stepping out as Seneschal for Wiesenfeuer at June's Populace, June 5th, and the new Seneschal will be stepping up. It has been a great honor to serve you as seneschal this last year. I am looking forward to this new chapter in our Barony.

Myrgenfeld's Childrens Collegium event is on June 2-4, 2023. It is coming up quickly, and should be a lot of fun. There will be classes of all kinds, a youth run court, potluck dinner and we will finish the day with star gazing and games. I look forward to seeing everyone out there.

Keep an eye on Facebook and Discord for classes, workdays and get-togethers. There is always something going on in our barony.

If you ever have any questions or concerns about anything, please reach out to me. I am on Facebook, Discord and my phone is published in this newsletter. I am always a listening ear and I want to make sure that people are heard and feel comfortable in this group.

In Service,

Lady Cadwyn seo Gathyrde

Ginger Sorrels

Wiesenfeuer Seneschal (President)



CHRONICLER

Greetings everyone!

My name is Gwenyvere Rose Foxe and I'm Wiesenfeuer's Chronicler. I generate the monthly newsletter and try to incorporate as much information as possible to help newcomers and the community.

Some new things are coming to the newsletter in future months that are in the works now, so be sure to keep an eye out!

Please send submissions to the newsletter via the chronicler email. I accept a wide variety of submissions, from art to photos, A&S projects, to recipes and song lyrics. I also accept articles and informationals as well as achievements. There's also a bulletin board so if you would like to advertise a skill or something else, please send me an ad to showcase! (but please let me know if you need anything changed or removed.) If you have any questions, please email me.

I try to publish newsletters on the 1st of each month. So please make sure submissions are in before the 28th of each month (or the 25th for February) otherwise it will be used in the following month's newsletter.

Also, I'm looking for a deputy to help me track down photos of events as well as event descriptions and signed releases. If you are interested, please send me an email.

Thanks everyone!

Yours in Service,

Lady Gwenyvere Rose Foxe
Chronicler of Wiesenfeuer
Chronicler@wiesenfeuer.ansteorra.org



HERALD (CANDELAIO)

Greetings!

I am very excited to announce that Wiesnefeuer will be hosting a Local Herald's Professional Development Retreat, here in Oklahoma City, on July 29th of this year.

This will be a one-day, no-garb event where you can come in and concentrate on learning as much as you possibly can about the role of being a local herald. There are going to be classes on voice heraldry, names heraldry, arms heraldry, if you are even slightly interested in learning about any aspect of heraldry, this is the place to come and find out what it's all about! The cost is \$20 registration free, you can pay online, or at the door, \$5 discount for SCA members. Lunch is included, details to follow. The event is listed on the kingdom Calendar at ansteorra.org/events, including a link to the website.

On June 17th, the Vindheim coronet Tournament will take place. This is specifically important for our barony as this will also see the stepping down of our current landed nobles, and the investiture of their successors. For a lot of the members of the Barony, this will be your first chance to see this type of ceremony and I encourage you to come and take advantage of the opportunity to see this not-common part of the SCA in action.

As always, if you have any question, please make sure to reach out to me on the Baronial Discord channel, or in our Facebook group if you have any questions, or want to talk about.

In Service,

HV Ivo Blackawk
Candelaio Herald



MINISTER OF ARTS & SCIENCES

Greetings,

Everything is arts and sciences, and we always have a great time chatting and working on projects. We will be having weekly Virtual Open A&S in June, please join us. It is a great time to chat and work on a project, everyone is always welcome.

Also coming up in June we will be having a candle making class at the Squirrel's Nest (Ian and Torianna's) from 1 to 3. If you have any classes that you would like to see, let us know, and we will work on getting them scheduled. You are also welcome to create your own events if you don't want to wait.

Always keep an eye on the Wiesenfeuer and the Wiesenfeuer Arts & Sciences Facebook pages for more details and announcements.

In Service,

Lady Mariella Magdalena di Guilio

Minister of Arts and Sciences, Barony of Wiesenfeuer

&

Lord Cat Cat Cathart

Deputy A&S Minister, Barony of Wiesenfeuer



HOSPITALER

Greetings all. Welcome to our new members.

If you need any assistance finding your way through any part of this game, please let me know. That is what the Hospitaler's office is for and I'm more than happy to help.

Lady Etienett de Bitche

Hospitaler, Barony of Wiesenfeuer

Principality of Vindheim

Kingdom of Ansteorra



WEB MINISTER

Greetings!

If you have anything you need updated on the baronial website, or have things you would like to see included, please contact me and let me know!

All requests must come in an email to the Webminister's account before the changes will be made to the website.

With Joy in Service,

Baintighearna Lillias MacGuffin

Webminister of Wiesenfeuer



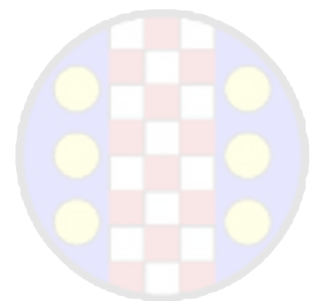
TREASURER

Greetings Wiesenfeuer!

Baronial reports are now caught up to the current month, we hope to have a full report available soon. I want to thank you for your patience and support as I take over the office and the deputies and I get our bearing.

Yours in Service,

Lady Rosalie Clare d'Avignon
Treasurer



SOCIAL MEDIA OFFICER

Greetings!

My name is Lady Torianna Thornhill and I am the social media officer for Wiesenfueur! What does the social media office do? They make sure that the barony has a place to communicate, like Facebook or Discord, and has cool content for platforms like Instagram or TikTok. If you have any ideas or questions relating to social media, I'm your person!

I am always happy to feature pictures and videos taken by members of the populace. If you go to a practice, class or event and get some videos or pictures you'd like to share, please let me know! I like taking pictures and videos, but I LOVE featuring the work of our amazing populace.

I will be trying to do some fun video shoots during upcoming events. If you have any ideas you'd like to share, please contact me via email or other social media platforms! As always, if you have questions, I'll be happy to help!

In Service,

Lady Torianna Thornhill
Social Media Officer



THROWN WEAPONS MARSHAL

Greetings All,

It has been great to serve the Barony as your Thrown weapons marshal these past years. The office of the Thrown weapons marshal is open for applications. If you are interested in the office and curious as to the responsibilities, please feel free to contact me. I can also work with individuals on getting them authorized for being a thrown weapons marshal.

Thrown weapons practice will continue to be held while the office is open. Practice is from 5 PM to 7 PM on Sundays at 5102 Woodhollow Rd. If there is a cancellation of practice it will be posted to the Barony's Facebook page and discord server. There is no restroom on site, but there is Braums within about five minutes of our location. Please wear footwear for uneven ground and potentially tall grass. We do have loaner gear available.

In Service,

Master Isaac Bane
Outgoing Thrown Weapons Marshal



ARCHERY MARSHAL

Greetings Good Gentles of Wiesenfeuer,

Our archery program and community is alive and well. In fact, we have the strongest in the Kingdom. As of the 1st of May we transitioned to our summer hours, 5-7pm while still holding practice at the same location, 5102 Wood Hollow Rd in Oklahoma City.

Signore Matteo Balestriari de Genua
Wiesenfeuer Archery Marshal



RAPIER MARSHAL

Greetings Wonderful Barony!

Adult Rapier combined practice with Namron is Wednesday evenings at 7:00 pm to 9:00 pm at the Southern Oaks Recreation Center located at 6818 S Walker Ave, Oklahoma City, OK 73109, (405) 297-1449.

Please note: There is a \$2.00 cost at time of sign in for all those attending.

Loaner gear is available, but fighters are required to wear full-length clothes (shirts, pants, or equivalent). Male groin protection is also required for male practitioners.

I will post to the Barony of Wiesenfeuer Facebook page if there is a change in practice. This is an Indoor practice location.

Useful site for rapier questions: <https://ansteorra.org/martial-rapier/>

Yours in Service,

Lady Aoife inghean UíRairc
Rapier Marshal
rapier@wiesenfeuer.ansteorra.org



Officer Openings

One of the best ways to participate in the SCA and help the Barony is to be, or assist, a barony officer. This gives anyone the chance to learn more about the SCA and meet new people. Below are the most recent list of openings. If you would like to apply, please apply online at Ansteorra.org/wiesenseuer/our-officers or see the Wiesenfeuer Seneschal. *Officers must have and maintain current membership for the entirety of their held position.*

SUMMARY OF BARONY OFFICER OPENINGS:

Minister of Children

Organize and run the barony's children's activities.

Thrown Weapons Marshal

Organize and run the barony's thrown weapons practices and activities.

Youth Chivalric Marshal

Organize and run the barony's youth heavy combat practices and activities.

Youth Rapier Marshal

Organize and run the barony's youth swordfighting practices and activities.

Equestrian Marshal

Organize and run the barony's horseback practices and activities.

Seige Marshal

Organize and run the barony's seige practices and activities

The office of the **Minister of Children (MOC)** is still open for applications. If you love working with the next generation of the SCA and showing them all the cool things they can do from Arts and Science to Water bearing, consider putting in an application for this office.

Requirements of being an MOC:

Attend Officer and Populace meetings

Check email regularly

Overseeing the planning of children's activities at events

Overseeing children's activities at demos

Writing and filing reports of activities and demos

Background check through the SCA (you can apply for this at the time of application)

Monthly submissions to the Chronicler for the newsletter

Here is a link to apply for open officer positions. <https://ansteorra.org/seneschal/apply-for-an-office/>

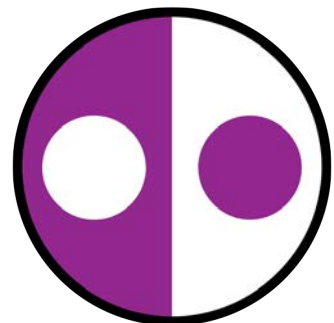
Send the applications to:

baron@wiesenfeuer.ansteorra.org

baroness@wiesenfeuer.ansteorra.org

seneschal@wiesenfeuer.ansteorra.org

northern-moc@seneschal.ansteorra.org



The office of the **Thrown Weapons Marshal** is now open. If you need to become an authorized thrown weapons marshal, Isaac Bane can get you authorized.

Requirements:

Quarterly reports

Monthly submissions to the Chronicler for the newsletter

Attend Officers and Populace meetings

Hold practices on a regular basis

Ensure the safety of the range

Maintain the targets and loaner gear

Get authorized as a Thrown weapons marshall

Here is a link to apply for open officer positions. <https://ansteorra.org/seneschal/apply-for-an-office/>

Send the applications to:

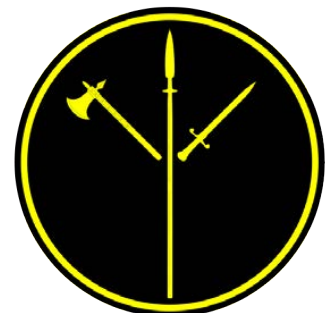
baron@wiesenfeuer.ansteorra.org

baroness@wiesenfeuer.ansteorra.org

seneschal@wiesenfeuer.ansteorra.org

vindheim@marshal.ansteorra.org

thrown@marshal.ansteorra.org



Deputy Openings

BARONY DEPUTY OPENINGS:

Deputy positions only need apply through the corresponding Baronial Officer.

Deputy Chronicler

Help the Chronicler build and write the monthly newsletter by gathering photos of events/classes and making sure all necessary releases are signed.

Deputy Archery Marshal

Help the Archery Marshal with set-up and marshaling of the archery range at practices and events, helping with equipment inspections, teaching archery to beginners, and equipment maintenance.



Our Canton of Myrgenfeld

THE CANTON OF MYRGENFELD



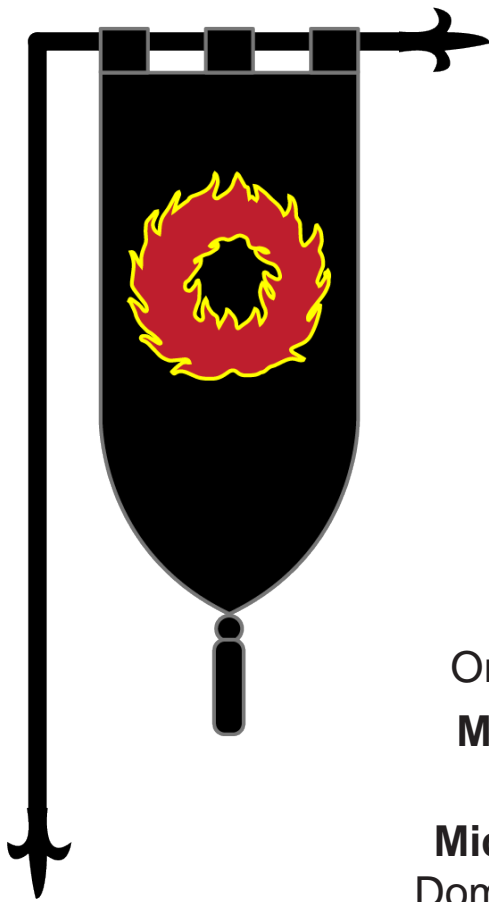
“Lift High the Cup of Friendship”

Canton.myrgenfeld.ansteorra.org

Contact Seneschal for meeting information
at: seneschal@myrgenfeld.ansteorra.org

Myrgenfeld
Monthly Populace Meeting
The First Thursday Each Month, 7pm
Location will be announced on Facebook and Discord

Our Baronial Champions!



Chivalric:
Michael na Tuiaghe

Rapier:
Saevarr Mani

Archery:
Isaac Bane

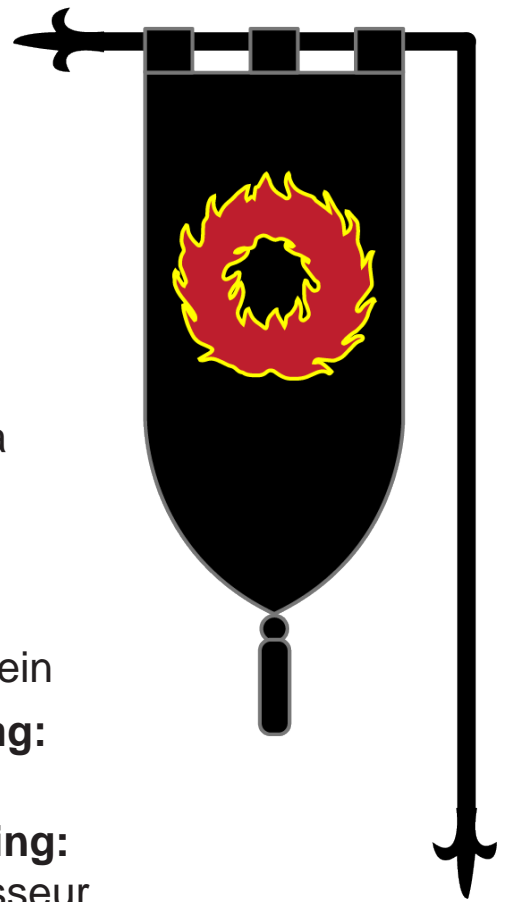
Arts & Sciences:
Margherita de Mantua

Bardic:
Lyra O'Ruairc

Thrown Weapons:
Orakar Luthar von Holstein

Middle Eastern Dancing:
Arabella

Middle Eastern Drumming:
Dominique Michelle le Vasseur



YOUTH CHAMPIONS!



Chivalric:
Victor of Northkeep

Rapier:
Patrick Isaacson



Wiesenfeuer Guilds



FIRESTORM INK SCRIBAL GUILD

Firestorm Ink is the scribal guild for the baronies of Namron and Wiesenfeuer. We are a group of people, in the Norman and Oklahoma City Metro area, that meet weekly to learn and practice the various skills that went into making medieval manuscripts, such as calligraphy, painting, gilding, making paints from pigments, and book binding.

Most of the art we produce is used to recognize the achievements of our fellow members across Ansteorra (Texas and Oklahoma). We create both completely original pieces and also have preprinted sheets ready to be painted. Supplies are generally available to help people get started.

We meet in person the first Tuesday of each month at the Natural Grocers at SW 89th and Penn in Oklahoma City. The other Tuesdays we meet virtually via google meet. Everyone is welcome to attend our meetings, you don't have to be interested in our activities to hang out. The link to the google meet meeting is posted 30 to 60 minutes before the start of the meeting on Facebook and Discord. If you would like a link to the meeting sent to you please contact Isaac Bane at isaacbane (at) gmail.com. Please put "Firestorm Ink Meeting Link request" in the Subject line of the email.



MYRG./WIES. HERBAL GUILD

The Myrgenfeld / Wiesenfeuer Herbal Guild meets to discuss herbalism in the Middle Ages and modern adaptations.

Each month has a different topic focusing on one of the many different herbs or one of the many different ways herbalism can be used.

We meet on the third Thursday of each month at 6:45 pm, generally at the Natural Grocers in Edmond on boulevard.



FIRESTORM HONEY GUILD

The Firestorm Honey Guild is not only for beekeepers but also anyone else whose work is related to beekeeping, including woodworkers, chandlers (candle makers), cooks and brewers, gardeners, and anyone else who is interested in bees, beeswax, or honey. We are transitioning to quarterly meetings. We have a Facebook group and a website as well. www.firestormhoneyguild.org

We are also looking for a new Guild Administrator, for anyone who is interested.

Wiesenseuer Guilds

CONTINUED...



WIESENFEUER BREWER'S GUILD

The Wiesenseuer Brewer's Guild is, as the name indicates, a collection of individuals who enjoy home brewing and partaking in said homebrew. Although we don't have a specific type that we focus on, I do intend to start looking into doing more SCA Period styles/beverages over time.

As of now, I am NOT planning a Guild Meeting for June as I am in the process of buying a house and moving. However, should someone else be willing to host, I'm willing to put a meeting/brew day together.

Signore Matteo Balestriari de Genua
Guild Brewmaster



WIESENFEUER FIBER GUILD

Are you interested in all things fiber? Anything from where silk comes from and raising silk moths, spinning your own yarn, weaving of any sort, sewing and so much more. Have you ever wondered where linen comes from or how to dye your own cloth? This group is here to explore all things fiber, come join us as we explore, if there is something that you are interested in, please make a suggestion. Our group can be found on Facebook.



WOODWORKER'S GUILD

The Woodworkers' Guild is where people interested in learning more about the pre-renaissance traditions of woodworking come to learn and build things. Meetings are open to anyone, and free of charge. All tools are provided by the host unless talked about ahead of time. We typically don't wear garb, but definitely come ready to possibly work up a sweat and get saw dust on you.

For meeting times and locations, reach out to us on the Baronial Facebook group "The Woodworker's Guild of Wiesenseuer", or contact the GuildHead, Ivo Blackhawk on discord (Pikeman#7247), Facebook (Cisco Cividanes), or email (engtrktwo@gmail.com).



FIRESTORM PASSION GUILD

This is a guild of Middle Eastern musicians and dancers from the Baronies of Wiesenseuer and Namron. People from outside of those baronies are welcome to join. This guild meets twice a month on the first and second Tuesdays of the month. Week 1 is a dance class and week 2 is music class. We invite any and all to join and learn with us!

Meetings & Practices

MEETINGS:

Wiesenfeuer Populace Meeting
The populace meeting is In-Person on the first non-holiday Monday of each month.
Social 6:30 PM | Starts 7 PM
Will be announced on Facebook & Discord

Wiesenfeuer Virtual **Officer** Meeting
This is the monthly officers meeting is held virtually to discuss business on the last Monday of each month. Any & all welcome.
Starts 7-8 PM
Please mute your mic when not talking

Virtual Arts & Sciences
Weekly meeting to discuss and work on various things related to recreating historical items and techniques.
Thursdays 7 PM- Midnight
Link will become available on Facebook and Discord

Firestorm Ink Scribal Guild
The virtual weekly guild meeting of the Scribal Guild for Wiesenfeuer and Namron.
Virtual Tuesdays 7 PM
1st Tuesday In-Person 7 PM
Natural Grocer's on SW 89th & Penn

Herbal Guild Meeting
The monthly guild meeting for the herbal guild held on the 3rd Thursday of each month.
Natural Grocers in Edmond
3325 S Boulevard, Edmond OK

Wiesenfeuer Brewer's Guild
Make tasty adult drinks!
Check Facebook Group for more info

Firestorm Passion Guild
The guild meetings of the middle eastern dance, drumming, and musical instruments guild for Wiesenfeuer and Namron.
1st Tuesday- Middle Eastern Dance
2nd Tuesday- Drumming & Instruments
Locations vary so check the guild group on Facebook for new events and information!

Firestorm Honey Guild Meeting
The monthly guild meeting for the honey guild.
Check Facebook group for location

PRACTICES:

Rapier
Wednesdays 7-8:45 PM
Youth Practice starts at 6 PM
Southern Oaks Recreation
6818 S Walker Ave, Oklahoma City, OK
73109.

There is a \$2.00 cost at time of sign in for all those attending. Wear long sleeves, long pants, and closed toed shoes.

Archery & Thrown Weapons
Sundays 2-5 PM (Winter)
Sundays 5-7 PM (Summer)
5102 Woodhollow Rd, OKC
Wear closed toed shoes. Loaner gear and equipment is available upon request.

Chivalric
Wednesday Evenings 6:30-9:00PM
Location will be announced on Facebook and Discord.
Wear long pants, long sleeves, and closed toed shoes.

Advanced Fighter Practice
First Sunday every month 10am-2pm
Surrey Hills Lions Club Park
Wear long pants, long sleeves, and closed toed shoes.

Upcoming Classes & Events

JUNE:

Sunfest Demo by Canton of Chemin Noir
Thursday June 1 - Sunday June 4
Sooner Park, Bartlesville, OK


Myrgenfeld Children's Collegium
Friday June 2 - June 4
Cottonwood Flats, Guthrie, OK
Join us for a celebration of children of all ages!

Vindheim Attends Lilies War
Friday June 9 - Sunday June 18
Kelsey Short Youth Camp, Smithville, MO

Candle Making Class
Friday June 10, 1pm - 3pm
Ian & Torianna's House

Ansteorra Summer Crown Tournament
Saturday June 10
Sid Richardson Scout Ranch, Bridgefort, TX
Join us to see who will become the next
King and Queen of Ansteorra!

Vindheim Summer Coronet Tournament
Saturday June 17
Payne County Expo Center, Stillwater, OK
Join us to see who will become the next
Prince and Princess of Vindheim!



Wiesenfeuer's Baronial Investiture
Saturday June 17

**At the Vindheim Summer Coronet Tournament
DURING MORNING COURT**

Payne County Expo Center, Stillwater, OK

Join us to witness the elevation of
Master Isaac and Lady Eadwyn to Baron and Baroness of Wiesenfeuer!

Two Artisans, Two Bards
Saturday June 24

Abilene State Park, Tuscola, TX

Join us as the Champions are selected for the
Baronies of Bonwicke and Eldern Hills!

JULY:

King's College
Saturday July 8

Quail Springs United Methodist Church, OKC
Join us and learn all the things!

Ansteorra Summer Round Table
Saturday July 15
TBA

Join us to learn all the things!

Pensic 50!

Friday July 28 - Sunday August 13
Cooper's Lake Campground, Slippery Rock, PA

The 2023 Local Herald's
Professional Development Retreat
Saturday July 29

Quail Springs United Methodist Church, OKC
A boot camp for heralds! Learn what it means to be a herald!

What's Been Happening?

ALDRSRUHE'S PASSA DE ARMS: DEATH OF THE WINTER DRAGON!



HE Aldric de Kerr and Her Serene Highness,
Princess Caterina of Vindheim.
Photo by Eadwyn seo Gathyrde.

It's been seven long years since The Shire of Aldersruhe's held an event, but thankfully this year they did and Wiesenfeuer turned out en masse!

Aldersruhe held many championships and our own, HE Aldric de Kerr, won the chivalric championship to become Aldersruhe's new Champion! Master Isaac also held a marshaling class for thrown weapons and Her Highness,

Princess

Caterina, handed out squishies to the children, who were very delighted.

It was a wonderful event and all of us in Wiesenfeuer cannot wait for next year. Thank you so much, Aldersruhe!



Master Isaac's Thrown Weapons authorization class.
Photo by Séigíne Brecc.

THE FIRST ADVANCED FIGHTER PRACTICE!

Last month, our Deputy Knight Marshal of Wiesenfeuer took the initiative and arranged for a monthly advanced fighter practice to help experienced fighters prepare for competitive tournaments, wars, and melees. The first practice meeting was a success!

Practices are held on the first Sunday of each month from 10am to 2pm at Surrey Hills Lion Club Park.



Photo by Gunnarr Bjornulfsson

NORTHKEEP'S CASTELLAN!

Northkeep's Castellan was held at the end of May at the Will Rogers Scout Campground near Cleveland, OK. There were many activities enjoyed by everyone who attended. From chivalric and rapier fighting to archery, thrown weapons, and A&S. There was also an array of children's activities enjoyed by the little ones.



Photo by HG Duchess Margherita de Mantua.

Once court approached, Wiesenfeuer had few of our own recognized for their achievements! Lady Isabeau Wynter recieved the Sable Talon for Archery and also won the Wine Archery Shoot, Lady Eadwyn seo Gathyrde was the winner of the Lembas Bread Contest (see page 31 for her *lembas recipe*), and Master Isaac Bane recieved a token of favor from HG Duchess Margherita de Mantua of the Order of the Rose for inspiring her with his archery.

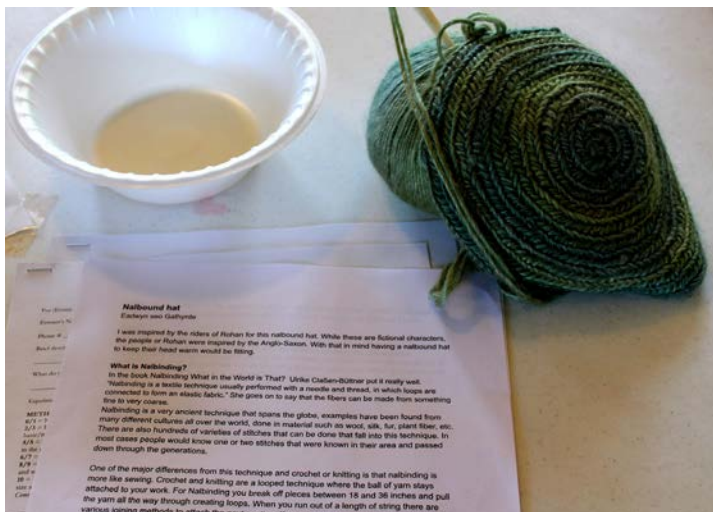


Isabeau Wynter at the Archery Tournament. Photo by HG Duchess Margherita de Mantua.

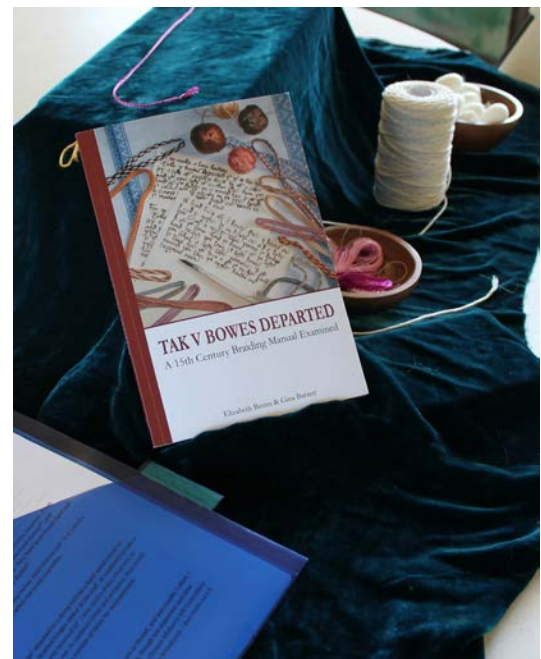
Much fun was had by all and there was seldom a face not curved into a smile! Thank you Northkeep for such a wonderful event, we can't wait to attend next year!



Art by Gwenyvere Rose Foxe



A&S Entry by Eadwyn seo Gathyrde on Nalbinding.
Photo by Zubdeyah Al-Badawiyah



A&S Entry by Gwenyvere Rose Foxe on Fingerloop Braiding. Photo by Zubdeyah Al-Badawiyah

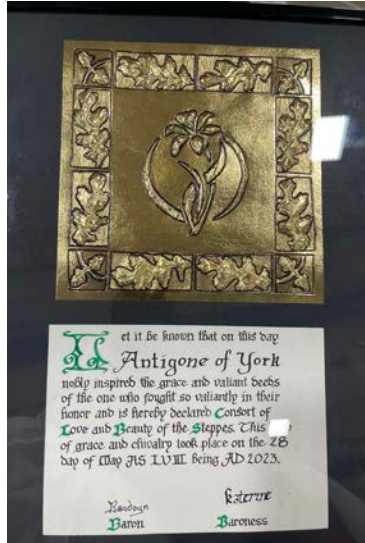
STEPPES WARLORD!

The Barony of Steppes held their Warlord event during the last weekend in May. It was very eventful! There were championships for archery, thrown weapons, rapier, chiv, and bardic plus on-site embroidery competitions and a food joust! There was also many vendors, arts and sciences classes, herbal guild interactive displays, childrens activities, and a snowcone fundraiser that you



Rosalie's embroidery entry

could use with your site token (a ceramic cup). Their Serene Highnesses were also in attendance and Prince Micauley even took a blow from a water balloon!



A&S Entry

Wiesenfeuer did quite well in the embroidery competitions. They split the contest into two, beginners and advanced. Our own Lady Rosalie Clare d'Avignon placed second in the advanced competition! Lord Aindriu O'Hay placed third and Lady Candilynn placed second in the beginners contest.



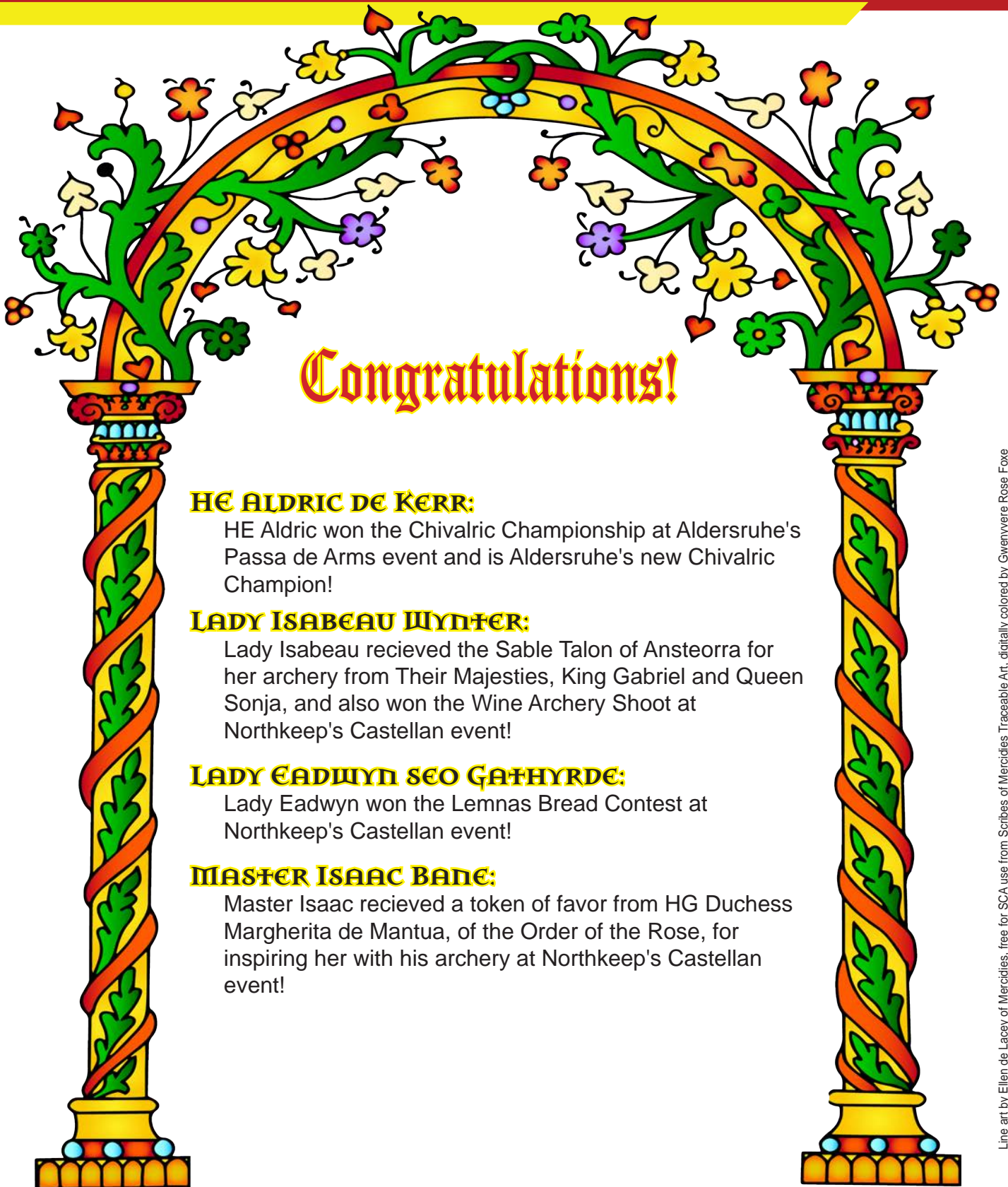
Candilynn's embroidery entry

The food joust was splendid, with Team Wiesenfeuer, named the Lillies & Griffins, taking second place! The Lillies & Griffins, comprised of Lady Rosalie, Lord Aindriu, and Lady Candilynn, made spiced pork medallions in a creamy mushroom sauce with sausage and vegetable barley on the side and a cherry and orange pudding! (See pg 32 for the cherry pudding recipe, which is historically authentic!)



Photos by Lady Rosalie Clare d'Avignon and Lady Candilynn.

Populace Celebrations!



Congratulations!

HE ALDRIC DE KERR:

HE Aldric won the Chivalric Championship at Aldersruhe's Passa de Arms event and is Aldersruhe's new Chivalric Champion!

LADY ISABEAU WYNTER:

Lady Isabeau recieved the Sable Talon of Ansteorra for her archery from Their Majesties, King Gabriel and Queen Sonja, and also won the Wine Archery Shoot at Northkeep's Castellan event!

LADY EADWYN SEO GATHYRDE:

Lady Eadwyn won the Lemnas Bread Contest at Northkeep's Castellan event!

MASTER ISAAC BANE:

Master Isaac recieved a token of favor from HG Duchess Margherita de Mantua, of the Order of the Rose, for inspiring her with his archery at Northkeep's Castellan event!

If you have a celebration that wasn't mentioned and would like to have yours listed, please email it to the chronicler so it can be included in the next issue.

Schewen & Tellen (Show & Tell)

Klauss' Korner

BY KLAUSS LUIJSTRA

I Love The Knowne World

Capo 2nd (Half step down): C Am F G

It never gets old, huh?
Nay!
It kinda makes you want to...
Break into song?
Yep!

I love the Kingdom
I love the troll on site
I love big weapons,
I love when arrows fly
I love the Knowne World
And all shenanigans

Boom-de-yah-da, boom-de-yah-da (twice)

I love to make stuff
I love the pointy things
I love to eat feast
I love the kings and queens
I love the Knowne World
And all its craziness

Boom-de-yah-da, boom-de-yah-da (twice)

I love the history
I love medieval garb
I love the mysteries
I love the war in spring
I love the Known World
It's such an awesome place



**MEME
OF THE
MONTH!**



BY FORIANNA THORPHILL



Boom-de-ah-da, boom-de-ah-da (twice)

I love to make scrolls
I love the tournaments
I LOVE SITE HERALDRY
I love composing things
I love the Known World
It's such a brilliant place

Boom-de-ah-da, boom-de-ah-da
(repeating until fade)



Box of Klauss. Photo by Jer Metz



Lembas Sourdough Discard Crackers

Submitted by Eadwyn seo Gathyrde

Ingredients

1 cup spelt flour (or wheat flour)
½ teaspoon salt
1 cup sourdough starter, unfed/discard
¼ cup olive oil
1 teaspoon honey
2 teaspoon of long pepper or dried garlic (if you used dried herbs do 2 Tablespoons)
You can use whatever spices or herbs you like
Oil, for brushing
Coats salt to sprinkle on top

Instructions

Use a spoon to combine flour salt, sourdough starter, oil and spices or herbs. Then you can either work it all together by hand or pulse it in a food processor until it makes a smooth (not sticky), cohesive dough. Wrap the dough and refrigerate for at least 30 min, or a couple hours until the dough is firm. I ended up leaving mine overnight and it was fine. Preheat the oven to 350 F
Pull the dough out of the refrigerator and divide into halves or fourths (whatever is easier to work with)
On a lightly floured surface roll out the dough to about 1/16" thick. Cut the dough using a square cookie cutter and then score lightly with a knife to make an X. They should look like Lembas bread.
Put lembas on a parchment lined or lightly oiled baking sheet.
Brush lembas with oil and sprinkle salt on top.
Bake the lembas for 20 to 25 minutes, until the squares are starting to brown around the edges.
When fully browned, remove the lembas from the oven and transfer them to a cooling rack. Store airtight at room temperature for up to a week; freeze for longer storage.
Repeat the process with the rest of the dough.

I originally got this recipe from Isabeau Wynter. I have tweaked the receipt a bit.

Top Right: Eadwyn seo Gathyrde with the bread cooling rack she recieved for winning the Lembas Bread Contest at Castellán 2023; mid right: Eadwyn's Nalbinding Castellán A&S project; bottom: nalbinded mittens made by Eadwyn. All Photos taken by Eadwyn seo Gathyrde.



Cherry Pudding

Submitted by Rosalie Clare d'Avignon

Photo by Rosalie Clare d'Avignon

Ingredients

Fresh cherries- pits removed
2 cups (combined with juiced cherries) Cherry juice
1/2 T Butter
Unseasoned bread crumbs (enough to thicken)
2 1/2 tap Sugar
1/4 cup Semi-sweet red wine

Instructions

Purée the cherries by finely mashing and strain using cheese cloth. Place in a large pot and add enough cherry juice to make a very wet mixture. Blend in butter and wine. Beat in bread, enough to thicken the cherries to a thick pudding-like consistency. Add sugar to taste. Bring the cherries to a soft boil, then reduce heat and cook for several minutes, stirring often to prevent sticking. Place the pudding in serving dishes, sprinkle sugar on top, then serve.



Art by Gwenivere Rose Foxe



I've been working on appliqueing my own heraldry to a sideless surcoat. The tree's pretty much done, but the two dragons combatant are literally going to take years to get on there by how I've been going.

Guinevere Llywellyn

Photos by Guinevere Llywellyn



A History of Atlatls

by Lady Swengvere Rose Foxe

The atlatl, also called the spear thrower or spear-throwing-lever, has been around since the dawn of civilization and has been found in various parts of the world. Used as far back as 30,000 years ago, Upper Paleolithic peoples used them to throw spears in hunting game or even during ritualistic ceremonies. They were often decorated and even had add-ons to help improve accuracy and momentum.

The name atlatl comes from the Nahuatl language, often used by Aztecs and others in the Central and South Americas. The Mayans called it *hul'che*, Indigenous Alaskans called it *shee áan*, and the Aborigines of Australia called it *woomera* or *miru*, from their native Dharug language. The ancient Greeks and Romans also had their own versions, called *ankule* or *amentum*, theirs was a bit different and used a leather thong or sling. The Swiss Arrow, also called Yorkshire arrow, Dutch arrow, Scotch arrow, or Gypsy arrow, is similar to the *ankule*. Another type of stone-age spear-thrower was the *bâton de commandement*, which was made of antler and less than a foot long with a hole in the center. Found in the 19th century and misinterpreted as authoritative batons, only recently have replicas been tried using a leather cord and found highly effective in throwing darts or spears. The version of this found in China was called the *Bian Jian*, or Whip Arrow, and was a very long staff with a sling at the end attached to a spear-sized dart by a hook and held by a second person. A similar version was the *Huo Yao Jian*, or Gunpowder Arrow, which was a spear dart propelled by chinese rockets with birch bark vanes.

The most common shape was a carved, wooden shaft with a nob at one end to hold a spear-sized arrow dart, though they have found different atlatls made of bone, antler, and even metal. The wielder would hold onto the lever and use it to propel the dart at the target. Atlatls were found to be the most accurate at 20 meters or less, however, some were found to be able to throw darts and spears over a hundred meters. Some archeologists have also found atlatl weights, also called bannerstones, which were used to add weight to the center shaft. Some have speculated that it adds more momentum to the throw by adding resistance but most agree it improves accuracy. The bannerstones were often smooth stones with either a notch or hole in them to allow them to adhere to the center of the atlatl shaft. Many atlatls were also decorated with designs. The Paleolithic peoples favored animal designs featuring mammoths or hyenas. The Aztecs though preferred designs with snakes and feathers.

The atlatl has been most commonly found in Europe, Asia, Australia, and the Americas. In fact, it is believed to have been brought to the Americas during the migration across the Bering Strait Land Bridge and were still very popular when Europeans arrived thousands of years later. Most European findings come from the Magdalenian period, around 17,000 to 12,000 years ago. However, The Lake Mungo Remains found in Australia, show a man from 42,000 years ago with arthritis in his right elbow similar to other remains found with atlatls. Dubbed "atlatl elbow", it is due to the repeated throwing and overusage of the elbow when using atlatls over a lifetime. In the Americas, atlatl artifacts have been found as far north as Alaska and as far south as Chile. Atlatls have even been uncovered in the American states of Washington, Florida, and the American Southwest, used by various basketmaker cultures. In the Central and South Americas, they were commonly used by the Aztec, Inca, Nazca, Wari, Moche, Teotihuacan, Tapuya, and Maya civilizations, some of which made very ornate ceremonial atlatls made of metal or wood plated with metal. In Alaska, a dozen atlatls, and a dart dating to roughly 6800 years ago, were found among the Tlingit culture that were very old and extremely elaborate in carving decorations. Atlatls were also found in New Guinea and among the Aboriginal peoples of Australia.

In the modern era, atlatl's have seen a resurgence in popularity. Many people get together all over the world for competitions or to hunt deer and boar. The current world record for the longest distance for atlatl dart throw was 848.56 feet, set in 1995 by Dave Ingvall.

The atlatl has been found across the world, spanning vast civilizations as well as time itself. It has served as a useful survival tool, a ceremonial artifact, and a past time hobby, all of which provide helpful context to any part of history. Over time, the atlatl proved itself as an effective and valuable tool to last the ages, and will likely last many, many more.

Sources:

<https://greatmingmilitary.blogspot.com/2015/12/bian-jian.html>

<http://www.tasigh.org/ingenium/atlatl.html>

<https://www.thunderbirdatlatl.com/2005/06/17/bannerstones-and-how-they-relate-to-the-atlatl/>

<http://www.visitmungo.com.au/who-was-mungo-man>

<https://en.wikipedia.org/wiki/Spear-thrower>

Wiesenfeuer Bulletin Board

This is a page dedicated to the posting of notices offering or requesting help for various skills or knowledge. If you would like to post a notice, please email your notice to the Wiesenfeuer Chronicler at chronicler@wiesenfeuer.ansteorra.org to have it added to this Bulletin Board page. (Please email to remove.)

I want to offer my skills and knowledge of 3D printing. I have 2 FDM printers and a resin printer that can print your files at an hourly rate. I also repair and tune 3D printers at an hourly rate + parts. If you'd like help with your printer or just have questions let me know.

– Cat Cat Cathart text at 405-924-1313

I need volunteers who are willing to come in garb and be filmed for short videos. If you are interested in helping, even if it's off camera and behind the scenes, please let me know via Facebook, Discord or, email.

-TORIAPPA THORPHILL
WIESENFEUER SOCIAL MEDIA
OFFICER

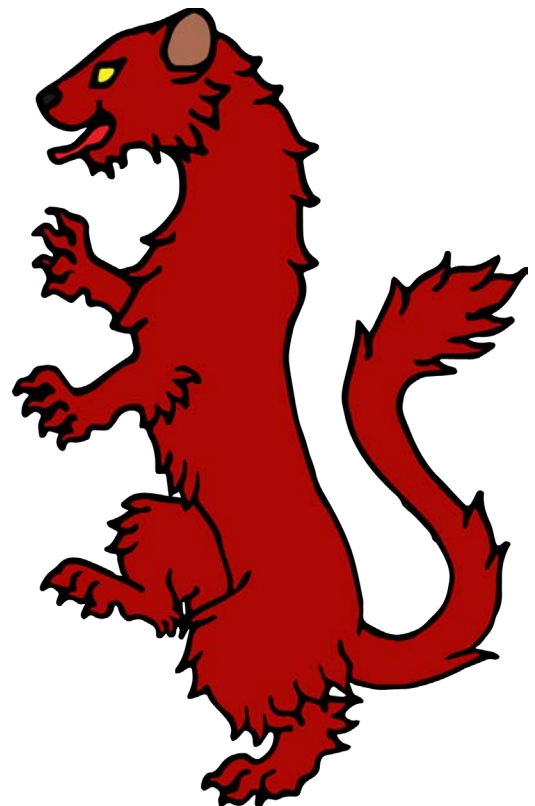
Seeking Deputy Chronicler.

Also seeking anyone who would like to do a monthly section or column in the newsletter.

Some ideas could be, but are not limited to:

Advice Column, DIY, Fun Facts or Informationals, Comics, Astronomy, Gardening, etc.

If you are interested, please contact the Wiesenfeuer Chronicler, Gwenyvere Rose Foxe, at:
chronicler@wiesenfeuer.ansteorra.org.



Art by Gwenyvere Rose Foxe



HERE YE, HERE YE!

**You are invited to witness
the elevation of**

**Master Isaac Bane &
Lady Eadwyn seo Gathyrde
to
Baron & Baroness of
Wiesenseuer!**

Coronet Tournament

Payne County Expo Center, Stillwater, OK

June 17th During Morning Court

The 2023 Local Herald's Professional Development Retreat



Please join the Barony of Wiesenfeuer on
July 29th, 2023 at
Quail Spring United Methodist Church

14617 N Pennsylvania Ave, Oklahoma City, OK 73134

Leave your garb at home and join us for an all-day intensive training course intended to help current, new, and interested local heraldic officers and deputies to sharpen their skills and better understand one of the most diverse local offices in the SCA. The only prerequisite to attend is the smallest interest in heraldry, and willingness to learn.

\$20 non-member registration
\$15 member registration
\$0 ages 17 and under*

No pets on site. Site is dry. Lunch Included.
Make checks payable to SCA Inc/Barony of Wiesenfeuer
Site open: 8am-8pm Saturday.

* Minors must be accompanied by a parent or legal guardian. They may also attend with a 21-year-old or older adult with a signed and notarized Minor Event Waiver from the parents.

- I35 to exit 138D. West on Memorial.
- North on Pennsylvania Ave.
- On left after 145th st.



Event Steward: HL Ivo Blackhawk
Cisco Cividannes | engtrktwo@gmail.com

Greetings all!

I will be hosting an Advanced Fighter Practice in Weisenfeuer. This will also be host to the Vindheim War Practice. This is not going to be a beginner level practice, though anyone is welcome. The intent behind this practice is for high skill level tournament fighters to hone their skills for things like Crown Tournament and Coronet. We will also be practicing groups tactics and command for melees.

This would be a once a month practice. It would be the first Sunday of every month from 10 am to 2 pm. The site, Surrey Hills Lion Club Park, has a porta-potty, shaded pavilion with seating, lots of large shady trees, a grill, and I believe a water spicket. It's very near a hospital. It's also right off of a main road, which would be great for recruiting. There is also a lot of space to park at a baseball field right beside it. There are even food trucks that visit the area that I could likely get to stop by if that is something we think people would be interested in doing. I picked the first Sunday afternoon of the month because it would have the least conflict with the Ansteorran Calendar. That's not to say there would be no conflicts, just the least.

If you are not a fighter, you are more than welcome to come and watch!

Even if there is an event that weekend I will likely be back by Sunday if anyone would like to practice. If for some reason I'm not able to make it, I will have someone host it in my stead. As this is an outdoor practice if there is severe weather I will cancel the event.

(Please help share this event!)

I hope to see you there!

Lord Gunnar Bjornulfson
Deputy Knight Marshal of Wiesenfeuer





The Baronial Woodworkers' Guild of Wiesenfeuer

Every month, the woodworkers guild meets to share in the history and traditions of woodworking as it was practiced in medieval Europe. Tools and materials are provided by the guild head, and students of all ages are welcome (children under 16 should come with an adult).

Open to the Public – No charge

The best way to find the guild is our Facebook group:

**“The Woodworker's guild of
Wiesenfeuer”**

[https://www.facebook.com/groups/
418666039887597/](https://www.facebook.com/groups/418666039887597/)

or use the QR code



The Baronial Calendar



JUNE



Sun

Mon

Tues

Wed

Thurs

Fri

Sat

CLASSES

MEETINGS

EVENTS

PRACTICES

HOLIDAYS

					1 Myrgenfeld Populace 7 pm Sunfest Demo	2 Myrgenfeld's Children's Collegium Sunfest Demo	3 Myrgenfeld's Children's Collegium Sunfest Demo
Missile Practice 5pm Advanced Fighter Practice 10 am Myr Children's Collegium Sunfest Demo	5 Populace Meeting 6:30 pm	6 Firestorm Ink Meeting 7 pm Firestorm Passion Guild Meeting	7 Rapier Practice 7 pm Chivalric Practice 6:30 pm	8 Virtual A&S Meeting 7 pm	9 Lilies War Starts	10 Ansteorra Crown Tournam- ent Candle Making Class 1PM	
11 Archery & Thrown Weapons Practice 5 pm	12	13 Firestorm Ink Meeting 7 pm Firestorm Passion Guild Meeting	14 Rapier Practice 7 pm Chivalric Practice 6:30 pm	15 Virtual A&S Meeting 7 pm	16	17 Vindheim Coronet Tournam- ent	
18 Archery & Thrown Weapons Practice 5pm Father's Day Lilies War Ends	19 Juneteenth	20 Firestorm Ink Meeting 7 pm	21 Rapier Practice 7 pm Chivalric Practice 6:30 pm	22 Virtual A&S Meeting 7 pm	23	24 Two Artisans, Two Bards	
25 Archery & Thrown Weapons Practice 5 pm	26	27 Firestorm Ink Meeting 7 pm	28 Rapier Practice 7 pm Chivalric Practice 6:30 pm	29	30 		

Baronial Officer Directory

THE BARONesses OF WIESENFEUER

Baroness Muireen Cheithernag

Angela Gunther- She/Her
(405-519-6763 10am-8pm weekdays)

Baroness Beatrix Alfraye

Laura Meissner
(405-659-2854)

BARONIAL OFFICERS

Archery Marshal

Matteo de Genua (Kevin M Cline)
archery@wiesenfeuer.ansteorra.org
Deputy: OPEN

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Deputy: Cat Cat Cathart

Chronicler

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Deputy: OPEN

Herald

Ivo Blackhawk (Cisco Cividanes)
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Deputy: Guinevere Llywellyn

Hospitaler

Etienett De Bitche (Lee Larrison)
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Deputy: Klauss Luinstra

Knight Marshal

Micheal na Tuiaghe (Michael Adsit)
marshal@wiesenfeuer.ansteorra.org
Deputy: Gunnar Bjornulfson

Rapier Marshal

Lady Aoife inghean UiRairc (Amber Carr)
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Deputy: Darien De Shameless

Treasurer

Rosalie Clare d'Avignon; (McKinsey Hayes)
treasurer@wiesenfeuer.ansteorra.org
Deputy: Lady Jayne & Sainte

Seneschal

Eadwyn seo Gathyrde (Ginger Sorrels)
5813 NW 62nd Ter
Warr Acres, OK 73122
405-397-1755 No calls, text or messages after
10pm please unless it is an emergency that
affects the barony.
seneschal@wiesenfeuer.ansteorra.org
Deputies: Lady Lyra

Social Media

Torianna Thornhill (Rachel Stephens)
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Deputy: OPEN

Thrown Weapons Marshal

Master Isaac Bane (Tim Sorrels)
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Deputy: OPEN

Webminister

Lillias MacGuffin (Meggan Cividanes)
webminister@wiesenfeuer.ansteorra.org
Deputy: OPEN

FINANCIAL COMMITTEE MEMBERS

Seneschal

Eadwyn seo Gathyrde (Ginger Sorrels)

Baroness

Muirenn Ingen Chernaig (Angela Gunther)

Baroness

Beatrix Alfray (Laura Meissner)

Treasurer

Rosalie Clare d'Avignon (McKinsey Hayes)

At-Large-Members:

Aubrey Ericdaughter

Gwenllian Verch Madyn (Brittney Hefley)

The Jester's Fun Page

HISTORICAL RIDDLES

Through the mouth speaking many
voices,
I sing in modulations. I frequently
exchange
kindred voices — I cry out aloud —

I keep my counsel. I do not conceal
my voice.

I bring back the minstrel of bygone
evenings to earls —
and bliss to cities when I cry aloud

in the voice of its citizens. Unmov-
ing they sit

listening in their homes.

Say what I am called, who

so clearly imitates a feasting song—
who loudly proclaims to men
many welcome things by my voice.

- Exeter Book of Riddles #8

Did you know?

We all know the modern summer as a time of heat, wildfires, and sunburns, which was also common in medieval summers. A well known pasttime to combat the heat was swimming in local rivers. But did you know that swimming was problematic for one french city in the 14th century? The city of Paris had to issue an Ordinance to cite the dangers of swimming in the Seine River (*according to Medievalist.net*):

"Because in these hot days many people have had enjoyment and desire to go bathe in the Seine river, many great inconveniences have unfolded, because many of these people have drowned in the river, which is a very pitiful thing. To reform the foolish minds of young people and other people who go bathe in the river, we forbid that anyone bathes naked in the river, otherwise they'll be put in jail."

Puns & Jokes!

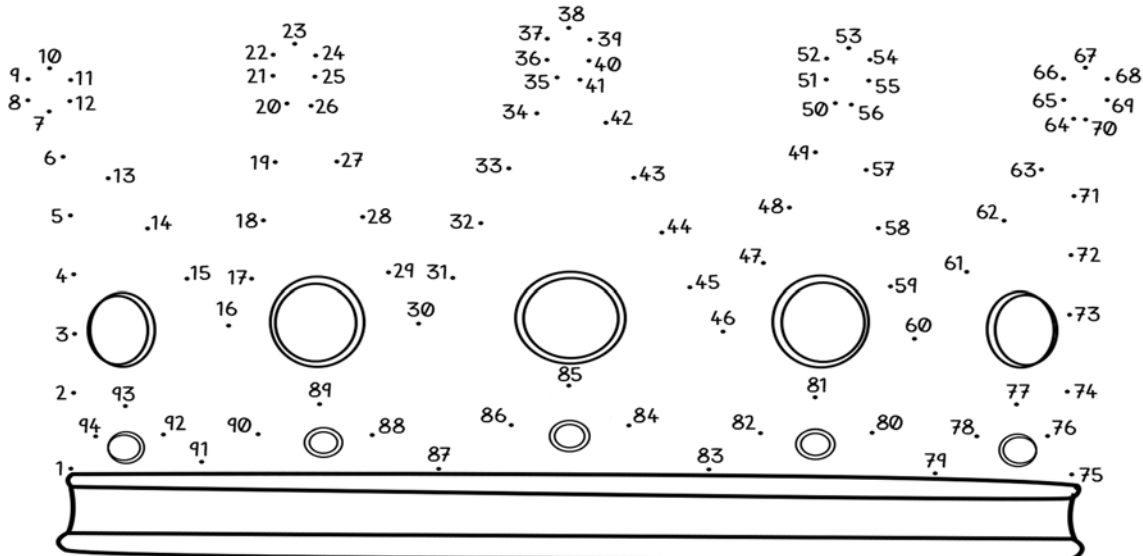
P: It was quite dangerous for messengers back in the medieval era. They often had to wear mail armor.

Q: When did medieval soldiers sleep?

A: Knight Time.

Last Month's Riddle Answers:

1) Music/Poetry



This is the June 2023, issue of the Flamebearer, a publication of the Barony of Wiesenfeuer of the Society for Creative Anachronism, Inc. (SCA, Inc.). The Flamebearer is available from Jennifer Jones, chronicler@wiesenfeuer.ansteorra.org. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright © 2023 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece.

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